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**Initial arch wires for alignment of crooked teeth with fixed orthodontic braces**

Yan Wang¹, Fan Jian¹, Wenli Lai¹, Zhihe Zhao¹, Zhi Yang¹, Zhengyu Liao¹, Zongdao Shi², Taixiang Wu³, Declan T Milllett⁴, Grant T McIntyre⁵, Joy Hickman⁶

¹Department of Orthodontics, State Key Laboratory of Oral Diseases, West China College of Stomatology, Sichuan University, Chengdu, China. ²Department of Oral and Maxillofacial Surgery, West China College of Stomatology, Sichuan University, Chengdu, China. ³Chinese Cochrane Centre, Chinese EBM Centre, West China Hospital, Sichuan University, Chengdu, China. ⁴Department of Oral Health and Development, University Dental School and Hospital, Wilton, Cork, Ireland. ⁵Department of Orthodontics, NHS Tayside, Dundee, UK. ⁶Department of Orthodontics, Glan Clwyd Hospital, Rhyl, UK

Contact address: Wenli Lai, Department of Orthodontics, State Key Laboratory of Oral Diseases, West China College of Stomatology, Sichuan University, 14# Section 3, South Renming Road, Chengdu, Sichuan Province, 610041, China. wenlilai@hotmail.com.

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**A B S T R A C T**

**Background**

The initial arch wire is the first arch wire to be inserted into the fixed appliance at the beginning of orthodontic treatment and is used mainly for correcting crowding and rotations of teeth. With a number of orthodontic arch wires available for initial tooth alignment, it is important to understand which wire is most efficient, as well as which wires cause the least amount of root resorption and pain during the initial aligning stage of treatment.

**Objectives**

To identify and assess the evidence for the effects of initial arch wires for alignment of teeth with fixed orthodontic braces in relation to alignment speed, root resorption and pain intensity.

**Search methods**

We searched the following electronic databases: the Cochrane Oral Health Group’s Trials Register (30th November 2009), CENTRAL (*The Cochrane Library* 2009, Issue 4), MEDLINE (1950 to 30th November 2009) and EMBASE (1980 to 30th November 2009). Reference lists of articles were also searched. There was no restriction with regard to publication status or language of publication. We contacted all authors of included studies to identify additional studies.

**Selection criteria**

Randomised controlled trials (RCTs) of initial arch wires to align crooked teeth with fixed orthodontic braces were selected. Only studies involving patients with upper and/or lower full arch fixed orthodontic appliances were included.

**Data collection and analysis**

Two review authors were responsible for study selection, validity assessment and data extraction. All disagreements were resolved by discussion amongst the review team. Corresponding authors of included studies were contacted to obtain missing information.
Main results

Seven RCTs, with 517 participants, provided data for this review. Among them, five trials investigated the speed of initial tooth alignment comparing: 0.016 inch ion-implanted A-NiTi wire versus 0.016 inch A-NiTi versus 0.0175 multistrand stainless steel wire; 0.016x0.022 inch medium force active M-NiTi wire versus 0.016x0.022 inch graded force active M-NiTi wire versus 0.0155 inch multistrand stainless steel wire; 0.016 inch superelastic NiTi wire versus 0.016 inch NiTi wire; 0.014 inch superelastic NiTi wire versus 0.015 inch CuNiTi wire versus 0.016 inch NiTi wire. The other two studies investigated pain intensity experienced by patients during the initial stage of treatment comparing: 0.014 inch superelastic NiTi wire versus 0.014 inch NiTi wire; 0.014 inch superelastic NiTi wire versus 0.015 inch multistrand stainless steel wire. Data analyses were often inappropriate within the included studies.

Authors’ conclusions

There is some evidence to suggest that there is no difference between the speed of tooth alignment or pain experienced by patients when using one initial aligning arch wire over another. However, in view of the general poor quality of the including trials, these results should be viewed with caution. Further RCTs are required.

PLAIN LANGUAGE SUMMARY

Initial arch wires for alignment of crooked teeth with fixed orthodontic braces

Fixed orthodontic appliance treatment may use arch wires to exert force upon teeth. The success of a ‘fixed appliance’ orthodontic treatment may depend on the selection of arch wires. The initial arch wire is the first arch wire to be inserted into the fixed appliance at the beginning of the orthodontic treatment and is used mainly for correcting crowding and rotations of teeth i.e. ‘crooked teeth’. There is some evidence to suggest there is no difference between the speed of tooth alignment or pain experienced by patients when using one initial aligning arch wire over another. However, in view of the general poor quality of the including trials, these results should be viewed with caution. Further research to study initial arch wires is required.
### SUMMARY OF FINDINGS FOR THE MAIN COMPARISON

#### [Explanation]

0.016 inch superelastic NiTi wire compared with 0.016 inch NiTi wire for initial alignment of crooked teeth

- **Patient or population:** Patients with full arch fixed orthodontic appliances
- **Settings:** UK
- **Intervention:** 0.016 inch superelastic NiTi wire
- **Comparison:** 0.016 inch NiTi wire

<table>
<thead>
<tr>
<th>Outcomes</th>
<th>Illustrative comparative risks* (95% CI)</th>
<th>Relative effect (95% CI)</th>
<th>No of Participants (studies)</th>
<th>Quality of the evidence (GRADE)</th>
<th>Comments</th>
</tr>
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<tbody>
<tr>
<td></td>
<td>Assumed risk</td>
<td>Corresponding risk</td>
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<tr>
<td>0.016 NiTi wire</td>
<td>The mean contact point movement in 0.016 NiTi group was on average 1.42 mm</td>
<td>The mean contact point movement in 0.016 superelastic NiTi group was on average 1.7 mm</td>
<td>0.28 [-0.33, 0.89] 40 (1 study)</td>
<td>+ + + O moderate</td>
<td>Too small sample size</td>
</tr>
</tbody>
</table>

*The basis for the **assumed risk** (e.g. the median control group risk across studies) is provided in footnotes. The **corresponding risk** (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

**CI:** Confidence interval; **RR:** Risk Ratio.

**GRADE Working Group grades of evidence**

- **High quality:** Further research is very unlikely to change our confidence in the estimate of effect.
- **Moderate quality:** Further research is likely to have an important impact on our confidence in the estimate of effect and may change the estimate.
- **Low quality:** Further research is very likely to have an important impact on our confidence in the estimate of effect and is likely to change the estimate.
- **Very low quality:** We are very uncertain about the estimate.
BACKGROUND

Description of the condition

Contemporary orthodontic treatment involves the use of both fixed and removable appliances. In recent years, it has been shown that the quality of the result obtained with fixed orthodontic appliances is superior to that obtained with removable orthodontic appliances (O’Brien 1993; Richmond 1993). Treatment with fixed orthodontic appliances has therefore become dominant in orthodontic practice worldwide.

Orthodontic treatment is mainly carried out for adolescents who are 10 to 15 years old and is concerned primarily with correcting crowded, rotated, buried and/or prominent front teeth. Epidemiological investigation reveals that 77% in northeast Brazil (Marques 2007) and 29% in Nairobi (Ng’ang’a 1997) of 13- to 15-year-old adolescents have either a moderate or great need for orthodontic treatment. It is also reported that over 52.3% of 12-year old children in South Africa have an identifiable malocclusion (Van Wyk 2005) and 23.5% of the 12-year olds and 18.5% of 15- to 16-year-olds in Spain have a definite treatment need (Manzanera 2009). However, adults also demand and/or need orthodontic treatment and now comprise up to almost 25% of cases in US orthodontic practices (Keim 2002).

Description of the intervention

Fixed orthodontic appliance treatment uses arch wires to exert a force upon teeth. The success of ‘fixed appliance’ orthodontic treatment may depend on the selection of arch wires. The initial arch wire is the first arch wire to be inserted into the fixed appliance at the beginning of the treatment and is used mainly for correcting crowding and rotations of teeth. Light and continuous forces are desirable to achieve physiologic (normal) forces and controlled tooth movement with minimum pathologic (detrimental) repercussions to the teeth and their surrounding structures (Burstone 1981; Linge 1991). Clinically, this means that optimal forces result in the maximum speed of tooth movement with the minimum of root resorption and/or pain for the patient.

The forces delivered by the arch wires depend largely on the physical properties and dimension of the wire material. The initial arch wires should ideally have:

1. Good spring-back, light and continuous force delivery;
2. Formability, low friction, the ability to be welded, biocompatibility; and
3. Low cost (Kapila 1989; Proffit 2000).

Precious metal alloys were used for initial arch wires for many years but high cost has limited their use and they are now virtually obsolete in orthodontics. Stainless steel has comparatively good strength and springiness, corrosion resistance and low cost. Stainless steel arch wires can be bent to almost any desired shape without breaking. Among stainless steel wires, multistrand wires offer an impressive combination of strength and spring qualities. Multistrand wires are generated by twisting two or more strands of a small diameter wire (≤ 0.01 inch), therefore turning a springy wire into a cable. The properties of multistrand wires depend both on the characteristics of the individual wire strands and on how tightly they have been woven together (Proffit 2000).

Stainless steel wires have reduced in popularity for initial alignment with the developments in nickel-titanium (NiTi) wire technology but are still used by a small proportion of orthodontists. NiTi alloys can exist in more than one form or crystal structure: the martensitic (M) form and the austenitic (A) form. According to the crystal structure within NiTi alloys, NiTi wires can be classified as follows.

1. M-NiTi which are in a stabilized martensitic form, with no application of phase transition effects.
2. A-NiTi which have an active austenitic grain structure and are subject to phase transformation under comparatively low temperature and stress.

M-NiTi wires are commercially available and have several names, for example Nitinol, Titanal and Orthonol. All the M-NiTi wires have good spring-back and enough strength but poor formability whereas A-NiTi wires exhibit a superelastic property. Superalasticity means that wires exert about the same force irrespective of whether they are deflected either a relatively small or large distance, which is a unique and extremely desirable characteristic in relation to minimising root resorption. A-NiTi wires are very soft at room temperature and become elastic at mouth temperature. These properties make them easier to place into fixed appliances initially but difficult to bend or permanently distort (Burstone 1985; Miura 1986). A-NiTi wires are marketed under several trade names, for example Sentinol, Ni-Ti, Cu-NiTi and NiTi-SE. Beta-titanium (Beta-Ti) is another titanium alloy used in orthodontics. Beta-Ti theoretically offers a highly desirable combination of strength and springiness, as well as reasonably good formability. The properties of Beta-Ti wires are, in many ways, intermediate between stainless steel and M-NiTi but are not used routinely by most orthodontists due to inferior tooth control and relatively high cost.

The performance of arch wires is determined not only by the material properties but also by geometric factors, such as the cross-sectional shape (whether the arch wire is circular, rectangular, or square), length (i.e. inter-bracket span) and diameter. It is a general rule that for a certain material, as the diameter of a wire decreases, its strength decreases while conversely as diameter increases, its stiffness increases.

How the intervention might work

Excluding cost, NiTi arch wires have many theoretical advantages over others in the initial alignment of the teeth. However, the conclusions of some published clinical trials have not agreed with those of laboratory tests and have found no significant differences.
in alignment efficiency between NiTi wires and multistrand wires (Cobb 1998; Evans 1998; West 1995). However, another trial has proved that a greater amount of tooth movement occurs with superelastic NiTi wires, although the accompanying root resorption was greater (Weiland 2003). Bearing these studies in mind, there are no definite conclusions as to which arch wire is best for moving teeth whilst causing the least root resorption or pain during the initial alignment of the teeth (Erdinc 2004; Fernandes 1998).

**Why it is important to do this review**

With a number of orthodontic arch wires available for initial tooth alignment, it is important to understand which wire is most efficient, as well as which wire causes the least amount of root resorption and pain during the initial aligning stage of treatment.

**OBJECTIVES**

To assess the effects of initial arch wires for the alignment of teeth with fixed orthodontic braces, in terms of:

1. The speed of initial tooth alignment;
2. The amount of root resorption accompanying tooth movement; and
3. The intensity of pain experienced by patients during the initial alignment stage of treatment.

Null hypothesis:

There are no differences in the effects of initial arch wires in terms of the speed of initial tooth alignment, the amount of root resorption accompanying tooth movement and the intensity of pain experienced by patients during the initial alignment stage of treatment.

**METHODS**

**Criteria for considering studies for this review**

**Types of studies**

Randomised controlled clinical trials were included in this review.

