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Restorative Thresholds for Carious Lesions

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1 *Restorative Thresholds for Carious Lesions: Systematic Review/ Meta-analysis*

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19 *Abstract*

20 Current evidence supports non-invasive/non-restorative treatment of “early” carious lesions, i.e. those confined
21 to enamel or reaching the enamel-dentin junction. The extent that dentists’ thresholds for intervening
22 restoratively have changed in line with this evidence is unknown. A systematic review to determine dentists’ and
23 therapists’ current lesion threshold for carrying out restorative interventions in adults/children and
24 primary/permanent teeth), was registered and carried out. Embase, Medline via PubMed, and Web of Science
25 were searched for observational studies, without language, time or quality restrictions. Screening and data
26 extraction were independent and in duplicate. Random-effects meta-analysis with subgroup and meta-
27 regression analysis was performed. Thirty studies, mainly involving dentists, met the inclusion criteria. There was
28 heterogeneity in the sampling frames, methods and scales used to investigate thresholds. The studies spanned
29 30 years (1983-2014) and sample representativeness and response bias issues were likely to have affected the
30 results. Studies measured what dentists said they would do rather than actually did. Studies represented 17
31 countries, focussing mainly on adults (n=17) and permanent teeth (n=24). For proximal carious lesions confined
32 to enamel (not reaching enamel-dentin junction), 21% (95% confidence interval [CI] 15;28) of dentists/therapists
33 would intervene invasively. The likelihood of a restorative intervention almost doubled (risk ratio 1.98 [95%CI

34 1.68;2.33]) in high caries risk patients. For proximal lesions extending up to enamel-dentin junction, 47% (95%CI
35 39;55) of dentists/therapists would intervene restoratively. For occlusal lesions with enamel
36 discoloration/cavitation, but no clinical/radiographic dentin involvement, 12% (95%CI 6;22) of
37 dentists/therapists stated they would intervene, increasing to 74% (95%CI 56;86) with dentin involvement. There
38 was variance between countries but no significant temporal trend. A significant proportion of dentists/therapists
39 said they would intervene invasively (restoratively) on carious lesions where evidence and clinical
40 recommendations indicate less invasive therapies should be used. There is great need to understand decisions
41 to intervene restoratively and to find implementation interventions that translate research evidence into clinical
42 practice.

43

44

45 *Introduction*

46 Previous understanding of dental caries as an infectious disease meant that lesion management was synonymous
47 with carious tissue removal. However, contemporary understanding characterizes caries as a disease of
48 imbalance in biofilm flora and activity, resulting in imbalance of de- and remineralization and does not support
49 this aggressive symptomatic treatment. Increasing evidence endorses management by less invasive strategies
50 to arrest lesions using biofilm removal, biofilm sealing-in strategies and remineralization treatments (Marinho et
51 al. 2003; Marinho et al. 2013; Ricketts et al. 2013; Schwendicke et al. 2013a; Schwendicke et al. 2013b; Dorri et
52 al. 2015; Innes et al. 2015).

53 Traditional approaches of removing tooth tissue affected by the caries process might have been justifiable when
54 lesion progression from the outer aspect of enamel, through dentin, to the dental pulp, was relatively fast. In
55 addition to the rate of caries progression being slower than was generally believed (Mejare 1999), wide
56 availability of fluoride and intensive individual and public health efforts have promoted lesion arrest and slowed
57 progression. The rates for carious lesions confined to enamel, transitioning to dentin lesions have been estimated
58 to be in the order of 21 lesions/100 tooth surface-years for permanent molars (i.e only around 1 in 5 lesions can
59 be expected to progress to reach dentin in a year) and 33 for primary molars (around 1 in 3 lesions progress to
60 reach dentin within a year) (Mejare et al. 1999; Mejare 2001; Stenlund et al. 2002).

