University of Dundee

University lives in transition

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UNIVERSITY LIVES IN TRANSITION

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I REALLY MISS COMING TO UNI.
I CAN'T MEET MY LECTURERS AND FRIENDS
IN PERSON. I AM FEELING QUITE LOW.

MY GRANDFATHER IS NOT WELL.
HE MIGHT HAVE CORONAVIRUS. I CAN'T
FOCUS ON MY STUDIES AS I AM
WORRIED ABOUT HIM.

I GOT STUCK HERE DUE
TO LOCKDOWN. ON MY OWN,
AWAY FROM MY FAMILY. I AM
WORRIED ABOUT THEM.

MY CHILDREN ARE BEING
HOME SCHOOLED JUST NOW. IT'S
DIFFICULT FOR ME TO FIND TIME TO
FOCUS ON MY OWN STUDIES.

I'M BUSIER
THAN WHEN I'M ON
CAMPUS.

THERE ARE CONSTANT E-MAILS,
MEETINGS, LECTURES, DOCTORAL
SUPERVISIONS. MY PARTNER IS WORRIED
ABOUT THE MASSIVE LOSS THAT THEIR
COMPANY IS FACING. CHILDREN ARE
CONSTANTLY WANTING MY ATTENTION.
I'M EXHAUSTED.

WE ARE ALL GOING
THROUGH SO MANY TRANSITIONS,
ALL AT ONCE. WE ARE MEANT TO SUPPORT
OUR STUDENTS' TRANSITIONS DUE TO THIS
PANDEMIC. BUT WHAT ABOUT US? I AM
GOING THROUGH SEVERAL TRANSITIONS
MYSELF, PROFESSIONALLY AND
PERSONALLY.

THERE IS NO POINT WORRYING
ABOUT WHAT MIGHT HAPPEN. EVERY
UNIVERSITY IS IN THE SAME BOAT.
SUPPORTING CURRENT STUDENTS IS
THE PRIORITY, ALTHOUGH WE NEED
TO REASSURE OUR NEW APPLICANTS
TOO. FINDING A NEW ROUTINE
HAS HELPED...

ONLINE MEETINGS, TUTORIALS, LECTURES,
CONFERENCES AND WEBINARS ARE GREAT. THEY
SAVE SO MUCH TIME. WE'VE ALSO CREATED VIRTUAL
SOCIAL SPACES FOR STAFF AND STUDENTS.

WE ARE ATTENDING ONLINE
MINDFULNESS AND EXERCISE CLASSES.
I FEEL I AM MORE PRODUCTIVE THAN
I WAS BEFORE, MAYBE BECAUSE I HAVE
REALISED THAT IT IS NOT JUST
WORKING FROM HOME-

IT'S WORKING
FROM HOME DURING
A PANDEMIC!