**Types of participants**

Patients with upper and/or lower full arch fixed orthodontic appliances were included. Patients with palatal expansion devices or extraoral appliances, which were being used concurrently, were excluded. Patients who had previous active orthodontic treatment or relevant medical history were also excluded.

**Types of interventions**

Initial arch wires are the first arch wires inserted into fixed orthodontic appliances at the beginning of treatment. This excludes arch wires used at subsequent orthodontic appointments. The comparisons between arch wires of different materials and sizes were undertaken in terms of:

1. The material of the arch wires;
2. The cross-sectional shape of the arch wires; and
3. The cross-sectional size of the arch wires.

**Types of outcome measures**

- The amount of tooth movement per month, measured in mm or by any index of malocclusion, was recorded.
- Dichotomous data, on the presence or absence of root resorption, were recorded. If there was any root resorption present, size and/or area of resorption were also included.
- Pain intensity, measured on a visual analogue scale (VAS), and/or categorical scale and duration of pain, were also recorded. Pain scores were assessed at specific time points i.e. after the initial arch wires were inserted.

**Primary outcomes**

1. The alignment rate per month.
2. The incidence/prevalence and amount of root resorption.

**Secondary outcomes**

1. Time to next/working arch wire.
2. Time to alignment.
3. The intensity of pain experienced by patients.

**Search methods for identification of studies**

**Electronic searches**

Search strategies were developed for each database to identify studies in conjunction with the Cochrane Oral Health Group Trials Search Co-ordinator. These were based on the search strategy developed for MEDLINE (OVID) but revised for individual databases. A comprehensive search was carried out irrespective of the publication language. Papers not in English were included if they could be translated. The MEDLINE search strategy
used a combination of controlled vocabulary and free text terms and was run with the Cochrane Highly Sensitive Search Strategy (CHSSS) for identifying randomised trials as published in the Cochrane Handbook of Systematic Reviews of Interventions 5.0.2 (Higgins 2009). Details are provided in Appendix 1; Appendix 2; Appendix 3; Appendix 4; Appendix 5 and Appendix 6.

The following electronic databases were searched:
- Cochrane Oral Health Group's Trials Register (to 30th November 2009)
- Cochrane Central Register of Controlled Trials (CENTRAL) (The Cochrane Library 2009, Issue 4)
- MEDLINE via OVID (1950 to 30th November 2009)
- EMBASE via OVID (1980 to 30th November 2009).

Searching other resources

Grey literature
Conference proceedings and abstracts from the British Orthodontic Conference, European Orthodontic Conference and the International Association for Dental Research were searched.

Handsearching
Handsearching of the following journals that was carried out as part of the Cochrane Oral Health Group's handsearching programme, and was updated to the following issues:
- American Journal of Orthodontics and Dentofacial Orthopedics (to 2009;136(6))
- Angle Orthodontist (to 2010;80(2))
- European Journal of Orthodontics (to 2009;31(6))
- Journal of Orthodontics (and the predecessor, the British Journal of Orthodontics) (to 2009;36(4)).

In addition, the following journals were handsearched from their inception to the following issues:
- Seminars in Orthodontics (from 1995 to 2009;15(4))
- Clinical Orthodontics and Research (from 1998 to 2009;12(4))
- Australian Orthodontic Journal (from 1956 to 2009;25(1)).

Reference lists
The reference lists of potential clinical trials were checked to identify any additional studies.

Correspondence
The corresponding authors of all included trials were contacted in an attempt to identify unpublished or ongoing studies and to clarify trial details, if required. Manufacturers were contacted to confirm the type of arch wires and were also asked about their knowledge of any unpublished and/or ongoing clinical trials.

Data collection and analysis

Selection of studies
Two review authors (Fan Jian (FJ) and Grant T McIntyre (GTM)) independently assessed the titles and abstracts (when available) of all reports identified by the search strategies as being potentially relevant to the review. The full reports were then obtained for all studies which appeared to meet the inclusion criteria or if there was insufficient information to make a clear decision or where there was disagreement between the review authors about eligibility. The full reports were assessed to verify whether the studies met the inclusion criteria. Any disagreements between the two review authors were resolved by discussion or the involvement of another review author as an arbiter. A record of all decisions made about the identified studies was kept. The review authors were not blinded to author(s), institution or site of publication of all studies. Agreement between and within the review authors about the eligibility of these reports was assessed using the Kappa statistic.

The following screening exclusion criteria were used:
1. Studies other than randomised controlled clinical trials.
3. Studies not investigating initial arch wire interventions, including those with multiple wires as part of a sequence.

Data extraction and management
Two review authors (Yan Wang (YW) and GTM) carried out data extraction independently and in duplicate. All disagreements were resolved by discussion with one of the other review authors in the team.

The following data were collected on a customized data collection form.
- Date that the study was conducted.
- Year of publication.
- Treatments including details of material, size and brand of arch wire and type of fixed orthodontic appliances that were used.
- Duration of follow-up.
- Sample size and the number of male subjects and female subjects per study group.
- Age of subjects.
- Outcome measures.

Data on cost of arch wire and amount of time for arch wire placement were recorded.

Assessment of risk of bias in included studies
The assessment of the risk of bias in each of the included studies was undertaken independently by two review authors (Taixiang Wu (TW) and Declan T Millett (DTM)). Disagreements were resolved by discussion or the involvement of another review author.
This was carried out using The Cochrane Collaboration’s tool for assessing risk of bias and a ‘Risk of bias’ table was completed for each study as outlined in the Cochrane Handbook for Systematic Reviews of Interventions 5.0.2 (Higgins 2009). Six domains, namely sequence generation, allocation concealment, blinding, incomplete outcome data, selective outcome reporting and other sources of bias were assessed according to the tool. Each domain included one or more specific entries in a ‘Risk of bias’ table. Within each entry, what was reported in the study was described and a judgement relating to the risk of bias for that entry was assigned. This was achieved by answering a pre-specified question about the adequacy of the study in relation to the entry. A judgement of:

- ‘Yes’ indicated low risk of bias;
- ‘No’ indicated high risk of bias; and
- ‘Unclear’ indicated unclear or unknown risk of bias.

After taking into account the additional information provided by the authors of the trials, the overall risk of bias in included studies was assessed using four key domains: sequence generation, allocation concealment, blinding of outcome assessment and completeness of follow-up. Studies were graded into the following categories.

- Low risk of bias (plausible bias unlikely to seriously alter the results) if sequence generation, outcome assessment blinding and completeness of follow-up were considered adequate.
- Moderate risk of bias (plausible bias that raises some doubt about the results) if two out of the four categories did not record a ‘Yes’.
- High risk of bias (plausible bias that seriously weakens confidence in the results) if study did not record a ‘Yes’ in three or more of the four main categories.

**Measures of treatment effect**

The statistical procedures outlined in the Cochrane Handbook for Systematic Reviews of Interventions 5.0.2 (Higgins 2009) were followed and the data were analysed using Review Manager (RevMan) software and reported according to Cochrane Collaboration criteria. Risk ratios and corresponding 95% confidence intervals were calculated for dichotomous data while the numbers needed to treat were not calculated for each study but only for the summary risk ratio from the meta-analysis. The mean difference and 95% confidence intervals were calculated for the continuous data.

**Dealing with missing data**

The original investigators of the studies with missing data were contacted to request the missing data or identify the reason for missing data. However, due to the absence of individual participant data, it was impossible to undertake an intention-to-treat analysis.

**Assessment of heterogeneity**

Although assessment of heterogeneity was planned, Cochrane’s test for heterogeneity was not appropriate as no meta-analyses, combining more than one study, were undertaken.

**Assessment of reporting biases**

Although assessment of reporting biases was planned, it was not appropriate to use funnel plots to assess publication bias along with the statistical methods described by Egger 1997, because no meta-analyses to combine studies were able to be undertaken due to heterogeneity in study design.

**Data synthesis**

Meta-analyses were planned, but they were not possible because the included studies involved a variety of interventions. For the included trials, mean differences (MD) with 95% confidence intervals were calculated for all clinically important outcomes. The fixed-effect model was used.

**Subgroup analysis and investigation of heterogeneity**

Subgroup analysis was proposed for different age groups. However, there were insufficient trials to undertake it.

**Sensitivity analysis**

Although sensitivity analysis was planned to examine the effect of the quality assessment items on the assessment of the overall estimates of effect, this could not be done since no meta-analyses were undertaken. Further analyses are expected in future updates of this review with reports that fulfil the inclusion criteria.

**R E S U L T S**

**Description of studies**

See: Characteristics of included studies; Characteristics of excluded studies; Characteristics of studies awaiting classification; Characteristics of ongoing studies.

**Results of the search**

The search identified 365 publications of which 342 were excluded after reviewing the title and/or abstract. Full articles were obtained for the remaining 23 studies. From the full articles, six publications proved ineligible and were excluded. Of the remaining 17
publications, four reports were abstracts of trials. Seventeen corresponding authors were contacted for further information concerning 17 reports. Seven of these publications were excluded, mainly because they were confirmed not to be randomised controlled trials (RCTs) by the corresponding authors, two are pending further information from the authors and are awaiting classification, and one has been identified as an ongoing study after contacting the corresponding author and after discussing the study among the review team and with the Cochrane Oral Health Group. Therefore, seven RCTs (Cobb 1998; Evans 1998; Fernandes 1998; Jones 1992; O’Brien 1990; Pandis 2009; West 1995) fulfilled all the criteria for inclusion. For details of the studies that were examined and the reasons for inclusion or exclusion please see Characteristics of included studies and Characteristics of excluded studies.

Included studies

Design

All of the seven included studies were parallel group studies. In the study by Cobb 1998, participants were firstly allocated to 0.018 or 0.022 inch fixed orthodontic braces without randomisation, and then patients in each block were allocated randomly to three groups of arch wires. In four of the trials (Evans 1998; Fernandes 1998; Jones 1992; West 1995), upper and/or lower dental arches were randomly allocated to either an experimental or control arch wire while in the study by O’Brien 1990, only upper arches were included and in the study by Pandis 2009, only lower arches were investigated.

Sample sizes

The sample sizes ranged from 40-128 patients or 40-158 arches. Four of the seven studies undertook an a priori sample size calculation. Three of these planned the sample sizes on the basis of previous (pilot) researches in order to detect significant differences between two parallel groups (Evans 1998; Jones 1992; West 1995) and one calculated the sample size based on a time-to-event analysis to detect a 45% difference (Pandis 2009). Interestingly, the sample size was not consistent throughout the study report of Cobb 1998 and the number of either patients or arches allocated to each intervention group was not reported by Evans 1998.

Participants

Six of the included studies had clear inclusion/exclusion criteria for the selection of participants, except O’Brien 1990. All the included studies reported participants’ ages, with only one trial including adults (older than 18 years) (Cobb 1998). Furthermore, the gender mix was only stated in three trials (Fernandes 1998; Pandis 2009; West 1995).

Interventions

One study compared 0.016 inch ion-implanted A-NiTi wire, 0.016 inch A-NiTi wire and 0.0175 inch multistrand steel wire (Cobb 1998); one study compared 0.016x0.022 inch medium force active M-NiTi wire, 0.016x0.022 inch graded force active M-NiTi wire and 0.0155 inch multistrand stainless steel wire (Evans 1998); one study compared 0.016 inch superelastic NiTi wire with 0.016 inch NiTi wire (O’Brien 1990); one study compared 0.014 inch superelastic NiTi wire with 0.0155 inch multistrand steel wire which is also called multiple flex steel (West 1995); one study compared 0.014 inch superelastic NiTi wire with 0.014 inch NiTi wire (Fernandes 1998); one study compared 0.014 inch superelastic heavy Japanese NiTi wire with 0.015 inch multistrand steel wire (Jones 1992); and one study compared 0.016 inch CuNiTi wire with 0.016 inch NiTi wire (Pandis 2009).

No trial was identified that examined the effectiveness of Beta-Ti wires.

Outcomes

Of the outcomes proposed in this systematic review, four were evaluated in the included studies. (1) The alignment rate per month (Cobb 1998; Evans 1998; O’Brien 1990; West 1995). (2) Time to the next/working arch wire (Cobb 1998; Evans 1998). (3) Time to alignment (Pandis 2009). (4) The intensity of pain experienced by patients (Fernandes 1998; Jones 1992). The amount of root resorption was not reported in any included studies.