61 Given this limited risk of lesion progression and an increasing body of evidence supporting less interventive
62 treatments, there is growing consensus that invasive (and largely restorative) interventions should be mainly
63 restricted to treatment of cavitated non-cleansable lesions, having reached a stage where they can no longer be
64 sealed or where restorations are required to restore aesthetics, structural integrity or function (Hobdell et al.
65 2003; Frencken et al. 2012; Schwendicke et al. 2016). For all other lesions, avoiding invasive treatments is likely
66 to retain teeth for longer at lower costs, as expensive and even more invasive re-treatments are postponed or
67 even avoided (Schwendicke et al. 2014; Schwendicke et al. 2015a; Schwendicke et al. 2015b). This is of great
68 relevance considering the global clinical and economic burden stemming from dental caries (Kassebaum et al.
69 2015; Lisl et al. 2015).

70 There is conflicting evidence around how well dentists' restorative care planning behaviour aligns to these
71 recommendations, especially for managing carious lesions limited to enamel or the outer aspect of dentin
72 (Schwendicke et al. 2015c). We aimed to systematically appraise this evidence, evaluate variability in
73 intervention thresholds between countries, and investigate factors influencing this. As well as identifying gaps
74 and weaknesses in the literature and informing future studies, this may help develop strategies to reduce
75 intervention levels by identifying areas of good practice which can be further investigated.

76 Our primary objective was to answer the question: What are dentists' and dental therapists' thresholds for
77 carrying out restorative interventions in adults or children (primary and permanent teeth) for proximal and
78 occlusal carious lesions? Our secondary objectives were to assess whether these thresholds differed between
79 countries, patient groups, or has changed over time and whether factors such as dentist's sex, patient age, socio-
80 economic status, caries risk, tooth, primary or permanent dentition influenced dentists' thresholds?

81

82 *Methods*

83 The review protocol published in PROSPERO (01/04/2016)
84 http://www.crd.york.ac.uk/PROSPERO/display_record.asp?ID=CRD42016038625.

85 **Eligibility criteria**

86 Study eligibility:

- 87 • observational peer reviewed studies without language, time or quality restrictions;
- 88 • reporting on dentists' or therapists' (including students) thresholds (clinically, radiographically or using
89 other caries detection tools) for carrying out restorative interventions on carious lesions, for adults or
90 children and in primary or permanent dentitions.

91 We searched Embase, Medline via PubMed, and Web of Science. The reference lists of identified full-texts were
92 screened and cross-referenced. The search strategy was broad to maximize study capture as the key words might
93 not be easily detected. The following three search areas were developed for each database and combined:

- 94 • ((((((restorative) OR restoration) OR invasive) OR drilling) OR cutting) OR filling) AND
- 95 • (((((decision) OR threshold) OR cut-off) OR intervene) OR survey) OR questionnaire AND
- 96 • (((caries) OR carious) OR decay) OR white spot

97 Both authors independently screened titles, compared findings and included full texts where there was
98 disagreement. Full texts were assessed independently after de-duplication. Studies were included after
99 agreement, with consensus being reached through discussion.

100 The following data items were extracted independently by both reviewers using piloted spreadsheets and
101 discrepancies resolved through discussion:

- 102 • author names, survey year, publication year;
- 103 • dentists' and therapists' characteristics (country and other demographics), sampling frame, response
104 rate (to help gauge representativeness, level of response and response bias);
- 105 • scenario: lesion classification system, primary/ permanent teeth, adults/ children;
- 106 • number of dentists using a specific threshold per overall sample of dentists; and
- 107 • additional factors assessed and might influence decision making (e.g. patient caries risk status).

108 **Data synthesis**

109 For the primary outcome, data from different studies on dentists' or therapists' treatment level thresholds were
110 compared, with further assessment of thresholds per different countries/regions (see below), and publication
111 years. If only data subgroups (e.g. different age groups) were available, we calculated the mean proportion of
112 dentists or therapists intervening at different thresholds over these subgroups to avoid unit of analysis issues.
113 Whilst it is an important point to see if there are any changes in practice over time, it is unlikely, without a large
114 number of studies and repeated measures at different timepoints that it will be possible to detect these changes.

