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1 Identification of hypertension subtypes using microRNA 2 profiles and machine learning

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20
21 **ABSTRACT**

22 *Objective:* Hypertension is a major cardiovascular risk factor affecting about 1 in 3 adults.
23 Although the majority of hypertension cases (~90%) are classified as 'primary hypertension'
24 (PHT), endocrine hypertension (EHT) accounts for ~10% of cases and is caused by
25 underlying conditions such as primary aldosteronism (PA), Cushing's syndrome (CS),
26 pheochromocytoma or paraganglioma (PPGL). EHT is often misdiagnosed as PHT leading
27 to delays in treatment for the underlying condition, reduced quality of life and costly, often
28 ineffective, antihypertensive treatment. MicroRNA circulating in the plasma is emerging as
29 an attractive potential biomarker for various clinical conditions due to its ease of sampling,

1 the accuracy of its measurement and the correlation of particular disease states with
2 circulating levels of specific microRNAs.

3 *Methods:* This study systematically presents the most discriminating circulating microRNA
4 features responsible for classifying and distinguishing EHT and its subtypes (PA, PPGL, CS)
5 from PHT using 8 different supervised machine learning (ML) methods for the prediction.

6 *Results:* The trained models successfully classified PPGL, CS and EHT from PHT with AUC
7 0.9 and PA from PHT with AUC 0.8 from the test set. The most prominent circulating
8 microRNA features for hypertension identification of different disease combinations were hsa-
9 miR-15a-5p and hsa-miR-32-5p.

10 *Conclusions:* This study confirms the potential of circulating microRNAs to serve as
11 diagnostic biomarkers for EHT and the viability of machine learning as a tool for identifying
12 the most informative microRNA species.

14 **SIGNIFICANCE STATEMENT**

15 Identification of secondary forms of hypertension is key to targeted management and
16 prevention of complications but stratification of patients is a challenging diagnostic process
17 that can delay clinical treatment. Here, we present the development of a customised machine
18 learning pipeline that uses circulating microRNA expression profiles to identify patients with
19 endocrine forms of hypertension, including primary aldosteronism, Cushing's syndrome and
20 pheochromocytoma/paraganglioma. The key outcome of this work includes trained classifiers
21 that can predict hypertension subtypes with AUC of up to 0.9 on an unseen test dataset. It
22 provides highly compelling evidence that machine learning can be used to identify the most
23 discriminating diagnostic circulating miRNAs and, ultimately, translate this approach into
24 future clinical diagnostics.

25
26

1 **Nonstandard Abbreviations and Acronyms**

- 2 100RR: 100 Random Repeats
- 3 CFS: Correlation-based Feature Selection
- 4 CS: Cushing's Syndrome
- 5 EHT: Endocrine Hypertension
- 6 LB: Logitboost
- 7 LMT: Logistic Model Tree
- 8 miRNA: MicroRNA
- 9 ML: Machine Learning
- 10 NB: Naïve Bayes
- 11 NGS: Next-generation Sequencing
- 12 PA: Primary Aldosteronism
- 13 PHT: Primary Hypertension
- 14 PPGL: Pheochromocytoma or Paraganglioma
- 15 RF: Random Forest
- 16 SL: Simple Logistic
- 17 SMO: Sequential minimal optimization

18

19

1 INTRODUCTION

2 Hypertension is a significant health problem affecting a third of adults.^{1,2} Approximately 85–
3 95%³ of cases are defined as primary hypertension (PHT) while the remainder has a
4 multiplicity of underlying causes, including such endocrine disorders as primary
5 aldosteronism (PA), Cushing's syndrome (CS), pheochromocytoma or paraganglioma
6 (PPGL). These are difficult to distinguish satisfactorily and, consequently, to treat effectively.⁴
7 Therefore, the identification of novel diagnostic biomarkers is a worthwhile endeavour that
8 might also lead to more effective and specific treatments for hypertension in its various
9 forms.⁵