Excluded studies

See Characteristics of excluded studies.

Setting

Of the seven included trials, four were conducted in the UK (Evans 1998; Jones 1992; O’Brien 1990; West 1995), one in the USA (Cobb 1998), one in Norway (Fernandes 1998) and one in Greece (Pandis 2009). Three studies had more than one publication (Jones 1992; O’Brien 1990; West 1995). Two of the trials (Cobb 1998; Evans 1998) received external funding, while five did not.

Risk of bias in included studies

The assessments for the four main methodological quality items are shown in Additional Table 1. A study was assessed to have an overall high risk of bias if it did not record a ‘Yes’ in three or more of the four main categories, moderate if two out of the four categories did not record a ‘Yes’ and low if sequence generation, outcome assessment blinding and completeness of follow-up were
considered adequate. Two studies (O’Brien 1990; Pandis 2009) recorded a ‘Yes’ in all four major categories.

**Allocation**

Although all of the seven included studies were RCTs, the method of randomisation was considered adequate for only three trials (O’Brien 1990; Pandis 2009; West 1995) after examination of the publications and further contact with the authors. One used a random number generator (O’Brien 1990); one used random permuted blocks (Pandis 2009); and one used a predetermined random allocation scheme (West 1995). Two trials used opaque envelopes for allocation concealment (O’Brien 1990; Pandis 2009). The method of randomisation and allocation concealment was unclear for the remaining four publications (Cobb 1998; Evans 1998; Fernandes 1998; Jones 1992). Three studies (Cobb 1998; Jones 1992; Pandis 2009) carried out a comparison to assess comparability of the experimental groups at baseline.

**Blinding**

Blinding for outcome assessment was considered adequate in two trials (O’Brien 1990; Pandis 2009) after contact with the authors.

**Incomplete outcome data**

The reporting of withdrawals was considered clear for all seven trials. In four trials there were no drop outs (Fernandes 1998; O’Brien 1990; Pandis 2009; West 1995). In three trials the number of drop outs and the reasons for withdrawals were clearly described, however, no intention-to-treat analyses were undertaken (Cobb 1998; Evans 1998; Jones 1992).

**Selective reporting**

In the report by O’Brien 1990, the pain data that were recorded during the investigation were not reported since the researchers found these not to be sufficiently reliable for analysis.

**Effects of interventions**

See: Summary of findings for the main comparison; Summary of findings 2; Summary of findings 3; Summary of findings 4

**0.016 inch medium force active M-NiTi wire (Titanium Heat Memory Wire) versus 0.016x0.022 inch graded force active M-NiTi wire (Bioforce Sentalloy) versus 0.0155 inch multistrand stainless steel wire (Dentaflex)**

(Evans 1998)

This trial, involving 51 participants and 98 dental arches, compared three intervention groups for 8 weeks. The speed of initial tooth alignment was investigated. Patients were seen at a 4-week interval as well and alginate impressions of the dental arches were taken repeatedly, until 8 weeks. The alignment rate was assessed by the changes of contact point distances of the anterior, the posterior and the whole arch in two- and three-dimensional measurements. The time to next/working arch wire was measured by the time span for the placement of each investigated initial arch wire. There was no statistically significant difference between the intervention groups.

**0.016 inch superelastic NiTi wire (Titanol) versus 0.016 inch NiTi wire (Nitinol) (Comparison 1)**

(O’Brien 1990)

This trial, involving 40 participants and 40 maxillary dental arches, compared two intervention groups for a mean duration of 35 days. The speed of initial tooth alignment was assessed by three-dimensional contact point movements of the upper anterior arches. There was no statistically significant difference between these two intervention groups.

**0.014 inch superelastic NiTi wire (NiTi) versus 0.0155 inch multistrand stainless steel wire (Dentaflex)**

(West 1995)

This trial, involving 62 participants and 74 dental arches, compared two intervention groups for 6 weeks. The unit of analysis in this study was the dental arch. Arches were individually randomised to one of the two intervention groups, and the outcome measurement for each arch was collected and analysed. The speed of initial tooth alignment was assessed by three-dimensional contact point movements of the anterior and the whole dental arches.
using the index of tooth alignment (ITA). The main difference, in comparison to Little's irregularity index (Little 1975), is that the positions of the anatomic contact points are digitised in three dimensions and the process may be extended to the full dental arch. The effects of the two arch wires were compared by an analysis of covariance on the means of triplicate log ITA scores. The superelastic NiTi wire was found to produce improved alignment in comparison to the multistrand steel wire in the mandibular labial segment. However, the outcome data for each intervention group were not reported in this publication. Instead, only the geometric mean ratios of the malalignment index (ITA) for NiTi/multistrand steel arch wires were reported.

0.016 inch CuNiTi wire (Ormoco) versus 0.016 inch NiTi wire (ModernArch) (Pandis 2009)
This trial, involving 60 participants and 60 mandibular dental arches, compared two intervention groups. The outcome was the time to alignment, determined as the time from first arch wire placement to alignment completion of the six mandibular anterior teeth. All participants were followed monthly for a maximum of 6 months; for patients not aligned after 6 months of active treatment, the remaining crowding was recorded. There was no statistically significant difference in crowding alleviation between the two types of wires (129.4 versus 121.4 days; hazard ratio 1.3; P > 0.05).

0.014 inch superelastic NiTi wire (Sentalloy) versus 0.014 inch NiTi wire (Nitinol) (Comparison 2) (Fernandes 1998)

This trial, involving 128 participants and 128 dental arches, compared two intervention groups. The outcome was the intensity of pain/discomfort experienced by patients during the initial alignment stage of treatment for 7 days, evaluated by VAS scores and the consumption of analgesics. The results showed no statistically significant difference in the pain intensity when the two initial arch wires were compared.

0.014 inch superelastic NiTi wire (heavy Japanese NiTi) versus 0.015 inch multistrand stainless steel wire (Twistflex) (Comparison 3) (Jones 1992)
This study had three stages, involving two intervention groups and a control group. Only part of this study, stage II, involving 42 participants, was evaluated in this Cochrane review. The outcome was also the intensity of pain/discomfort experienced by patients over 15-day period after placement of an initial arch wire, measured by VAS scores and consumption of analgesics. Though only part of the outcome data (1 to 7 days) were reported in detail, most other studies have shown that pain levels have returned to normal at 6 or 7 days after the initial wires are placed (Erdinc 2004; Firestone 1999; Ngan 1989; Scheurer 1996), which indicates that any differences in pain/discomfort between intervention groups are likely to be minimal after 7 days. Therefore, the lack of the remaining VAS data is unlikely to introduce any substantial bias. There was no statistically significant difference in pain response between the two initial arch wires.

Two studies (Fernandes 1998; Jones 1992) did not address the primary outcomes of this review, however the secondary outcome of the intensity of pain experienced by patients was investigated.
### Additional Summary of Findings

**0.016 inch CuNiTi wire compared with 0.016 inch NiTi wire for initial alignment of crooked teeth**

**Patient or population:** Patients with full arch fixed orthodontic appliances  
**Settings:** Greece  
**Intervention:** 0.016 inch CuNiTi wire  
**Comparison:** 0.016 inch NiTi wire

<table>
<thead>
<tr>
<th>Outcomes</th>
<th>Illustrative comparative risks* (95% CI)</th>
<th>Relative effect (95% CI)</th>
<th>No of Participants (studies)</th>
<th>Quality of the evidence (GRADE)</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Assumed risk</td>
<td>Corresponding risk</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Time to alignment of the lower anterior dental arches (days) 6 months</td>
<td>The mean time to alignment in 0.016 inch CuNiTi wire group was 129.4 days</td>
<td>The mean time to alignment in 0.016 inch NiTi wire group was 121.4 days</td>
<td>Not estimable</td>
<td>60 (1 study)</td>
<td>++ O</td>
</tr>
</tbody>
</table>

*The basis for the assumed risk (e.g. the median control group risk across studies) is provided in footnotes. The corresponding risk (and its 95% confidence interval) is based on the assumed risk in the comparison group and the relative effect of the intervention (and its 95% CI).

**CI:** Confidence interval; **RR:** Risk Ratio.

**GRADE Working Group grades of evidence**

- **High quality:** Further research is very unlikely to change our confidence in the estimate of effect.  
- **Moderate quality:** Further research is likely to have an important impact on our confidence in the estimate of effect and may change the estimate.  
- **Low quality:** Further research is very likely to have an important impact on our confidence in the estimate of effect and is likely to change the estimate.  
- **Very low quality:** We are very uncertain about the estimate.
### Outcomes

<table>
<thead>
<tr>
<th>Pain intensity (2nd day)</th>
<th>Visual analogue scale (VAS) from 0-no pain to 100mm-maximum pain</th>
<th>Assumed risk</th>
<th>Corresponding risk</th>
<th>Relative effect (95% CI)</th>
<th>No of Participants (studies)</th>
<th>Quality of the evidence (GRADE)</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>0.014 inch NiTi wire</td>
<td>The mean VAS sore in 0.014 NiTi group was 36</td>
<td>The mean VAS score in 0.014 superelastic NiTi group was 37.2</td>
<td>1.20 [-9.63, 12.03]</td>
<td>128 (1 study)</td>
<td>+++O moderate</td>
<td>Limitations in the design and implementation</td>
<td></td>
</tr>
<tr>
<td>0.014 inch superelastic NiTi wire</td>
<td>The mean VAS score was 37.2</td>
<td>The mean VAS score in 0.014 superelastic NiTi group was 37.2</td>
<td>1.20 [-9.63, 12.03]</td>
<td>128 (1 study)</td>
<td>+++O moderate</td>
<td>Limitations in the design and implementation</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Pain intensity (3rd day)</th>
<th>Visual analogue scale (VAS) from 0-no pain to 100mm-maximum pain</th>
<th>Assumed risk</th>
<th>Corresponding risk</th>
<th>Relative effect (95% CI)</th>
<th>No of Participants (studies)</th>
<th>Quality of the evidence (GRADE)</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>0.014 inch NiTi wire</td>
<td>The mean VAS score in 0.014 NiTi group was 24.8</td>
<td>The mean VAS score in 0.014 superelastic NiTi group was 28.8</td>
<td>4.00 [-4.91, 12.91]</td>
<td>128 (1 study)</td>
<td>+++O moderate</td>
<td>Limitations in the design and implementation</td>
<td></td>
</tr>
<tr>
<td>0.014 inch superelastic NiTi wire</td>
<td>The mean VAS score was 28.8</td>
<td>The mean VAS score in 0.014 superelastic NiTi group was 28.8</td>
<td>4.00 [-4.91, 12.91]</td>
<td>128 (1 study)</td>
<td>+++O moderate</td>
<td>Limitations in the design and implementation</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Pain intensity (4th day)</th>
<th>Visual analogue scale (VAS) from 0-no pain to 100mm-maximum pain</th>
<th>Assumed risk</th>
<th>Corresponding risk</th>
<th>Relative effect (95% CI)</th>
<th>No of Participants (studies)</th>
<th>Quality of the evidence (GRADE)</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>0.014 inch NiTi wire</td>
<td>The mean VAS score in 0.014 NiTi group was 16.7</td>
<td>The mean VAS score in 0.014 superelastic NiTi group was 18.3</td>
<td>1.60 [-5.68, 8.88]</td>
<td>127 (1 study)</td>
<td>+++O moderate</td>
<td>Limitations in the design and implementation</td>
<td></td>
</tr>
<tr>
<td>0.014 inch superelastic NiTi wire</td>
<td>The mean VAS score was 18.3</td>
<td>The mean VAS score in 0.014 superelastic NiTi group was 18.3</td>
<td>1.60 [-5.68, 8.88]</td>
<td>127 (1 study)</td>
<td>+++O moderate</td>
<td>Limitations in the design and implementation</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Pain intensity (5th day)</th>
<th>Visual analogue scale (VAS) from 0-no pain to 100mm-maximum pain</th>
<th>Assumed risk</th>
<th>Corresponding risk</th>
<th>Relative effect (95% CI)</th>
<th>No of Participants (studies)</th>
<th>Quality of the evidence (GRADE)</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>0.014 inch NiTi wire</td>
<td>The mean VAS score in 0.014 NiTi group was 11.4</td>
<td>The mean VAS score in 0.014 superelastic NiTi group was 12.7</td>
<td>1.30 [-4.32, 6.92]</td>
<td>126 (1 study)</td>
<td>+++O moderate</td>
<td>Limitations in the design and implementation</td>
<td></td>
</tr>
<tr>
<td>0.014 inch superelastic NiTi wire</td>
<td>The mean VAS score was 12.7</td>
<td>The mean VAS score in 0.014 superelastic NiTi group was 12.7</td>
<td>1.30 [-4.32, 6.92]</td>
<td>126 (1 study)</td>
<td>+++O moderate</td>
<td>Limitations in the design and implementation</td>
<td></td>
</tr>
<tr>
<td>Pain intensity (6th day)</td>
<td>Visual analogue scale (VAS) from 0-no pain to 100mm-maximum pain</td>
<td>The mean VAS score in 0.014 NiTi group was 8.8</td>
<td>The mean VAS score in 0.014 superelastic group was 9.3</td>
<td>-0.50 [-5.39, 4.39]</td>
<td>125 (1 study)</td>
<td>+++O moderate</td>
<td>Limitations in the design and implementation</td>
</tr>
<tr>
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<td>------------------------------------------------</td>
</tr>
<tr>
<td>Pain intensity (7th day)</td>
<td>Visual analogue scale (VAS) from 0-no pain to 100mm-maximum pain</td>
<td>The mean VAS score in 0.014 NiTi group was 6.7</td>
<td>The mean VAS score in 0.014 superelastic group was 7.1</td>
<td>0.40 [-3.81, 4.61]</td>
<td>124 (1 study)</td>
<td>+++O moderate</td>
<td>Limitations in the design and implementation</td>
</tr>
</tbody>
</table>