115 We pre-specified a number of subgroup analyses in our protocol. However, not all could be carried out:

- 116 • Subgroup analysis for carious lesion depths. We pooled different intervention depths into two
117 thresholds.
 - 118 ○ Proximal surfaces, where intervention was in lesions (clinically or radiographically) (1) confined
119 to enamel (E1, E2 – outer or inner half of enamel), (2) confined to enamel or extending up to
120 enamel dentin junction (E1, E2, EDJ);
 - 121 ○ Occlusal lesions where intervention was in lesions (1) confined to the enamel and (2) confined
122 to enamel or in outer dentin.
- 123 • High and low caries risk sub-groups were compared with each other where data were available.
- 124 • The countries that studies were carried out in were grouped according to region (North America, South
125 America, Western Europe, Eastern Europe, Scandinavia, Australasia), to reflect similarities in dental
126 teaching philosophies and, as far as possible, remuneration systems. No studies from Africa were
127 identified. Some studies were carried out across different countries and results were split to reflect
128 country, so that each data point related to the country rather than the study;
- 129 • Primary/permanent dentitions. Only two studies included primary dentition so subgroup analysis was
130 not possible.
- 131 • Similarly for patients' socio-economic status or dentist's sex, there was insufficient data for analyses.

132 Meta-analysis of the proportion of dentists intervening at specific thresholds was performed using
133 Comprehensive Meta-Analysis 2.2.064 (Biostat, NJ, USA). Heterogeneity was assessed using I²-statistic (Higgins
134 and Thompson 2002). Since heterogeneity was mostly found to be substantial (I²>50%), a random-effect model
135 was used for meta-analysis. Publication or reporting bias was evaluated using Funnel Plots and the Egger
136 regression intercept test (Egger et al. 1997). Comparison of subgroups was by testing for heterogeneity across
137 subgroups of categorical variables (Higgins et al. 2002; Borenstein and Higgins 2013). Random-effects meta-
138 regression was used to evaluate the association between continuous variables and our outcome parameter.

139 **Confidence in data**

140 The studies were categorised for type then assessed and graded for quality based on the Newcastle Ottawa
141 scoring tool (Wells et al. 2008). The tool was adapted for cross-sectional survey studies (detailed in Appendix 1a).
142 Differences in reviewers' grading were resolved by consensus.

143 *Results*

144 From 136 identified studies, 30 studies (Appendix 2) with 18,135 participants met the inclusion criteria (Figure
145 1) and data were extracted (Appendix 3a and 3b). Sixteen studies were published within the last 10 years, three
146 between 10 and 15 years ago and 11 studies were published more than 15 years ago. The studies were published

147 between 1985 and 2016 (mean 2004). The years of survey conduct were reported as ranging from 1983 to 2014,
148 but were not reported for 11 studies. We were able to obtain all full-texts so did not need to contact study
149 authors. The studies were scored using the modified Newcastle Ottawa Scale (Appendix 1b) with score range 2
150 to 6 (median=5; mode=5). No studies were high quality, 24 were moderate (scoring 4 to 6 points), and the
151 remaining four studies were low quality.

152 **Clinician participant characteristics**

153 Twenty eight studies investigated dentists (95% of the sample n=17,121), one also investigated dental therapists
154 (1%; n=247) and two examined dental students (4%; n=767). 21 of 28 studies involved general dental
155 practitioners (GDPs), two included GDPs and specialists (restorative, paediatric and unspecified), one
156 investigated operative dentistry teachers and one university teachers. Four studies did not specify
157 dentist/clinician characteristics.

158 **Sampling Frames and Samples**

159 Random, stratified, convenience and inclusive sampling frames were all used. Of the 30 studies, 11 sampled
160 nationwide, 10 at regional or state level, five at local level, three sampled dentists from different countries (with
161 sampling mixed at nationwide and regional levels) and in one study the sampling frame level was not clear.
162 Participants were selected at random or in such a way as to be relatively representative of the population being
163 investigated (whether that was national, statewide or local) in 27 of the studies with a mean response rate of
164 69% (range 11-99%). In 10 of the 11 studies with nationwide representation, there was random participant
165 selection. The mean response rate was 69% (range 38% to 93%). Six studies involved random selection of
166 clinicians from regions and 12 included non-random selection or convenience sampling of practice based
167 research networks or other selected groups (teachers or students). Selection was unclear in one study.