10 MicroRNAs (miRNAs) are small, endogenously expressed, non-coding RNAs that negatively
11 regulate cellular gene expression at the post-transcriptional level. miRNA action has
12 significant regulatory effects in many tissues and biological processes, including
13 tumorigenesis and regulation of endocrine systems. Our previous work demonstrated that
14 specific miRNAs produced by adrenocortical cells influence their secretion of aldosterone and
15 cortisol. Furthermore, we found miRNA expression profiles of aldosterone-producing
16 adenoma samples differ significantly from those of normal adrenal tissue, indicating
17 disruption of miRNA production as a feature of this condition.^{6,7} We hypothesise such
18 changes will be reflected in the levels of specific miRNAs present in the circulatory system.
19 Such circulating miRNAs are released into the bloodstream from various tissues of the body,
20 either actively or passively, in a process that is still poorly understood. Nevertheless, changes
21 in circulating miRNA levels have proven worth as specific disease biomarkers and have been
22 investigated in cases of hypertension, identifying certain miRNAs as having prognostic,
23 diagnostic, and therapeutic value.^{8,9} Specifically, hsa-miR-21 and hsa-miR-510 showed
24 potential owing to their increased circulating levels in hypertensive patients.^{10,11} Considering

1 the markedly distinct molecular pathogenesis of the various EHT subtypes, we hypothesise
2 that patients with PA, PPGL and CS are likely to have distinctive circulating miRNA profiles.
3 Recently, ML methods have gained popularity in next-generation biomarker discovery
4 initiatives using high throughput next-generation sequencing (NGS) data.¹²⁻¹⁴ This has
5 provided the motivation to use ML algorithms for miRNA-disease association prediction.^{15,16}
6 Moreover, ML has also been successfully employed to classify lung adenocarcinoma,¹⁷
7 melanoma,¹⁸ and tumor origin¹⁹ using miRNA profiles. Some studies have focused on
8 associating individual miRNAs with specific endocrine hypertension subtypes; hsa-miR-483-
9 5p, hsa-miR-101 and hsa-miR-183 were each reported to associate with
10 pheochromocytoma^{20,21} and Castro-Vega et al. have discussed the genomic features
11 underlying PPGL, including associated changes in miRNA expression.²² Vetrivel et al.
12 reported changes in adrenal tissue²³ and circulating miRNA²⁴ levels associated with different
13 forms of CS. However, no studies have explored the use of supervised ML approaches for a
14 combined classifier solution.

15 Recently, a multiomics study of a retrospectively-collected cohort of EHT and PHT patients
16 was conducted under the ENS@T-HT project.²⁵ This took a multiomic approach, combining
17 numerous datasets, including steroids (plasma and urinary), catecholamines, small
18 metabolites and plasma miRNAs, together with a ML pipeline in order to identify optimal
19 diagnostic signatures that distinguish PPGL, PA and CS from PHT. This analysis showed
20 circulating miRNAs to have particularly high balanced accuracies within the generated
21 multiomic diagnostic signatures.²⁵ This indicated that circulating miRNAs may have value as
22 diagnostic biomarkers in their own right, separate from the other elements of the multiomics
23 signature. To test this, the present study uses an ML approach to analyse the circulating
24 miRNA dataset in isolation from the other ENS@T-HT omics. As with that multiomic analysis,
25 the key aim here was to stratify hypertensive patients amongst themselves. EHT
26 (PA+PPGL+CS) and its subtypes (PA, PPGL, CS) were classified from PHT using various

1 supervised ML methods. The algorithm was also trained to classify different hypertensives
2 into PPGL, PA, CS, and PHT groups with the ultimate objective of developing a circulating
3 miRNA biomarker clinical test. The classification performance was evaluated through overall
4 classification accuracy, specificity and sensitivity. The most prominent miRNA features
5 responsible for distinguishing hypertension subtypes were also identified.

6 **MATERIALS AND METHODS**

7 **Omic Dataset**

8 EDTA-plasma samples were collected from 330 male or female patients aged between 11–
9 78 years who had been diagnosed with one of the underlying four hypertension subtypes
10 (PA, PPGL, CS, PHT). Samples were provided by ENS@T-HT Horizon 2020 project
11 collaborators from previous study archives. No formal sample size calculation was
12 conducted. Specific inclusion and exclusion criteria for each hypertension subtype, including
13 diagnostic criteria and ethics approval details are provided in Supplemental Section 1.1 and
14 1.2, respectively. All research was conducted in compliance with the Declaration of Helsinki.
15 Total RNA was isolated from 200µL EDTA-plasma using the miRNeasy Mini kit (QIAGEN,
16 Manchester, UK) standard protocol. Samples were eluted in 30µL RNase-free water. cDNA
17 was reverse-transcribed from 4µL of undiluted RNA in a 20µL reaction volume according to
18 the standard protocol of the Universal cDNA synthesis kit II (Exiqon, Vedbaek, Denmark).
19 For quality control purposes, plasma samples were spiked with UniSp2, UniSp4, and UniSp5
20 RNAs before RNA isolation and RNA samples were spiked with cel-miR-39-3p and UniSp6
21 cDNA during reverse transcription using components from the miRCURY LNA™ Universal
22 microRNA PCR System RNA Spike-in kit (Exiqon). Selected plasma miRNAs were quantified
23 using Serum/Plasma Focus microRNA PCR Panels (384-well, V4.M, Exiqon) according to
24 their standard protocol, using ExiLENT SYBR®Green master mix (Exiqon) and ROX solution