*The basis for the assumed risk (e.g. the median control group risk across studies) is provided in footnotes. The corresponding risk (and its 95% confidence interval) is based on the assumed risk in the comparison group and the relative effect of the intervention (and its 95% CI).

CI: Confidence interval; RR: Risk Ratio.

GRADE Working Group grades of evidence

**High quality:** Further research is very unlikely to change our confidence in the estimate of effect.

**Moderate quality:** Further research is likely to have an important impact on our confidence in the estimate of effect and may change the estimate.

**Low quality:** Further research is very likely to have an important impact on our confidence in the estimate of effect and is likely to change the estimate.

**Very low quality:** We are very uncertain about the estimate.
### Pain intensity (1st day)
Visual analogue scale (VAS) from 0-no pain to 100mm-maximum pain

<table>
<thead>
<tr>
<th>Outcomes</th>
<th>Illustrative comparative risks* (95% CI)</th>
<th>Relative effect (95% CI)</th>
<th>No of Participants (studies)</th>
<th>Quality of the evidence (GRADE)</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pain intensity (1st day)</td>
<td>Visual analogue scale (VAS) from 0-no pain to 100mm-maximum pain</td>
<td></td>
<td></td>
<td></td>
<td>Limitations in the design and implementation; imprecision of results</td>
</tr>
<tr>
<td>0.015 inch multistrand stainless steel wire</td>
<td>0.014 inch superelastic NiTi wire</td>
<td>The mean VAS score in 0.015 SS group was 23.7</td>
<td>The mean VAS score in 0.014 superelastic NiTi group was 29</td>
<td>5.30 [-7.74, 18.34]</td>
<td>42 (1 study)</td>
</tr>
</tbody>
</table>

### Pain intensity (2nd day)
Visual analogue scale (VAS) from 0-no pain to 100mm-maximum pain

<table>
<thead>
<tr>
<th>Outcomes</th>
<th>Illustrative comparative risks* (95% CI)</th>
<th>Relative effect (95% CI)</th>
<th>No of Participants (studies)</th>
<th>Quality of the evidence (GRADE)</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pain intensity (2nd day)</td>
<td>Visual analogue scale (VAS) from 0-no pain to 100mm-maximum pain</td>
<td></td>
<td></td>
<td></td>
<td>Limitations in the design and implementation; imprecision of results</td>
</tr>
<tr>
<td>0.015 inch multistrand stainless steel wire</td>
<td>0.014 inch superelastic NiTi wire</td>
<td>The mean VAS score in 0.015 SS group was 25</td>
<td>The mean VAS score in 0.014 superelastic NiTi group was 19.6</td>
<td>-5.40 [-19.22, 8.42]</td>
<td>42 (1 study)</td>
</tr>
</tbody>
</table>

### Pain intensity (3rd day)
Visual analogue scale (VAS) from 0-no pain to 100mm-maximum pain

<table>
<thead>
<tr>
<th>Outcomes</th>
<th>Illustrative comparative risks* (95% CI)</th>
<th>Relative effect (95% CI)</th>
<th>No of Participants (studies)</th>
<th>Quality of the evidence (GRADE)</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Pain intensity (3rd day)</td>
<td>Visual analogue scale (VAS) from 0-no pain to 100mm-maximum pain</td>
<td></td>
<td></td>
<td></td>
<td>Limitations in the design and implementation; imprecision of results</td>
</tr>
<tr>
<td>0.015 inch multistrand stainless steel wire</td>
<td>0.014 inch superelastic NiTi wire</td>
<td>The mean VAS score in 0.015 SS group was 20.6</td>
<td>The mean VAS score in 0.014 superelastic NiTi group was 12.6</td>
<td>-8.00 [-18.22, 2.22]</td>
<td>42 (1 study)</td>
</tr>
</tbody>
</table>

### Pain intensity (4th day)
Visual analogue scale (VAS) from 0-no pain to 100mm-maximum pain

<table>
<thead>
<tr>
<th>Outcomes</th>
<th>Illustrative comparative risks* (95% CI)</th>
<th>Relative effect (95% CI)</th>
<th>No of Participants (studies)</th>
<th>Quality of the evidence (GRADE)</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pain intensity (4th day)</td>
<td>Visual analogue scale (VAS) from 0-no pain to 100mm-maximum pain</td>
<td></td>
<td></td>
<td></td>
<td>Limitations in the design and implementation; imprecision of results</td>
</tr>
<tr>
<td>0.015 inch multistrand stainless steel wire</td>
<td>0.014 inch superelastic NiTi wire</td>
<td>The mean VAS score in 0.015 SS group was 11.0</td>
<td>The mean VAS score in 0.014 superelastic NiTi group was 5.5</td>
<td>2.90 [-1.05, 6.85]</td>
<td>42 (1 study)</td>
</tr>
<tr>
<td>Pain intensity (5th day)</td>
<td>Visual analogue scale (VAS) from 0-no pain to 100mm-maximum pain</td>
<td>The mean VAS score in 0.015 SS group was 2.6</td>
<td>The mean VAS score in 0.014 superelastic NiTi group was 4.1</td>
<td>1.50 [-1.82, 4.82]</td>
<td>42 (1 study)</td>
</tr>
<tr>
<td>-------------------------</td>
<td>---------------------------------------------------------------</td>
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</tr>
<tr>
<td>Pain intensity (6th day)</td>
<td>Visual analogue scale (VAS) from 0-no pain to 100mm-maximum pain</td>
<td>The mean VAS score in 0.015 SS group was 1.2</td>
<td>The mean VAS score in 0.014 superelastic NiTi group was 2.9</td>
<td>1.70 [-1.26, 4.66]</td>
<td>42 (1 study)</td>
</tr>
<tr>
<td>Pain intensity (7th day)</td>
<td>Visual analogue scale (VAS) from 0-no pain to 100mm-maximum pain</td>
<td>The mean VAS score in 0.015 SS group was 0.5</td>
<td>The mean VAS score in 0.014 superelastic NiTi group was 1.2</td>
<td>0.70 [-0.57, 1.97]</td>
<td>42 (1 study)</td>
</tr>
<tr>
<td>Pain intensity (over 14 days)</td>
<td>Visual analogue scale (VAS) from 0-no pain to 100mm-maximum pain</td>
<td>The mean VAS score in 0.015 SS group was 6.1</td>
<td>The mean VAS score in 0.014 superelastic NiTi group was 5.7</td>
<td>-0.40 [-3.36, 2.56]</td>
<td>42 (1 study)</td>
</tr>
</tbody>
</table>

*The basis for the assumed risk (e.g. the median control group risk across studies) is provided in footnotes. The corresponding risk (and its 95% confidence interval) is based on the assumed risk in the comparison group and the relative effect of the intervention (and its 95% CI).

CI: Confidence interval; RR: Risk Ratio; SS: Stainless steel

GRADE Working Group grades of evidence

High quality: Further research is very unlikely to change our confidence in the estimate of effect.

Moderate quality: Further research is likely to have an important impact on our confidence in the estimate of effect and may change the estimate.

Low quality: Further research is very likely to have an important impact on our confidence in the estimate of effect and is likely to change the estimate.

Very low quality: We are very uncertain about the estimate.
DISCUSSION

Summary of main results

The objective of the present study was to evaluate the effects of initial arch wires for alignment of teeth with fixed orthodontic appliances, using the systematic review method. Seven randomised controlled clinical trials (RCTs) satisfied the inclusion criteria and were included. The available evidence indicated that there was no statistically significant difference in the effects of initial arch wires in terms of the speed of initial tooth alignment and the intensity of pain experienced by patients during the initial alignment stage of treatment. However, in view of the general poor quality of the included trials, these results should be viewed with caution. No information was available to answer whether there was significant difference in the root resorption accompanying initial tooth movement among arch wire types.

Full details of the main findings of this review are included in Summary of findings for the main comparison; Summary of findings 2; Summary of findings 3 and Summary of findings 4.

Overall completeness and applicability of evidence

Among the seven included trials, four aimed to assess the speed of initial tooth alignment by comparing the alignment rate per month (Cobb 1998; Evans 1998; O’Brien 1990; West 1995), the time to next/working arch wire (Cobb 1998; Evans 1998), and the time to alignment (Pandis 2009). Another two studies reported the intensity of pain experienced by patients during the initial alignment stage of treatment (Fernandes 1998; O’Brien 1990). There were no RCTs investigating the amount of root resorption that occurs with initial tooth movement.

Quality of the evidence

This review has included seven RCTs and 517 participants. Most of the studies indicated that there were no statistically differences in the effects of initial arch wires in terms of the speed of initial alignment and the intensity of pain during the initial alignment phase of treatment. However, it is important to note that only two studies included in this review (O’Brien 1990; Pandis 2009) met all the explicit criteria used to assess the study validity and were rated as at low risk of bias. We tried to contact all the authors of the included studies for more information but only one replied and offered further information (O’Brien 1990). However, though more detail was provided by personal email, considering its lack of clear inclusion/exclusion criteria for participants selection and small sample size in O’Brien 1990, the quality of this evidence was ranked moderate. Only one study (Cobb 1998) included participants older than 18 years. Though there is no convincing evidence that the rate of tooth alignment in adults is biologically slower than in younger patients. Therefore, all potential patients, including adults should be included, in order that the findings from investigations are more generalisable. In addition, only four studies (Evans 1998; Jones 1992; Pandis 2009; West 1995) had carried out an a priori sample size calculation. When future studies are planned, greater consideration should be given to study design in order to reduce bias and the number of participants required to demonstrate a statistically (and clinically) significant difference, should this actually exist. For example, the data used for power calculation should be the primary outcomes - i.e. amount of tooth movement/root resorption. Since there were no data reported in any of the studies in relation to root resorption, then this can only be based on tooth movement. Using the data from O’Brien 1990, we conducted a two-sample calculation using a sample size calculator (www.dssresearch.com/toolkit/scale/sizew2.asp). Using the mean contact point movements for both wires tested (1.7 (1.15) mm and 1.42 (0.79) mm) gives a sample size of 154 in each group. The included studies have considerable heterogeneity and future studies should consider standardisation of study design to make results comparable. This would involve factors such as appliance system, slot size and the ligature methods, which may have been important confounders among the studies that were included in this review. Only three studies described the appliances they used (Cobb 1998; Jones 1992; Pandis 2009) and only three studies standardised the ligation method (Cobb 1998; Fernandes 1998; Pandis 2009). In addition, bracket debonding may have also influenced the results if rebonding was not performed soon after the bracket became debonded. Unfortunately, only one study considered this variable (Evans 1998). For investigators conducting future studies in this field, a stratified blocked randomisation (Cobb 1998) should be employed, with details about the appliance system and the ligature method among other parameters should be clearly detailed in the report.