168 A wide range of countries (n=17 different countries) were represented (some in multiple studies). The 10 national
169 level studies carried out at national level were conducted in France, Kuwait, Netherlands, Norway, Scotland (UK)
170 and Sweden. The 11 state- or region-wide studies were set in Australia, Brazil, Canada, Croatia, Denmark, Iran,
171 Japan, Norway, Scotland, Sweden, USA, 2 were local (Mexico and Israel). The three 'mixed' studies were carried
172 out in Norway, Sweden, Denmark and the USA. In these studies, some countries' dentists were sampled at
173 nationwide level and others at individual state level.

174 **Clinical characteristics of the patients/teeth/ lesion locations**

175 Most studies focussed on adult patients (n=15), three specifically on children, three on both adults and children
176 separately and in nine studies it was implied that these were adults. Twenty eight studies looked at decisions on
177 when to intervene in permanent teeth and two studies looked at primary and permanent teeth. Most studies
178 (n=27) investigated thresholds for proximal lesions and 12 occlusal lesions, with nine of these looking at both.

179 A variety of methods were used to present lesion extent and investigate thresholds (Appendix 4):

- 180 • Dentists' thresholds for occlusal lesions were assessed using photographs of teeth in nine studies,
181 written descriptions in two studies and extracted teeth embedded in resin blocks in one. All studies
182 using clinical photographs employed identical sets of photographs and used the same 5-point scale.
- 183 • For proximal lesions, a wider variety of assessments was used: Diagrams in 15 studies, written
184 description of radiographs in six, clinical radiographic images in four, radiographs of extracted teeth in
185 one, and the system was unclear in one study. Furthermore, different scales were used for lesion
186 classification and threshold decisions, ranging from one study using a two point scale to 12 studies using
187 six point scales. Other scales: three points (n=2 studies), four points (n=3) and five points (n=9). Even
188 for the most commonly used scale (Espelid et al. 2001) there was variability with some studies using a
189 5 point version and others used a 6-point version.

190 **Dentists' restorative intervention thresholds for proximal lesions**

191 Overall, 21% (95% confidence interval [CI] 15;28) of dentists or dental therapists, in 28 studies, stated they would
192 intervene when the carious lesion was confined to enamel (had not reached the EDJ) (Figure 2a). There were
193 statistical signs of publication bias ($p < 0.05$ /Egger), which were confirmed using funnel plot inspection (Appendix
194 5a). Heterogeneity was high ($I^2 = 98\%$), with large variation in proportions between countries. Dentists from
195 Scandinavian countries were statistically significantly less likely to intervene at this stage than dentists from other
196 regions ($p = 0.02$). Six studies compared the proportions of clinicians intervening on proximal lesions confined to
197 enamel in high versus low risk populations, with dentists being 1.98 (95%CI 1.68;2.33) times more likely to
198 intervene in high risk groups (Figure 2b). Global meta-regression did not find any significant trend of this
199 proportion changing with time ($p = 0.555$). When only pooling studies published within the last 15 years (17
200 studies) and 10 years (15 studies), there was very little change in the proportion of dentists or dental therapists
201 stating they would intervene for lesions confined to enamel; 24% (95%CI 17;34) and 27% (95%CI 18;37)
202 respectively.

203 A higher proportion of dentists (47% [95%CI 39;55]) would intervene on proximal lesions extending up to the EDJ
204 (27 studies), (Figure. 3). There were no signs of publication bias (Appendix 5b). Heterogeneity was high ($I^2 = 98\%$),
205 with a large, although non-significant, variation in the proportions between countries ($p = 0.09$). Global meta-
206 regression found the proportion to decrease over time ($R^2 = -3\%$ [-7;0], $p = 0.05$). When the analyses were limited
207 to studies from the last 15 years (16 studies) and 10 years (14 studies), there was again little change; 46% (95%CI
208 34;58) and 44% (95%CI 32;758).