1 (Thermo Fisher, Renfrew, UK) on a Quantstudio 12K Flex Real-time PCR System (Thermo
2 Fisher). A full list of the 179 miRNAs and 13 controls analysed on the panel is provided in
3 Supplemental Table S1.

4
5 Raw Ct data generated by qRT-PCR using the QuantStudio System were analysed using
6 GenEx software (v.6, MultiD Analyses, Vedbaek, Denmark). Interplate calibration was
7 performed using UniSp3 amplification results; this enabled cross-plate comparisons. Quality
8 control checks for both RNA isolation and cDNA preparation were performed using the spike-
9 in controls; where the amplification value (cycle threshold, Ct) exceeded predefined limits the
10 sample was flagged. For RNA isolation spike-in assays, this limit was +/- 2 Ct from the mean
11 across all samples, and for cDNA synthesis spike-in assays the limit was +/- 1 Ct from the
12 mean. Next, if fewer than 90% of miRNAs amplified in a sample, that sample was flagged. If
13 a patient sample was flagged in 2 or more categories, it was excluded from further analysis.
14 If a miRNA had >50% missing data it was excluded from further analysis.

15 **Disease combinations**

16 Table 1 provides a breakdown of the study patients by subtype, age, and sex.

17 Results for 5 disease combinations were assessed:

- 18 1. ALL vs ALL (i.e. PA vs PPGL vs CS vs PHT)
- 19 2. EHT vs PHT
- 20 3. PA vs PHT
- 21 4. CS vs PHT
- 22 5. PPGL vs PHT

23 **ML Analysis pipeline**

24 The ML analysis pipeline consisted of three key steps (See Figure 1). The first step involved
25 exclusion of extreme outliers followed by random splitting of the data into training (80%) and

1 testing (20%) sets in a stratified manner, according to established practice.²⁶ (See
2 Supplementary Table S2). In the second step, the most suited feature selection method and
3 classifiers were chosen for each disease combination using random sub-sampling validation
4 (using training/validation set). The top selected features were then saved for each scenario.
5 Lastly, in step 3, the final model training and testing was conducted. The top performing
6 classifiers were trained using the training set (with only the reduced feature set). The trained
7 classifiers were then used to predict the disease type of testing data. These results were then
8 evaluated using various performance metrics. The details of outlier detection, features
9 selection, classifiers and evaluation scenarios are provided in Supplemental Methods (See
10 Supplemental Section 1.3).

11 RESULTS

12 Data generation

13 Samples from 346 patients were analysed. Following quality checking, as detailed above,
14 data from 330 of these were subjected to further analysis. Mean non-normalised Ct figures
15 and standard deviations across all 330 patients for each measured miRNA are shown in
16 Table S1. Data normalisation was performed to enable direct comparison of the sample
17 results. Normalisation used five miRNAs identified as being most stably-expressed across
18 the dataset by Normfinder software:²⁷ hsa-miR-106a-5p, hsa-miR-425-5p, hsa-miR-222-3p,
19 hsa-let-7g-5p and hsa-let-7i-5p. Normalisation was performed for each sample by subtracting
20 the mean Ct value of the 5 normaliser miRNAs from each of the feature miRNA Ct values,
21 generating the deltaCT values used for subsequent analysis. Non-detected miRNA values
22 were imputed by assigning them the value ($max + 1$), where max was the maximum Ct
23 detected for that miRNA across all samples. (Note that Ct value is inversely proportional to
24 transcript quantity.) Imputation accounted for 1.44% of all data points.