When examining the effects of initial arch wires for alignment of teeth with fixed orthodontic appliances, three aspects should be considered. Firstly, whether there is any difference in the speed of initial tooth alignment when comparing different arch wires. Three studies (Cobb 1998; O’Brien 1990; Pandis 2009) used the irregularity index firstly described by Little (Little 1975). This index (as originally described) addresses the sum of the five contact point displacements for the mandibular anterior teeth, regardless of any irregularities in the buccal segments. West et al (West 1995) and Evans et al (Evans 1998) used the index of tooth alignment (ITA), which includes an assessment of the whole dental arch. An assessment of the contact point discrepancies for the whole arch is a useful outcome measure, especially when crowding/irregularities occur in the canine, premolar and molar regions. There are two main methods of recording the amount of crowding: direct measurement in the mouth with a digital vernier calliper (Cobb 1998; Pandis 2009) and indirect measurement on stone casts in three dimensions with instruments such as the reflex metrograph. Both methods are associated with drawbacks. When using di-
In addition, an economic analysis should also be considered in future studies of initial aligning arch wires. The cost of arch wires, the amount of time required for ligation, the overall number of appointments (including any additional appointments required for breakages, e.g. wire fracture) and also the type of orthodontic care provider as overheads may be more expensive in hospital settings in comparison to practice-based case, will unavoidably influence the selection of initial arch wires. However, there were no economic data reported by the RCTs that were included in this review. Due to the inherent bias in most of the study designs, the information from those included studies in this review should be interpreted with caution. From the limited information available, only broad generalisations are possible.

Potential biases in the review process

A sensitive search strategy was used for this review. Every effort was made to identify all relevant studies. No studies were excluded due to language. We tried to contact authors of studies on initial arch wires for alignment of teeth with fixed orthodontic appliances by email and postal mail to identify unpublished studies or additional information about their studies. However, only a few authors (O’Brien, Weiland, Jones, Bondemark) replied. It was not possible to include further studies due to the insufficient data contained in the reports.

Data collection and analysis were done by two review authors independently, and any disagreement between review authors was resolved by discussion or the assistance of the Cochrane Oral Health Group to minimise/exclude bias during the review process.

Agreements and disagreements with other studies or reviews

Only one published systematic review (Riley 2009) was identified. The review of Riley 2009 only focused on one outcome “objective measurement of alignment/irregularity” to assess the effectiveness of arch wires for alignment, while the amount of root resorption along with tooth movement and the intensity of pain experienced by patients during the initial alignment stage of treatment were also evaluated in our review. Seven studies were included in Riley 2009, of which five (Cobb 1998; Evans 1998; Jones 1992; O’Brien 1990; West 1995) were included, and the other two (Dalstra...
Two studies (Fernandes 1998; Pandis 2009) were included in our review, while they were not included in Riley 2009. Riley 2009 included both randomised clinical trials and controlled clinical trials, while only randomised clinical trials were included in our Cochrane review. The data extraction, assessment of the evidence quality and the authors’ conclusion of the two reviews were mainly in accordance between the two reviews. It should be noted that due to a lack of homogeneity among the included studies, meta-analyses could not be undertaken in either reviews.

AUTHORS’ CONCLUSIONS

Implications for practice

There is some evidence to suggest that there is no difference between the rate of alignment or pain experienced by patients when using one initial aligning arch wire over another. However, in view of the general poor quality of the included trials, these results should be interpreted with caution.

Implications for research

In view of the quality issues of the trials that were identified in this systematic review, it is difficult to draw definitive conclusions. This review suggests a need for more well designed randomised controlled clinical trials, in order to determine which initial arch wire is most effective. However, in designing future trials, the following need to be considered:

- Clear inclusion/exclusion criteria should be set.
- An a priori sample size calculation should be carried out.
- Adult patients should be included in trials to increase the generalisability of the results.
- Treatment, except for the intervention, should be as similar as possible among the trial participants and should be clearly described.
- Consideration needs to be given to standardised measurements for evaluating tooth movement.
- Adverse effects, such as root resorption should be reported.
- Economic data such as costs or cost-effectiveness of each type of arch wire would also be helpful.
- Reports on clinical trials would be improved by following the guidelines produced by the CONSORT Group (Moher 2005) to ensure that all relevant information is provided.

ACKNOWLEDGEMENTS

We would like to acknowledge the assistance of Anne Littlewood (Trials Search Co-ordinator, Cochrane Oral Health Group) in developing the search strategy and also Jayne Harrison, Helen Worthington and Luisa Fernandez Mauleffinch (Cochrane Oral Health Group) in editing the review.

REFERENCES

References to studies included in this review

Cobb 1998 (published data only)

Evans 1998 (published data only)

Fernandes 1998 (published data only)

Jones 1992 (published data only)

O’Brien 1990 (published data only)

Pandis 2009 (published data only)

West 1995 (published data only)
References to studies excluded from this review

AlQabandi 1999 (published data only)

Dalstra 2004 (published data only)

Fleming 2009 (published data only)

Fleming PS 2009 (published data only)

Huffman 1983 (published data only)

Jones 1984 (published data only)

Jones 1990 (published data only)

Kuftinec 1980 (published data only)

Lew 1988 (published data only)

Mandall 2006 (published data only)

O’Brien 1987 (published data only)

Pandis 2007 (published data only)

Weiland 2003 (published data only)

References to studies awaiting assessment

Bloom 1998 (published data only)

Chekay 1999 (published data only)

References to ongoing studies

Bernhold 2001 (published data only)

Additional references

Burstone 1981

Burstone 1985

Cobb 1998

Egger 1997

Erdinc 2004

Evans 1998
Fernandes 1998

Firestone 1999

Higgins 2009

Kapila 1989

Keim 2002

Linge 1983

Linge 1991

Little 1975

Manzanera 2009

Marques 2007
Marques CR, Couto GB, Orestes Cardoso S. Assessment of orthodontic treatment needs in Brazilian schoolchildren according to the Dental Aesthetic Index (DAI). *Community Dental Health* 2007;24(5):145–8.

Miura 1986

Moher 2005

Ng’ang’a 1997

Ngan 1989

O’Brien 1993

Proffit 2000

Richmond 1993

Riley 2009

Rudolph 1940

Scheurer 1996

Van Wyk 2005

Weiland 2003

West 1995
West AE, Jones ML, Newcombe RG. Multiflex versus superelastic: a randomized clinical trial of the tooth alignment ability of initial arch wires. *American Journal

* Indicates the major publication for the study
### Characteristics of included studies  *

**Cobb 1998**

| Methods | RCT; 3 parallel groups.  
12-month period. |
| --- | --- |
| Participants | 126 participants (3 drop outs), 158 arches with pre-treatment incisor irregularity > 5.0 mm (3 drop outs)  
M/F not stated.  
Age ranged 10-30 years.  
Setting: The graduate clinic or faculty practice at the University of North Carolina |
| Interventions | 13 blocks of 9 patients were allocated to fixed appliance of 0.018 (6 blocks) or 0.022 (7 blocks) inch slot size and patients in each block were allocated randomly to 3 kinds of arch wires as follows  
Gp1: 0.016 inch Ion-implanted A-NiTi, Sentalloy implanted by Spire Corporation, with mean age of 15.2 years (sd = 3.8). Fixed Edgewise appliance  
Gp2: 0.016 inch A-NiTi, Sentalloy, GAC, with mean age of 17.3 years (sd = 6.7). Fixed Edgewise appliance  
Gp3: 0.0175 inch 3-strand steel, Wildcat, GAC, with mean age of 16.3 years (sd = 5.1). Fixed Edgewise appliance  
The assigned arch wire was placed and tied into the brackets with elastomeric ligatures.  
The patients were seen at 4-week intervals and measurements were repeated, until the irregularity index dropped to 2 mm or less |
| Outcomes | Primary outcome measure: Alignment rate assessed with the reduction in the irregularity index as a function of time  
Secondary outcome measure: Time to next/working arch wire assessed by the time for alignment to the 2 mm irregularity |
| Notes | Stratification: Bracket slot size used as a stratification factor  
Randomisation was at the subject level while outcome was studied at the dental arch level  
Sample size was not consistent.  
No definite outcome data of each intervention group reported  
Funding: In part by a contract from Spire Corporation, under the terms of an SBIR (small business initiative) grant from the National Institute of Dental Research  
Further information was requested from the authors but there was no reply |

**Risk of bias**

<table>
<thead>
<tr>
<th>Item</th>
<th>Authors' judgement</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Allocation concealment?</td>
<td>Unclear</td>
<td>Not described.</td>
</tr>
</tbody>
</table>
**Cobb 1998**  
(Continued)

<table>
<thead>
<tr>
<th>Incomplete outcome data addressed?</th>
<th>Authors’ judgement</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>All outcomes</td>
<td>Unclear</td>
<td>The number of participants reported not consistent. Clear information on reasons for withdrawals but no intention-to-treat analysis</td>
</tr>
</tbody>
</table>

**Evans 1998**

<table>
<thead>
<tr>
<th>Methods</th>
<th>RCT; 3 parallel groups. 8-week observation period.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Participants</td>
<td>56 consecutive participants undergoing 2-arch fixed appliance therapy (5 drop outs), 112 upper or lower arches (14 drop outs) M/F not stated. Age &lt; 18 years.</td>
</tr>
</tbody>
</table>
| Interventions                | Gp1: 0.016x0.022 inch medium force active M-NiTi, Titanium Heat Memory Wire/ American Orthodontics  
Gp2: 0.016x0.022 inch graded force active M-NiTi, Bioforce Sentalloy/GAC Inc  
Gp3: 0.0155 inch multistranded stainless steel, Dentaflex/Dentarium  
The arch wire was ligated as fully as possible into the brackets with the clinicians preferred method (usually elastomeric rings), and was fully religated at the routine follow-up appointment at 4 weeks |
| Outcomes                     | Primary outcome measure: Tooth movement assessed from dental casts with 3- and 2-dimensional intertooth (contact) point movement within the anterior, posterior and whole arch from before and after 4 and 8 weeks treatment, using a reflex microscope  
Secondary outcome measure: Time to next/working arch wire assessed by the time span in days for the use of each wire type |
| Notes                        | Type and slot size of fixed appliance unclear.  
Sample size calculated.  
Funding: Welsh Scheme for the Development of Health and Social Research  
No more information was obtained from the authors. |

**Risk of bias**

<table>
<thead>
<tr>
<th>Item</th>
<th>Authors’ judgement</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Allocation concealment?</td>
<td>Unclear</td>
<td>Quote: “Allocation was predetermined and randomized.”</td>
</tr>
<tr>
<td>Incomplete outcome data addressed? All outcomes</td>
<td>Unclear</td>
<td>Number of either patients or arches allocated to each intervention group not known. Clear information on reasons for withdrawals but no intention-to-treat analysis</td>
</tr>
</tbody>
</table>
### Fernandes 1998

| Methods       | RCT; 2 parallel groups.  
<table>
<thead>
<tr>
<th></th>
<th>7 days follow-up.</th>
</tr>
</thead>
</table>
| Participants  | 128 consecutive participants undergoing fixed appliance therapy  
|               | M/F 56/72.  
|               | Mean age 12.5 years (median = 12 years; range = 9-16 years).  
|               | Setting: The Department of Orthodontics at Oslo University School of Dentistry and  
|               | 2 private practices in Oslo, Norway |
| Interventions | Gp1: 0.014 inch Superelastic NiTi alloy, Sentalloy, Light, GAC International Inc. Central  
|               | Islip, NY, USA. M/F 28/37 and mean age of 12.6 years (median = 12 years; range = 10- 
|               | 16 years) (65 participants)  
|               | Gp2: 0.014 inch NiTi archwire, Nitinol, Unitek, Monrovia, CA, USA. M/F 28/35 and  
|               | mean age of 12.5 years (median = 12 years; range = 9-16 years) (63 participants)  
|               | The brackets used, the placement of brackets and arch wires were standardised |
| Outcomes      | Secondary outcome measure: Pain assessed with VAS (100 mm) recorded every hour for  
|               | the first 11 hours following the placement of the initial arch wire and once every day at  
|               | the same time point for the following 6 days  
|               | Consumption of analgesics reported by patients. |
| Notes         | Type and slot of fixed appliance unclear.  
|               | Funding: Not stated.  
|               | The authors could not be contacted. |