209 No studies investigated dentists intervening at this threshold in high versus low caries risk patients.

210 **Dentists' restorative intervention thresholds for occlusal lesions**

211 For occlusal lesions with enamel discoloration or cavitation, but no clinical or radiographic dentin involvement,
212 12% (95%CI 6;22) of dentists or dental therapists, in 10 studies, stated they would intervene invasively (Figure
213 4a). There were no indications of publication bias (Appendix 5c). Global meta-regression did not reveal any
214 significant trend in this proportion ($p = 0.260$). Heterogeneity was high ($I^2 = 98\%$), with a large but non-significant

215 variation in the proportions between countries ($p=0.392$). When the data analysis was limited to only studies
216 from the last 15 years (eight studies), there was very little change with 12% (95%CI 7;20) stating they would
217 intervene. This remained similar when the data analysis was restricted to the last 10 years (six studies); 13%
218 (95%CI 6;25).

219 Dentists were 2.46 (1.94;3.00) times more likely to intervene in high than low caries risk groups (Figure 4b).

220 For occlusal lesions clinically and/or radiographically involving dentin, 74% (95%CI 56;86) of dentists or dental
221 therapists, in 10 studies, stated they would intervene (Figure 5a). There was no indication of publication bias
222 (Appendix 5d). Global meta-regression did not reveal any significant trends in this proportion ($p=0.289$).
223 Heterogeneity was high ($I^2=98\%$), with a large but non-significant variation in proportions between countries
224 ($p=0.656$). When the data analysis was limited to only studies from the last 15 years (eight studies), there was
225 very little change in the proportion of dentists or dental therapists stating they would intervene; 76% (95%CI
226 65;83) and when restricting to the last 10 years (six studies); 74% (73;76).

227 Dentists were 1.49 (95%CI 1.37;1.62) times more likely to intervene in high than low risk groups (Figure 5b).

228 *Discussion*

229 Moves away from interventive management of carious lesions confined to enamel have been driven by evidence
230 and recommended repeatedly for over 15 years (Tyas et al. 2000; Kidd and Fejerskov 2013; Schwendicke et al.
231 2016). Based on 30 observational, survey-based studies from 17 different countries and including 18,135
232 practitioners (mainly dentists), this systematic review shows a large proportion (21% for proximal lesions and
233 12% for occlusal lesions) of practitioners still using a “drill and fill” approach for enamel lesions. Furthermore,
234 nearly half of surveyed practitioners would intervene on proximal lesions extending up to the EDJ, which is
235 increasingly difficult to justify given the majority of these lesions are not cavitated and management options like
236 sealing or infiltrating having been shown to successfully arrest the large majority of such lesions (Fontana et al.
237 2014; Dorri et al. 2015).

238 Reasons underlying this gap between evidence and dental practice have been investigated and discussed
239 (Clarkson et al. 2008; Bonetti and Clarkson 2016; Innes et al. 2016; Schwendicke and Göstemeyer 2016). In this
240 case, where diagnosis plays a part in decision making, the intuitive and often erroneous belief that early
241 intervention is always beneficial (Moynihan et al., 2013) is fueled by the ever increasing number of highly
242 sensitive detection tools being marketed and available, without sufficient emphasis on the often associated
243 reduction in specificity (Bader et al. 2001, Schwendicke et al. 2015d) and risk of harm and adverse side effects
244 (Schwendicke et al. 2015b). Another factor is the education of dentists and associated rationale as to why carious
245 lesions are treated at all (Schwendicke and Göstemeyer 2016). We ascribe the differences seen in Scandinavian
246 dentists who were significantly less interventional, partially for this reason. Given that one could expect global
247 cariology teaching to have adopted a less invasive, evidence-based management of “early” carious lesions
248 (Schulte et al. 2011; Splieth et al. 2011), it is surprising not to detect a reduction over time in the proportion of
249 dentists intervening on enamel lesions. However, it could well be, that the large number of different countries