1
2 Of the 179 unique human miRNAs measured, 5 were used for normalisation and 1 (hsa-
3 miR-208a-3p) was excluded on quality grounds; 173 human miRNAs were therefore put
4 forward for further analysis. A total of 175 features were extracted; these comprised
5 measured circulating levels for the 173 individual human miRNA species (See Table S1) plus
6 the age and sex of the patient. The final dataset was catalogued in RDMP Software²⁸ for
7 systematic access.
8

9 **ML pipeline analysis**

10 Results of ML analysis for different disease combinations are described in this subsection.
11 Firstly, the performance of including/excluding outliers on classifier performance is evaluated,
12 followed by selection of the best classifiers and feature selection method. Using these
13 parameters, the top discriminating features are then selected for different evaluation
14 scenarios using random subsampling. Finally, these features are used to train and test final
15 models.

16 **Outliers, best classifiers and feature selection methods**

17 Figure 2A shows balanced accuracy (i.e. the mean of specificity and sensitivity), sensitivity
18 and specificity plots for 8 classifiers, comparing results for the ALL vs ALL disease
19 combination using two datasets i.e. including and excluding outliers. Performance improved
20 when outliers were removed before classifying any given disease combination. The best-
21 performing four classifiers across the three performance metrics were LB, LMT, SL, and
22 SMO. Therefore, outliers were removed for all further analysis.

23 Next, for the ALL vs ALL disease combination, two feature selection methods, wrapper
24 (Boruta) and filter (CFS), were applied. The classification was also performed by using a
25 complete feature list (i.e. no feature reduction). The balanced accuracies, sensitivities and

1 specificities were compared for all three feature selection methods using the four selected
2 classifiers LB, LMT, SL, and SMO.

3 Figure 2B compares classification results for these feature selection methods using the top
4 4 classifiers for the ALL vs ALL disease combination. It was observed that using all features
5 for classification provided best results, followed by the wrapper (Boruta) method, with the
6 filter (CFS) method lowest. However, the wrapper method used only the top discriminating
7 features rather than all 175 features, and mean accuracies were comparable. The wrapper-
8 based feature selection method 'Boruta' improved the overall accuracy compared to using
9 the filter selection method and was therefore used for all five disease combinations.

10 Evaluation scenarios

11 *Classification performance*

12
13 Figure 3 shows the various performance metrics for each of the 5 disease combinations, 3
14 scenarios, and 4 classifiers over 100 random repeats. In Scenario 1 (comparison of Set A vs
15 Set B), for almost all disease combinations, both Sets A & B provided balanced accuracies
16 with ~1% variation. The balanced accuracy was highest for PPGL vs PHT (~78%) and lowest
17 for ALL vs ALL (~66%). Also, the sensitivities for CS vs PHT and ALL vs ALL were low (<
18 60%) compared to the corresponding specificities (> 84%). However, the opposite case
19 applied for EHT vs PHT, where the sensitivities were higher (> 85%) compared to the
20 corresponding specificities (< 57%). Similar trends were observed for F1, AUC and Kappa
21 score. There was marginal difference between Sets A and B, indicating that age and sex are
22 not highly differentiating features in circulating miRNA-based endocrine hypertension
23 classification.

24 The non-uniform number of samples in the different Sets of Scenarios 2 & 3 does not validate
25 their direct metric comparison. However, it was useful in evaluating the discriminating

1 features. The performance metrics were higher for Set D (female subset) than for Set C (male
2 subset) in all disease combinations for the majority of classifiers, except for CS vs PHT where
3 the specificity was lower for Set D. The lowest balanced accuracy (50%) and zero sensitivity
4 (but 100% specificity) was observed for the male subset (Set C) during CS vs PHT
5 classification due to an extremely low number of male samples compared to female samples
6 (in Set D). Overall, Set D showed the highest balanced accuracy for PA vs PHT (83%) using
7 the SMO classifier. Similar results were observed for the remaining three metrics.

8 The disease combinations were also compared on the basis of patient age, i.e. ≥ 50 years
9 (Set E) or < 50 years (Set F). Better metrics were observed for Set E (older patients) for all
10 disease combinations than for Set F except in CS vs PHT. The highest balanced accuracy of
11 80% was observed in EHT vs PHT (Set E) for all classifiers, except LB.