<table>
<thead>
<tr>
<th>Risk of bias</th>
</tr>
</thead>
<tbody>
<tr>
<td>Item</td>
</tr>
<tr>
<td>Allocation concealment?</td>
</tr>
<tr>
<td>Incomplete outcome data addressed?</td>
</tr>
</tbody>
</table>

### Jones 1992

| Methods       | RCT; 2 parallel groups.  
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Duration of study unclear.</td>
</tr>
</tbody>
</table>
| Participants  | 45 consecutive participants with a full arch edgewise fixed appliance (3 drop outs)  
|               | M/F not stated.  
|               | Age range 9.42-16.83 years.  
|               | Setting: The Orthodontic Clinic at the University of Wales College of Medicine |
| Interventions | Gp1: 0.014 inch superelastic heavy Japanese NiTi, Sentalloy, GAC International Inc.,  
|               | Central Islip, NY. Mean age of 13.29 years. 0.018x0.030 inch standard (triple control) |
### Jones 1992 (Continued)

<table>
<thead>
<tr>
<th>Pre-adjusted bioprogressive brackets (Rocky Mountain Orthodontics, Denver, Colorado) (21 arch wires)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gp2: 0.015 inch multistrand steel, Twistflex, Unitek Corp., Monrovia, Calif. Mean age of 13.17 years. 0.018x0.030 inch standard (triple control) pre-adjusted bioprogressive brackets (Rocky Mountain Orthodontics, Denver, Colorado) (21 arch wires)</td>
</tr>
</tbody>
</table>

#### Outcomes

<table>
<thead>
<tr>
<th>Secondary outcome measure: Pain assessed with VAS score (100 mm) recorded at 9:00, 13:00, 17:00 and 21:00 every day over 15 days</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pain after 24 hours assessed with questionnaire. Analgesics consumption.</td>
</tr>
</tbody>
</table>

#### Notes

| Sample size calculated. Funding: Not stated. No more information was obtained from the authors. |

### Risk of bias

<table>
<thead>
<tr>
<th>Item</th>
<th>Authors’ judgement</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adequate sequence generation?</td>
<td>Unclear</td>
<td>No description on sequence generation.</td>
</tr>
<tr>
<td>Allocation concealment?</td>
<td>Unclear</td>
<td>Not stated.</td>
</tr>
<tr>
<td>Incomplete outcome data addressed?</td>
<td>Unclear</td>
<td>Clear information on reasons for withdrawals but no intention-to-treat analysis</td>
</tr>
</tbody>
</table>

### O’Brien 1990

#### Methods

| RCT; 2 parallel groups. Mean duration 35 days. |

#### Participants

| 40 participants with routine Edgewise fixed appliance, 40 upper dental arches M/F not stated. Age ranged 11-17.25 years. |

#### Interventions

<table>
<thead>
<tr>
<th>Gp1: 0.016 inch superelastic NiTi, Titanol, Forestadent, Milton Keynes, UK. M/F 9/11, mean age of 12.95 years (sd = 3.2; range = 11-16.5 years) and mean duration of 34 days (sd = 2). Fixed Edgewise appliance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gp2: 0.016 inch conventional work hardened NiTi, Nitinol, Unitek Corp., Monrovia, California, USA. Mean age of 13.4 years (sd = 3.12; range = 11.5-17.25 years) and mean duration of 37 days (sd = 2). Fixed Edgewise appliance</td>
</tr>
<tr>
<td>The arch wire was tied with ligatures into the identical Edgewise brackets with complete engagement where clinically possible</td>
</tr>
</tbody>
</table>

#### Outcomes

| Primary outcome measure: Tooth movement assessed from dental casts with 3-dimensional intertooth (contact) point movement of the upper anterior arch from before treatment and subsequent appointment using Reflex Metrograph |

Initial arch wires for alignment of crooked teeth with fixed orthodontic braces (Review)  
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Notes

The following completed data were acquired by personal communication: 1) the patients were followed to the second data collection stage at 35 days; 2) slot size of the bracket was probably 0.018 inch

<table>
<thead>
<tr>
<th>Risk of bias</th>
<th>Authors' judgement</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adequate sequence generation?</td>
<td>Yes</td>
<td>Quote from personal email: “The sequence was generated by a random number generator.” Comments: Probably done.</td>
</tr>
<tr>
<td>Allocation concealment?</td>
<td>Yes</td>
<td>Quote from personal email: “We put the arch wires into envelopes which were in a box on the clinic. The operator then took the next sequential arch wire.” Comments: Probably done.</td>
</tr>
<tr>
<td>Blinding? Objective outcomes</td>
<td>Yes</td>
<td>Quote from personal email: “When I recorded the tooth movement from the study casts, I did not know which group the patients had been allocated, I was therefore blinded. The operators were not blinded to the wire.” Comments: The outcome measurement was probably blinded.</td>
</tr>
<tr>
<td>Incomplete outcome data addressed? All outcomes</td>
<td>No</td>
<td>No drop outs reported.</td>
</tr>
<tr>
<td>Free of selective reporting?</td>
<td>No</td>
<td>Quote from personal email: “We attempted to record pain data but this was not sufficiently reliable for analysis.” Comments: Not all of the study’s pre-specified primary outcomes had been reported</td>
</tr>
<tr>
<td>Free of other bias?</td>
<td>No</td>
<td>No definite inclusion/exclusion criteria for participants selection. Small sample size</td>
</tr>
</tbody>
</table>
**Methods**

RCT; 2 parallel groups.
Mean duration 6 months.

**Participants**

60 participants with the In-Ovation-R self-ligating bracket with a 0.022-in slot (GAC, Central Islip, NY); 60 lower dental arches
M/F 23.3/76.7.
Mean age 13.1 years (sd = 1.8).
Setting: Private orthodontic office of the first author (Nikolaos Pandis)

**Interventions**

Gp1: 0.016-in CuNiTi 35°C wire,Ormco, Glendora, California. M/F 30/70, mean age of 13.4 years (sd = 1.8)
Gp2: 0.016-in NiTi wire, ModernArch, Wyomissing, Pa., M/F 16.6/83.4, mean age of 12.8 years (sd = 1.7)
All patients were bonded with the In-Ovation-R self-ligating bracket with a 0.022-in slot (GAC, Central Islip, NY). All first and second molars (when present) were bonded with bondable tubes (Speed System Orthodontics, Cambridge, Ontario, Canada). Bracket bonding, arch wire placement and treatment were performed by the same clinician

**Outcomes**

Secondary outcome measure: Time to alignment of the lower anterior dental arches, determined as the time from first arch wire placement to complete alignment
The observation period ended after 6 months of intervention for all patients; for patients not aligned after 6 months of active treatment, the remaining crowding was recorded.
The amount of crowding was assessed with the irregularity index described by Little.
Measurements were made intraorally twice by the same clinician using a fine-tip digital caliber (Digimatic NTD 12-6-in C, Mitutoyo, Kanagawa, Japan), and the means of the 2 measurements were recorded

**Notes**

Sample size calculated.
Funding: Not stated.
Further information was requested from the authors but there was no reply

**Risk of bias**

<table>
<thead>
<tr>
<th>Item</th>
<th>Authors’ judgement</th>
<th>Description</th>
</tr>
</thead>
</table>
| Adequate sequence generation? | Yes                | Quote: “Randomization was done using random permuted blocks of size 6.”
Comments: Probably done. |
| Allocation concealment?       | Yes                | Quote: “Opaque envelopes were used to allocate treatment.”
Comments: Probably done. |
| Blinding? Objective outcomes  | Yes                | Quote: “Allocation of wires was concealed from the investigator and the participants during the observation period.”
Comments: The outcome measurement was probably blinded. |
Incomplete outcome data addressed? | No | No drop outs reported.

**West 1995**

<table>
<thead>
<tr>
<th>Item</th>
<th>Authors’ judgement</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adequate sequence generation?</td>
<td>Yes</td>
<td>Quote: “The two arch wires types were randomly assigned to patients according to a predetermined random allocation scheme.” Comments: Probably done.</td>
</tr>
<tr>
<td>Allocation concealment?</td>
<td>Unclear</td>
<td>Not described.</td>
</tr>
<tr>
<td>Incomplete outcome data addressed? All outcomes</td>
<td>No</td>
<td>No drop outs reported.</td>
</tr>
</tbody>
</table>

Gp = group  
M/F = male/female
RCT = randomised controlled trial
sd = standard deviation

**Characteristics of excluded studies**  [ordered by study ID]

<table>
<thead>
<tr>
<th>Study</th>
<th>Reason for exclusion</th>
</tr>
</thead>
<tbody>
<tr>
<td>AlQabandi 1999</td>
<td>Outcome data were not relevant to this review.</td>
</tr>
<tr>
<td>Dalstra 2004</td>
<td>Focus not on the different types of arch wire, but the changes in physical characteristics of the arch wire</td>
</tr>
<tr>
<td>Fleming 2009</td>
<td>Not a comparison of initial arch wires.</td>
</tr>
<tr>
<td>Fleming PS 2009</td>
<td>Not a comparison of initial arch wires.</td>
</tr>
<tr>
<td>Huffman 1983</td>
<td>Not an RCT.</td>
</tr>
<tr>
<td>Jones 1984</td>
<td>Case series.</td>
</tr>
<tr>
<td>Jones 1990</td>
<td>Not an RCT.</td>
</tr>
<tr>
<td>Kufbichec 1980</td>
<td>Not an RCT.</td>
</tr>
<tr>
<td>Lew 1988</td>
<td>Not an RCT.</td>
</tr>
<tr>
<td>Mandall 2006</td>
<td>Comparison of arch wire sequences and not individual arch wires</td>
</tr>
<tr>
<td>O’Brien 1987</td>
<td>Abstract; no additional information from main paper (O’Brien 1990) which is included.</td>
</tr>
<tr>
<td>Pandis 2007</td>
<td>Not a comparison of initial arch wires.</td>
</tr>
<tr>
<td>Weiland 2003</td>
<td>A CCT split-mouth study.</td>
</tr>
</tbody>
</table>

CCT = controlled clinical trial
RCT = randomised controlled trial

**Characteristics of studies awaiting assessment**  [ordered by study ID]

**Bloom 1998**

<table>
<thead>
<tr>
<th>Characteristics</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Methods</td>
<td>Not known.</td>
</tr>
<tr>
<td>Participants</td>
<td>40 participants.</td>
</tr>
</tbody>
</table>
**Bloom 1998 (Continued)**

| Interventions | Gp1: 0.019x0.025 inch Copper NiTi (Ormco).  
|               | Gp2: 0.014 inch NiTi (Nitinol, Orthocare). |
| Outcomes      | Primary outcome measure: Tooth movement assessed with irregularity index and the radial tooth distance scored using a travelling microscope |
| Notes         | We have not yet found the full text of this study no matter how we tried. The research authors or the editors of the journal have not yet replied |

**Chekay 1999**

| Methods       | Not known. |
| Participants  | 52 participants. |
| Interventions | Gp1: NiTi wires.  
|               | Gp2: Stainless steel wires. |
| Outcomes      | Primary outcome measure: Root resorption assessed by periapical radiographs |
| Notes         | The full text of this study has not yet been found. The research authors or editors of journal have not yet replied either |

Gp = group

**Characteristics of ongoing studies [ordered by study ID]**

**Bernhold 2001**

| Trial name or title | Superelastic nickel-titanium heat-activated arch wires for tooth movement - a prospective randomised study of apical root resorption |
| Methods             | RCT. |
| Participants        | 16 participants.  
|                     | M/F 5/9.  
|                     | Mean age 15.4 years. |
| Interventions       | Gp1: Heat-activated superelastic NiTi.  
|                     | Gp2: Stainless steel. |
| Outcomes            | Primary outcome measurement: Root resorption registered with index scores from 0 to 4 described by Levander and Malmgren, assessed from radiographic examination |
Bernhold 2001  *(Continued)*

<table>
<thead>
<tr>
<th>Starting date</th>
<th>Unclear.</th>
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</thead>
<tbody>
<tr>
<td>Contact information</td>
<td>Professor Bondemark, one of the study authors, was contacted by email</td>
</tr>
<tr>
<td>Notes</td>
<td>The study has not yet been completed.</td>
</tr>
</tbody>
</table>