250 sampled over time, at different sampling levels (regional, local etc.) with different methodology (scenarios,
251 threshold levels), might have masked any trend. Repeated cross-sectional data from single countries with similar
252 sampling frames and methods are needed. Further reasons (for which there was insufficient data to assess) might
253 include conforming to social norms (Kay et al. 1992; Schwendicke and Göstemeyer 2016) and organizational
254 aspects (e.g. remuneration systems or healthcare philosophies.). Dentists' age was one possible factor underlying
255 treatment decisions although the findings were ambiguous: younger dentists were more likely to intervene in
256 enamel in one study (el-Mowafy et al. 1994), and older ones in another (Tveit et al. 1999).

257 Some studies also investigated factors moderating thresholds. Besides moderators external to the clinical
258 decision maker (such as improved diagnostic tools and the healthcare framework), there are also internal
259 moderators, which depend on the clinicians' perspective. This is clearly seen in this dataset. Early intervention
260 was around twice as likely to be chosen for lesions in high caries risk patients compared with low risk. Whether
261 or not this is justified or whether these patients are still entitled to, or likely to adopt, preventive practices remain
262 unanswered questions. A similar moderation might be expected for the dentition (primary or permanent) or
263 patient's age, but there was insufficient data to analyse these.

264

265 This study, and the underlying dataset has a number of limitations. Firstly, the sampled populations are likely to
266 be biased to a certain extent by selection; additionally, samples were often small and only around a third of them
267 at a national level. Although the majority of studies (27/30) attempted to include representative samples through
268 random selection of participants, the risk of selection bias is especially high in samples yielded from dental
269 practice board lists etc and response bias was also likely to have affected the sample. The effect of selection bias
270 was not quantifiable. Secondly, all apart from two of the surveys (Kay et al. 1992; Fellows et al. 2014) were based
271 on individual clinicians' report rather than through observational data collection, adding further risk of bias.
272 Thirdly, our handling of the dataset involved having to make somewhat arbitrary decisions over how to group
273 the studies. We chose geographical area because of the perception of less- and more- invasive philosophies
274 being followed in different regions resulting from different teaching philosophies. It is notable that only 2% of
275 Scandinavian dentists stated they would intervene when a carious lesion was confined to enamel (compared to
276 21% for all clinicians surveyed) and only 9% would intervene when lesions extended to the EDJ (compared to
277 47% of all clinicians). Fourthly, the studies were conducted over 30 years (16 of them within the last 10 years),
278 with methodology evolving and data collection tools changing (with the lesion extent, for example, being
279 depicted using diagrams, written descriptions, stylised radiographs and actual clinical data). However, pooling
280 only studies published in the last 15 years and even 10 years had very little effect. For proximal lesions confined
281 to enamel for all studies (up to 30 years) 21% of the clinicians said they would intervene, limited to the last 15
282 years this was 24% and limited to the last 10 years it was 27%. For proximal lesions up to the EDJ, all studies;
283 47% would intervene, limited to the last 15 years this was 46% and to the last 10 years it was 44%. There was
284 even less change for occlusal lesions (although there were less studies). For occlusal lesions with enamel
285 discoloration or cavitation, including all studies; 12% would intervene, limiting to the last 15 years, it remained

286 at 12% and when limiting to the last 10 years, 13%. For occlusal lesions clinically and/or radiographically involving
287 dentin, 74% would intervene, including only studies from the last 15 years; 76% and for the last 10 years; 74%.
288 The lack of, or minimal changes indicates that very little has changed in dentists thresholds for deciding to
289 intervene compared to 15 or even up to 30 years ago. Finally, we excluded studies mixing diagnostics and
290 thresholds, as the effect of interpretation of clinical/radiographic findings could have distorted clinicians'
291 viewpoints and self-reports of behaviour. In a clinical setting, however, decision making is based on diagnostic
292 assessment, which could be guided by beliefs underlying the overall approach towards managing carious lesions.
293 Future studies should also employ qualitative methods for studying reasons for dentists making certain decisions
294 (Schwendicke et al. 2015d), and should also consider a wider range of documents like clinical practice guidelines
295 to not only measure, but understand these decisions.