13 ***Significant Features***

14 Figure 4A shows a list of the most significant features used during 100RR for the different
15 disease classifications and scenarios. The list shows only the features used > 50 times. The
16 largest number of features were selected for the ALL vs ALL classification, while the fewest
17 features were selected for CS vs PHT, several of which were exclusive to this classification
18 (hsa-miR-495-3p, hsa-miR-485-3p, hsa-miR-186-5p, hsa-miR-1260a, hsa-miR-195-5p).
19 Similarly, two separate sets of features (hsa-miR-139-5p, hsa-miR-326 and hsa-miR-223-3p,
20 hsa-miR-133a-3p) were exclusively selected in PA vs PHT classification for Set D (the female
21 subset) and Set E (elder patients) respectively.

22 Figure 4B shows the joint list of features in Set A of all five disease combinations. hsa-miR-
23 15a-5p and hsa-miR-32-5p were common to all 5 disease classifications, while hsa-miR-424-
24 5p and hsa-miR-574-3p were important features only for CS vs PHT and PA vs PHT,
25 respectively. Age was observed to be a noteworthy feature for ALL vs ALL and PA vs PHT
26 classification.

1 Final Model Training and Testing

2 In the final step of the ML pipeline, significant features of each disease combination were
3 used to create a subset of the training dataset. Once trained, the chosen classifiers were
4 tested on the testing set.

5 Table 2 shows the classification results for the top performing classifiers on test data. EHT
6 vs PHT achieved the best classification (balanced accuracy: 89%, sensitivity: 95%, AUC: 0.9)
7 using LMT classifier on 67 test samples (See Supplementary Figure S2 for confusion
8 matrices). Similarly, for PPGL vs PHT, LB classifier provided 85% balanced accuracy with
9 corresponding sensitivity and AUC of 87% and 0.9. However, performance metrics for ALL
10 vs ALL, CS vs PHT and PA vs PHT were marginally lower, with balanced accuracy of 73%,
11 71% and 73% respectively.

12 DISCUSSION

13 In this study, a supervised ML pipeline was employed to classify and distinguish EHT and its
14 subtypes (PA, PPGL, CS) from PHT using circulating miRNA data previously analysed in a
15 multiomic context under the ENS@T-HT retrospective study.²⁵ In this singleomic analysis,
16 the top discriminating miRNA biomarkers were identified for different classification scenarios
17 and the classification performance was evaluated through overall classification balanced
18 accuracy, specificity, sensitivity, AUC, F1 score and Kappa. The Boruta-based feature
19 selection approach and exclusion of extreme outliers provided an overall better performance
20 on miRNA data.

21 It was observed that circulating miRNA helped classify EHT and PPGL from PHT in the test
22 set with balanced accuracy of 89% and 85%, respectively. Overall, hsa-miR-15a-5p and hsa-
23 miR-32-5p were the most important biomarkers for classifying all disease combinations from
24 each other. Also, two pairs of miRNAs (hsa-let7d-3p, hsa-miR-335-5p and hsa-miR-162-3p,

1 hsa-miR-15b-3p) were important in classifying all disease combinations except CS vs PHT
2 and PPGL vs PHT. However, hsa-miR-424-5p, hsa-miR-495-3p, hsa-miR-186-5p, hsa-miR-
3 1260a, hsa-miR-485-3p, hsa-miR-195-5p and hsa-miR-301a-3p were uniquely selected for
4 CS vs PHT classification, while hsa-miR-629-5p, hsa-miR-92a-3p and hsa-miR-423-5p were
5 used for both CS vs PHT and ALL vs ALL classification. Alongside other miRNAs, hsa-miR-
6 30c-5p was one of the significant identifiers for ALL vs ALL and EHT vs PHT. Also, hsa-miR-
7 148b-3p, hsa-miR-107, hsa-miR-27b-3p, hsa-miR-324-5p and hsa-miR-199a-5p were
8 observed to be essential biomarkers for EHT vs PHT (selected for all 100 random repeats).
9 Age appeared as a significant feature only in two classifications: ALL vs ALL and PA vs PHT.
10 In the evaluation scenarios (Step 2 of the ML pipeline), it was also observed that female
11 patients (Set D) and older patients (Set E) were better classified with higher balanced
12 accuracies than male patients (Set C) and younger patients (Set F), except in the case of CS
13 vs PHT where younger patients had higher classification accuracy than older patients.
14 However, these trends are likely to be sensitive to the class imbalance, with more female CS
15 patients than males.