Gp = group  
M/F = male/female  
RCT = randomised controlled trial
## Data and analyses

### Comparison 1. 0.016 inch superelastic NiTi wire versus 0.016 inch NiTi wire

<table>
<thead>
<tr>
<th>Outcome or subgroup title</th>
<th>No. of studies</th>
<th>No. of participants</th>
<th>Statistical method</th>
<th>Effect size</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 Alignment rate (contact point movement (mm))</td>
<td>1</td>
<td>Mean Difference (IV, Fixed, 95% CI)</td>
<td>Totals not selected</td>
<td></td>
</tr>
</tbody>
</table>

### Comparison 2. 0.014 inch superelastic NiTi wire versus 0.014 inch NiTi wire

<table>
<thead>
<tr>
<th>Outcome or subgroup title</th>
<th>No. of studies</th>
<th>No. of participants</th>
<th>Statistical method</th>
<th>Effect size</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 Pain intensity (VAS (2nd day))</td>
<td>1</td>
<td>Mean Difference (IV, Fixed, 95% CI)</td>
<td>Totals not selected</td>
<td></td>
</tr>
<tr>
<td>2 Pain intensity (VAS (3rd day))</td>
<td>1</td>
<td>Mean Difference (IV, Fixed, 95% CI)</td>
<td>Totals not selected</td>
<td></td>
</tr>
<tr>
<td>3 Pain intensity (VAS (4th day))</td>
<td>1</td>
<td>Mean Difference (IV, Fixed, 95% CI)</td>
<td>Totals not selected</td>
<td></td>
</tr>
<tr>
<td>4 Pain intensity (VAS (5th day))</td>
<td>1</td>
<td>Mean Difference (IV, Fixed, 95% CI)</td>
<td>Totals not selected</td>
<td></td>
</tr>
<tr>
<td>5 Pain intensity (VAS (6th day))</td>
<td>1</td>
<td>Mean Difference (IV, Fixed, 95% CI)</td>
<td>Totals not selected</td>
<td></td>
</tr>
<tr>
<td>6 Pain intensity (VAS (7th day))</td>
<td>1</td>
<td>Mean Difference (IV, Fixed, 95% CI)</td>
<td>Totals not selected</td>
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</tbody>
</table>

### Comparison 3. 0.014 inch superelastic NiTi wire versus 0.015 inch multistrand stainless steel wire

<table>
<thead>
<tr>
<th>Outcome or subgroup title</th>
<th>No. of studies</th>
<th>No. of participants</th>
<th>Statistical method</th>
<th>Effect size</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 Pain intensity (VAS (1st day))</td>
<td>1</td>
<td>Mean Difference (IV, Fixed, 95% CI)</td>
<td>Totals not selected</td>
<td></td>
</tr>
<tr>
<td>2 Pain intensity (VAS (2nd day))</td>
<td>1</td>
<td>Mean Difference (IV, Fixed, 95% CI)</td>
<td>Totals not selected</td>
<td></td>
</tr>
<tr>
<td>3 Pain intensity (VAS (3rd day))</td>
<td>1</td>
<td>Mean Difference (IV, Fixed, 95% CI)</td>
<td>Totals not selected</td>
<td></td>
</tr>
<tr>
<td>4 Pain intensity (VAS (4th day))</td>
<td>1</td>
<td>Mean Difference (IV, Fixed, 95% CI)</td>
<td>Totals not selected</td>
<td></td>
</tr>
<tr>
<td>5 Pain intensity (VAS (5th day))</td>
<td>1</td>
<td>Mean Difference (IV, Fixed, 95% CI)</td>
<td>Totals not selected</td>
<td></td>
</tr>
<tr>
<td>6 Pain intensity (VAS (6th day))</td>
<td>1</td>
<td>Mean Difference (IV, Fixed, 95% CI)</td>
<td>Totals not selected</td>
<td></td>
</tr>
<tr>
<td>7 Pain intensity (VAS (7th day))</td>
<td>1</td>
<td>Mean Difference (IV, Fixed, 95% CI)</td>
<td>Totals not selected</td>
<td></td>
</tr>
<tr>
<td>8 Pain intensity (VAS over 14 days)</td>
<td>1</td>
<td>Mean Difference (IV, Fixed, 95% CI)</td>
<td>Totals not selected</td>
<td></td>
</tr>
</tbody>
</table>
Analysis 1.1. Comparison 1 0.016 inch superelastic NiTi wire versus 0.016 inch NiTi wire, Outcome 1 Alignment rate (contact point movement (mm)).

Review: Initial arch wires for alignment of crooked teeth with fixed orthodontic braces

Comparison: 1 0.016 inch superelastic NiTi wire versus 0.016 inch NiTi wire

Outcome: 1 Alignment rate (contact point movement (mm))

<table>
<thead>
<tr>
<th>Study or subgroup</th>
<th>0.016 superelastic NiTi</th>
<th>0.016 NiTi</th>
<th>Mean Difference</th>
<th>Mean Difference</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>N Mean(SD)</td>
<td>N Mean(SD)</td>
<td>IV,Fixed,95% CI</td>
<td>IV,Fixed,95% CI</td>
</tr>
<tr>
<td>O'Brien 1990</td>
<td>20 1.7 (1.15)</td>
<td>20 1.42 (0.79)</td>
<td>0.28 [-0.33, 0.89]</td>
<td></td>
</tr>
</tbody>
</table>

Favours experimental Favours control

Analysis 2.1. Comparison 2 0.014 inch superelastic NiTi wire versus 0.014 inch NiTi wire, Outcome 1 Pain intensity (VAS (2nd day)).

Review: Initial arch wires for alignment of crooked teeth with fixed orthodontic braces

Comparison: 2 0.014 inch superelastic NiTi wire versus 0.014 inch NiTi wire

Outcome: 1 Pain intensity (VAS (2nd day))

<table>
<thead>
<tr>
<th>Study or subgroup</th>
<th>0.014 superelastic NiTi</th>
<th>0.014 NiTi</th>
<th>Mean Difference</th>
<th>Mean Difference</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>N Mean(SD)</td>
<td>N Mean(SD)</td>
<td>IV,Fixed,95% CI</td>
<td>IV,Fixed,95% CI</td>
</tr>
<tr>
<td>Fernandes 1998</td>
<td>65 37.2 (32.5)</td>
<td>63 36 (30)</td>
<td>1.20 [-9.63, 12.03]</td>
<td></td>
</tr>
</tbody>
</table>

Favours experimental Favours control
Analysis 2.2. Comparison 2 0.014 inch superelastic NiTi wire versus 0.014 inch NiTi wire, Outcome 2 Pain intensity (VAS (3rd day)).

Review: Initial arch wires for alignment of crooked teeth with fixed orthodontic braces

Comparison: 2 0.014 inch superelastic NiTi wire versus 0.014 inch NiTi wire

Outcome: 2 Pain intensity (VAS (3rd day))

<table>
<thead>
<tr>
<th>Study or subgroup</th>
<th>0.014 superelastic NiTi</th>
<th>0.014 NiTi</th>
<th>Mean Difference</th>
<th>Mean Difference</th>
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<tr>
<td></td>
<td>N=65</td>
<td>N=63</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fernandes 1998</td>
<td>28.8 (29.2)</td>
<td>24.8 (21.8)</td>
<td>4.00 [-4.91, 12.91]</td>
<td></td>
</tr>
</tbody>
</table>

Favours experimental Favours control

Analysis 2.3. Comparison 2 0.014 inch superelastic NiTi wire versus 0.014 inch NiTi wire, Outcome 3 Pain intensity (VAS (4th day)).

Review: Initial arch wires for alignment of crooked teeth with fixed orthodontic braces

Comparison: 2 0.014 inch superelastic NiTi wire versus 0.014 inch NiTi wire

Outcome: 3 Pain intensity (VAS (4th day))

<table>
<thead>
<tr>
<th>Study or subgroup</th>
<th>0.014 superelastic NiTi</th>
<th>0.014 NiTi</th>
<th>Mean Difference</th>
<th>Mean Difference</th>
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<tbody>
<tr>
<td></td>
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<td>N=62</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fernandes 1998</td>
<td>18.3 (23.1)</td>
<td>16.7 (18.6)</td>
<td>1.60 [-5.68, 8.88]</td>
<td></td>
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</tbody>
</table>

Favours experimental Favours control
Analysis 2.4. Comparison 2 0.014 inch superelastic NiTi wire versus 0.014 inch NiTi wire, Outcome 4 Pain intensity (VAS (5th day)).

Review: Initial arch wires for alignment of crooked teeth with fixed orthodontic braces

Comparison: 2 0.014 inch superelastic NiTi wire versus 0.014 inch NiTi wire

Outcome: 4 Pain intensity (VAS (5th day))

<table>
<thead>
<tr>
<th>Study or subgroup</th>
<th>0.014 superelastic NiTi</th>
<th>0.014 NiTi</th>
<th>Mean Difference</th>
<th>Mean Difference</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>N Mean(SD)</td>
<td>N Mean(SD)</td>
<td>N/95% CI</td>
<td>N/95% CI</td>
</tr>
<tr>
<td>Fernandes 1998</td>
<td>65 12.7 (18.3)</td>
<td>61 11.4 (13.7)</td>
<td>1.30 [-4.32, 6.92]</td>
<td></td>
</tr>
</tbody>
</table>

Favours experimental Favours control

Analysis 2.5. Comparison 2 0.014 inch superelastic NiTi wire versus 0.014 inch NiTi wire, Outcome 5 Pain intensity (VAS (6th day)).

Review: Initial arch wires for alignment of crooked teeth with fixed orthodontic braces

Comparison: 2 0.014 inch superelastic NiTi wire versus 0.014 inch NiTi wire

Outcome: 5 Pain intensity (VAS (6th day))

<table>
<thead>
<tr>
<th>Study or subgroup</th>
<th>0.014 superelastic NiTi</th>
<th>0.014 NiTi</th>
<th>Mean Difference</th>
<th>Mean Difference</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>N Mean(SD)</td>
<td>N Mean(SD)</td>
<td>N/95% CI</td>
<td>N/95% CI</td>
</tr>
<tr>
<td>Fernandes 1998</td>
<td>60 8.8 (13.4)</td>
<td>65 9.3 (14.5)</td>
<td>-0.50 [-5.39, 4.39]</td>
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</table>

Favours experimental Favours control
### Analysis 2.6. Comparison 2 0.014 inch superelastic NiTi wire versus 0.014 inch NiTi wire, Outcome 6 Pain intensity (VAS (7th day)).

**Review:** Initial arch wires for alignment of crooked teeth with fixed orthodontic braces

**Comparison:** 2 0.014 inch superelastic NiTi wire versus 0.014 inch NiTi wire

**Outcome:** 6 Pain intensity (VAS (7th day))

<table>
<thead>
<tr>
<th>Study or subgroup</th>
<th>0.014 superelastic NiTi</th>
<th>0.014 NiTi</th>
<th>Mean Difference</th>
<th>Mean Difference</th>
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<td>N Mean(SD)</td>
<td>N Mean(SD)</td>
<td>IV,Fixed,95% CI</td>
<td>IV,Fixed,95% CI</td>
</tr>
<tr>
<td>Fernandes 1998</td>
<td>65 7.1 (12.9)</td>
<td>59 6.7 (11)</td>
<td>0.40 [-3.81, 4.61]</td>
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</table>

#### Analysis 3.1. Comparison 3 0.014 inch superelastic NiTi wire versus 0.015 inch multistrand stainless steel wire, Outcome 1 Pain intensity (VAS (1st day)).

**Review:** Initial arch wires for alignment of crooked teeth with fixed orthodontic braces

**Comparison:** 3 0.014 inch superelastic NiTi wire versus 0.015 inch multistrand stainless steel wire

**Outcome:** 1 Pain intensity (VAS (1st day))

<table>
<thead>
<tr>
<th>Study or subgroup</th>
<th>0.014 superelastic NiTi</th>
<th>0.015 multistrand SS</th>
<th>Mean Difference</th>
<th>Mean Difference</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>N Mean(SD)</td>
<td>N Mean(SD)</td>
<td>IV,Fixed,95% CI</td>
<td>IV,Fixed,95% CI</td>
</tr>
<tr>
<td>Jones 1992</td>
<td>21 29 (22.4)</td>
<td>21 23.7 (20.7)</td>
<td>5.30 [-7.74, 18.34]</td>
<td></td>
</tr>
</tbody>
</table>
Analysis 3.2. Comparison of 0.014 inch superelastic NiTi wire versus 0.015 inch multistrand stainless steel wire, Outcome 2 Pain intensity (VAS (2nd day)).