296 *Conclusions*

297 Based on the findings of this review and within the data's limitations (sample representativeness, response bias
298 and long time period covered), a significant proportion of dentists or dental therapists said they would intervene
299 invasively (restoratively) for carious lesions which were clinically and/or radiographically confined to enamel or
300 only minimally extended into dentin. This proportion varied greatly between countries and was further
301 influenced by the individual patient's caries risk profile. This data is historical and there is great need to
302 understand the current status and the decision-making process to facilitate translation of research evidence into
303 clinical practice and reduce over-treatment.

304

305 *Contributions*

306 NI and FS jointly conceived the study, drafted the manuscript, contributed to the development of the selection
307 criteria, the search strategy, the risk of bias assessment strategy and data extraction criteria. FS provided
308 statistical expertise. FS and NI provided expertise on caries management. Both authors wrote, critically revised
309 and approved the final manuscript.

310 *Support and Conflict of Interests*

311 There is no financial interest from either author. The authors' institutions supported the execution of this study
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314

315

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410 Figure 1. Flow chart of identification, screening and assessing studies for inclusion eligibility. From: Moher D,
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412 and Meta-Analyses: The PRISMA Statement. PLoS Med 6(7): e1000097. doi:10.1371/journal.pmed1000097.

413 Figure 2. Dentists intervening invasively (restoratively) at E1/E2 level for proximal carious lesions. (a) The
414 proportion of dentists (95% CI) is shown by region and year. Open diamonds are subtotals and full diamonds
415 indicate total proportions. I^2 indicates heterogeneity. (b) The relative ratios of proportion of dentists
416 intervening in high versus low caries risk status.

417 Figure 3. Dentists intervening invasively (restoratively) at E1/E2/EDJ level for proximal carious lesions by region
418 and year. The proportion (95% CI) of dentists is shown; open diamonds are subtotals and full diamonds indicate
419 total proportions. I^2 indicates the heterogeneity.

420 Figure 4. Dentists intervening invasively (restoratively) in occlusal carious lesions clinically and/or
421 radiographically confined to enamel. (a) The proportion of dentists (95% CI) is shown by region and year. Open
422 diamonds are subtotals and full diamonds indicate total proportions. I^2 indicates the heterogeneity. (b) The
423 relative ratios of proportion of dentists intervening in high versus low caries risk status.

424 Figure 5. Dentists intervening invasively (restoratively) in occlusal carious lesions clinically and/or
425 radiographically involving enamel and/or dentin. (a) The proportion of dentists (95% CI) is shown by region and
426 year. Open diamonds are subtotals and full diamonds indicate total proportions. I^2 indicates the heterogeneity.
427 (b) The relative ratios of proportion of dentists intervening in high versus low caries risk status.

428

429 Appendix 1a. Modified Newcastle-Ottawa Scale adapted for cross-sectional survey studies

430 Appendix 1b. Modified Newcastle-Ottawa Scale scores for included studies.

431 Appendix 2 Included studies

432 Appendix 3 Data extraction table

433 Appendix 4. Different threshold grading systems used in studies

434 Appendix 5. Funnel Plots

435 (a) Standard errors of estimates from different studies plotted on the logit proportion of dentists intervening
436 invasively (restoratively) at E1/E2 level for proximal carious lesions. An asymmetric distribution of studies
437 indicates publication bias.

438 (b) Standard errors of estimates from different studies plotted on the logit proportion of dentists intervening
439 invasively (restoratively) at E1/E2/EDJ level for proximal lesions. An asymmetric distribution of studies
440 indicates publication bias.

441 (c) Standard errors of estimates from different studies plotted on the logit proportion of dentists intervening
442 invasively (restoratively) for occlusal carious lesions confined to enamel.

443 (d) Standard errors of estimates from different studies plotted on the logit proportion of dentists intervening
444 invasively (restoratively) for occlusal lesions clinically and/or radiographically involving enamel and/or dentin.