Review: Initial arch wires for alignment of crooked teeth with fixed orthodontic braces

Comparison: 3 0.014 inch superelastic NiTi wire versus 0.015 inch multistrand stainless steel wire

Outcome: 2 Pain intensity (VAS (2nd day))

<table>
<thead>
<tr>
<th>Study or subgroup</th>
<th>0.014 superelastic NiTi</th>
<th>0.015 multistrand SS</th>
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<th>Mean Difference</th>
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<td>Mean(SD)</td>
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<tr>
<td>Jones 1992</td>
<td>21</td>
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<td>25 (24.4)</td>
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</table>

-20 -10 0 10 20
Favours experimental Favours control

Analysis 3.3. Comparison of 0.014 inch superelastic NiTi wire versus 0.015 inch multistrand stainless steel wire, Outcome 3 Pain intensity (VAS (3rd day)).

Review: Initial arch wires for alignment of crooked teeth with fixed orthodontic braces

Comparison: 3 0.014 inch superelastic NiTi wire versus 0.015 inch multistrand stainless steel wire

Outcome: 3 Pain intensity (VAS (3rd day))

<table>
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<tr>
<th>Study or subgroup</th>
<th>0.014 superelastic NiTi</th>
<th>0.015 multistrand SS</th>
<th>Mean Difference</th>
<th>Mean Difference</th>
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<tr>
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<td>N</td>
<td>Mean(SD)</td>
<td>IV, Fixed, 95% CI</td>
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<tr>
<td>Jones 1992</td>
<td>21</td>
<td>12.6 (11.6)</td>
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<td>20.6 (21)</td>
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-200 -100 0 100 200
Favours experimental Favours control
Analysis 3.4. Comparison 3 0.014 inch superelastic NiTi wire versus 0.015 inch multistrand stainless steel wire, Outcome 4 Pain intensity (VAS (4th day)).

Review: Initial arch wires for alignment of crooked teeth with fixed orthodontic braces

Comparison: 3 0.014 inch superelastic NiTi wire versus 0.015 inch multistrand stainless steel wire

Outcome: 4 Pain intensity (VAS (4th day))

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<th>Study or subgroup</th>
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<th>Mean(SD)</th>
<th>0.015 multistrand SS N</th>
<th>Mean(SD)</th>
<th>Mean Difference</th>
<th>IV, Fixed 95% CI</th>
<th>N Mean(SD)</th>
<th>N Mean(SD)</th>
<th>IV, Fixed 95% CI</th>
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</thead>
<tbody>
<tr>
<td>Jones 1992</td>
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<td>5.5 (7.9)</td>
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<td>2.6 (4.8)</td>
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<td>2.90</td>
<td>[-1.05, 6.85]</td>
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</table>

Favours experimental Favours control

Analysis 3.5. Comparison 3 0.014 inch superelastic NiTi wire versus 0.015 inch multistrand stainless steel wire, Outcome 5 Pain intensity (VAS (5th day)).

Review: Initial arch wires for alignment of crooked teeth with fixed orthodontic braces

Comparison: 3 0.014 inch superelastic NiTi wire versus 0.015 inch multistrand stainless steel wire

Outcome: 5 Pain intensity (VAS (5th day))

<table>
<thead>
<tr>
<th>Study or subgroup</th>
<th>0.014 superelastic NiTi N</th>
<th>Mean(SD)</th>
<th>0.015 multistrand SS N</th>
<th>Mean(SD)</th>
<th>Mean Difference</th>
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<th>IV, Fixed 95% CI</th>
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<tbody>
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Favours experimental Favours control
Analysis 3.6. Comparison 3.014 inch superelastic NiTi wire versus 0.015 inch multistrand stainless steel wire, Outcome 6 Pain intensity (VAS (6th day)).

Review: Initial arch wires for alignment of crooked teeth with fixed orthodontic braces
Comparison: 3.014 inch superelastic NiTi wire versus 0.015 inch multistrand stainless steel wire
Outcome: 6 Pain intensity (VAS (6th day))

<table>
<thead>
<tr>
<th>Study or subgroup</th>
<th>0.014 superelastic NiTi Mean(SD)</th>
<th>0.015 multistrand SS Mean(SD)</th>
<th>Mean Difference</th>
<th>IV, Fixed, 95% CI</th>
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</thead>
<tbody>
<tr>
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<td>21 2.9 (6.2)</td>
<td>21 1.2 (3.1)</td>
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Favours experimental  Favours control

Analysis 3.7. Comparison 3.014 inch superelastic NiTi wire versus 0.015 inch multistrand stainless steel wire, Outcome 7 Pain intensity (VAS (7th day)).

Review: Initial arch wires for alignment of crooked teeth with fixed orthodontic braces
Comparison: 3.014 inch superelastic NiTi wire versus 0.015 inch multistrand stainless steel wire
Outcome: 7 Pain intensity (VAS (7th day))

<table>
<thead>
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<th>Study or subgroup</th>
<th>0.014 superelastic NiTi Mean(SD)</th>
<th>0.015 multistrand SS Mean(SD)</th>
<th>Mean Difference</th>
<th>IV, Fixed, 95% CI</th>
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<tbody>
<tr>
<td>Jones 1992</td>
<td>21 1.2 (2.5)</td>
<td>21 0.5 (1.6)</td>
<td>0.70</td>
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</table>

Favours experimental  Favours control
Analysis 3.8. Comparison 3. 0.014 inch superelastic NiTi wire versus 0.015 inch multistrand stainless steel wire, Outcome 8 Pain intensity (VAS (over 14 days)).

Review: Initial arch wires for alignment of crooked teeth with fixed orthodontic braces

Comparison: 3. 0.014 inch superelastic NiTi wire versus 0.015 inch multistrand stainless steel wire

Outcome: 8 Pain intensity (VAS (over 14 days))

<table>
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<tr>
<th>Study or subgroup</th>
<th>0.014 superelastic NiTi Mean(SD)</th>
<th>0.015 multistrand SS Mean(SD)</th>
<th>Mean Difference N(Fixed)95% CI</th>
<th>Mean Difference N(Fixed)95% CI</th>
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</thead>
<tbody>
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<td>21</td>
<td>5.7 (4.2)</td>
<td>21</td>
<td>6.1 (5.5)</td>
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Additional tables

Table 1. Validity assessment of included trials

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<th>Trial</th>
<th>Sequence generation</th>
<th>Concealed allocation</th>
<th>Blind outcome assessment</th>
<th>Withdrawals</th>
<th>Overall risk of bias</th>
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<tbody>
<tr>
<td>Cobb 1998</td>
<td>Unclear</td>
<td>Un unclear</td>
<td>Un unclear</td>
<td>Clear description but no intention-to-treat analysis</td>
<td>High</td>
</tr>
<tr>
<td>Evans 1998</td>
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<td>Un unclear</td>
<td>Clear description but no intention-to-treat analysis</td>
<td>High</td>
</tr>
<tr>
<td>Fernandes 1998</td>
<td>Unclear</td>
<td>Un unclear</td>
<td>Un unclear</td>
<td>No drop outs</td>
<td>High</td>
</tr>
<tr>
<td>Jones 1992</td>
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<td>Un unclear</td>
<td>Un unclear</td>
<td>Clear description but no intention-to-treat analysis</td>
<td>High</td>
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<tr>
<td>O’Brien 1990</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>No drop outs</td>
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</tr>
<tr>
<td>Pandis 2009</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>No drop outs</td>
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<td>West 1995</td>
<td>Yes</td>
<td>Un unclear</td>
<td>Un unclear</td>
<td>No drop outs</td>
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</table>
Appendices

Appendix 1. MEDLINE (OVID) search strategy
1. exp Orthodontic Wires/
2. “orthodontic wire$”.mp.
3. archwire$ or “arch wire” or arch-wire$.mp.
4. “superelastic wire” or “super-elastic wire”.mp.
5. “stainless steel wire” or “stainless-steel wire”.mp.
6. (NiTi adj3 wire$) or (Ni-Ti adj3 wire$) or (“nickel titanium” adj3 wire) or (nickel-titanium adj3 wire).mp.
7. (CuNiTi adj3 wire$) or (Cu-NiTi adj3 wire$) or (Cu-Ni-Ti adj3 wire$) or (copper-nickel-titanium adj3 wire) or (“copper nickel titanium” adj3 wire).mp.
8. or/1-7

Appendix 2. Cochrane Oral Health Group’s Trials Register search strategy
(“orthodontic wire*” or archwire* or “arch wire*” or arch-wire* or “superelastic wire*” or “super-elastic wire*” or “stainless steel wire*” or “stainless-steel wire*” or NiTi or Ni-Ti or “nickel titanium wire*” or “nickel-titanium wire*”)

Appendix 3. CENTRAL search strategy
#1 MeSH descriptor ORTHODONTIC WIRES explode all trees
#2 (archwire* in All Text or “arch wire*” in All Text or arch-wire* in All Text or “orthodontic wire*” in All Text)
#3 (“superelastic wire*” in All Text or “super-elastic wire*” in All Text)
#4 (“stainless steel wire*” in All Text or “stainless-steel wire*” in All Text)
#5 (NiTi in All Text near/6 wire in All Text) or (Ni-Ti in All Text near/6 wire in All Text) or (“nickel titanium” in All Text near/6 wire in All Text) or (“copper nickel titanium” in All Text near/6 wire in All Text)
#6 (#1 or #2 or #3 or #4 or #5)

Appendix 4. EMBASE via OVID search strategy
1. exp Orthodontic Wires/
2. “orthodontic wire$”.mp.
3. archwire$ or “arch wire” or arch-wire$.mp.
4. “superelastic wire” or “super-elastic wire”.mp.
5. “stainless steel wire” or “stainless-steel wire”.mp.
6. (NiTi adj3 wire$) or (Ni-Ti adj3 wire$) or (“nickel titanium” adj3 wire$) or (nickel-titanium adj3 wire$).mp.
7. or/1-6

Appendix 5. Cochrane search filter for EMBASE via OVID
1. random$.ti,ab.
2. factorial$.ti,ab.
3. (crossover$ or cross over$ or cross-over$).ti,ab.
4. placebo$.ti,ab.
5. (doubl$ adj blind$).ti,ab.
6. (singl$ adj blind$).ti,ab.
7. assign$.ti,ab.
8. allocat$.ti,ab.
9. volunteer$.ti,ab.
10. CROSSOVER PROCEDURE.sh.
Appendix 6. Cochrane search filter for MEDLINE via OVID

1. randomized controlled trial.pt.
2. controlled clinical trial.pt.
3. randomized.ab.
4. placebo.ab.
5. drug therapy.fs.
6. randomly.ab.
7. trial.ab.
8. groups.ab.
9. or/1-8
10. animals.sh. not (humans.sh. and animals.sh.)
11. 9 not 10

HISTORY

Review first published: Issue 4, 2010

CONTRIBUTIONS OF AUTHORS

- Yan Wang and Fan Jian were responsible for designing and co-ordinating the review, extracting data from papers and writing to authors of the papers for additional information. They contributed equally to this review.
- Wenli Lai, Zhihe Zhao and Zongdao Shi organised the retrieval of papers.
- Fan Jian and Grant McIntyre were responsible for screening search results, screening retrieved papers against inclusion criteria, data collection for the review, obtaining copies of trials, and extracting data from papers.
- Taixiang Wu and Declan T Millett were responsible for appraising the quality of papers.
- Zhi Yang and Zhengyu Liao were responsible for obtaining and screening data on unpublished studies and entering the data into RevMan.
- All review authors contributed to analysis and interpretation of the data, and to writing the review.
DECLARATIONS OF INTEREST

The participating review authors declare that they have no financial conflict of interest and that they do not have any associations with industry regarding the subject of this review.

INDEX TERMS

Medical Subject Headings (MeSH)

*Dental Alloys; Orthodontic Brackets [*standards]; Orthodontic Wires [adverse effects; *standards]; Randomized Controlled Trials as Topic; Root Resorption [etiology]; Tooth Movement [adverse effects; *instrumentation]; Toothache [etiologic]

MeSH check words

Humans