16 The rationale for investigating circulating miRNA levels in the context of endocrine
17 hypertension is twofold. Firstly, circulating miRNAs have shown promise in the diagnosis of
18 several conditions where significant and consistent changes have proved sufficiently
19 informative to justify their use for diagnostic purposes, if certain technological and
20 methodological limitations can be overcome.^{29,30} Secondly, we and others have
21 demonstrated that miRNAs have significant roles in regulatory mechanisms that underpin
22 endocrine homeostasis, such as corticosteroid secretion. Disruption of these contributes to
23 PA and CS, with affected adrenal tissue or tumours showing marked changes in miRNA level
24 relative to healthy tissue.⁷ Although the mechanisms by which miRNAs enter the circulation
25 remain unclear, it is reasonable to hypothesise that such changes at the tissue level might
26 be reflected in the circulation, either as a result of altered miRNA expression within the

1 diseased tissue, or through its impact on the miRNA expression and secretion of other
2 tissues.³¹

3 This study identifies several circulating miRNAs as potentially valuable discriminatory
4 features in the diagnosis of endocrine hypertension (Figure 4A). Few of these have previously
5 been highlighted by studies of these or similar conditions and this lack of correlation is
6 probably due to several factors. Firstly, this work has focused on distinguishing various forms
7 of endocrine hypertension from primary hypertension whereas previous studies attempted to
8 discriminate between other combinations of diseased (and healthy) individuals,^{32,33} or else
9 concentrated on pathological or prognostic features of a single condition and/or its
10 subtypes.^{34–36} Methodological differences may also play a part, and it is probable that our
11 investigation of free circulating miRNAs would have had different outcomes if we had chosen
12 to examine serum or vesicle-associated miRNAs rather than plasma. Finally, the normalising
13 of raw expression data together with the novel ML approach to identifying feature miRNAs
14 must also be acknowledged as key differences between this and previous studies; these
15 processes have been carefully designed to improve consistency of analysis and to aid its
16 adoption in a multi-centre clinical setting as a common diagnostic tool.

17 Detailed investigation and description of possible tissue sources, genetic targets and
18 pathophysiological roles of the feature miRNAs identified in this study lies beyond the scope
19 of this particular investigation. However, it is worth noting that the key classifying biomarkers
20 identified here have been flagged in previous studies of hypertension. For example, we
21 observed a decrease in circulating levels of hsa-miR-15a-5p in primary hypertensive patients
22 that was not seen in endocrine hypertensive patients. Variability in circulating levels of this
23 miRNA with different forms of hypertension was previously noted by Nandakumar et al., who
24 observed a rise in circulating hsa-miR-15a-5p in hypertensive patients relative to those with
25 hypertension and chronic kidney disease.³³

1 Previous studies examining adrenal effects on circulating miRNA levels have primarily been
2 concerned with differentiating adrenocortical adenoma from adrenocortical carcinoma. These
3 have consistently shown raised circulating levels of hsa-miR-483-5p to correlate with
4 adrenocortical carcinoma³⁷ and, perhaps unsurprisingly, this does not emerge as one of our
5 classifying features. However, it is interesting to note that one such study observed raised
6 hsa-miR-210-3p levels in cortisol-producing adrenocortical carcinoma,³⁸ as this miRNA is one
7 of the classifying features we identified for CS. We also found this miRNA to be one of the
8 classifying features in our PPGL vs PHT comparison, consistent with previous studies
9 associating hsa-miR-210-3p with PPGLs,³⁹ and identifying its serum levels as a potential
10 biomarker of PPGL malignancy.³⁶ An investigation of pheochromocytoma tissue identified
11 18 miRNAs as being differentially expressed between malignant and benign samples; in
12 addition to the aforementioned hsa-miR-15a-5p,⁴⁰ these included hsa-miR-574-3p and hsa-
13 miR-451a which we find to be classifiers of PPGL vs PHT comparison, but only within the
14 female subset (Set D). A study by Vetrivel et al. of circulating miRNAs was primarily
15 concerned with CS diagnosis and classification rather than its differentiation from primary
16 and/or other endocrine forms of hypertension.²⁴ However, of the 8 miRNAs they identified by
17 NGS as being differentially expressed between their 3 study groups (ACTH-dependent CS,
18 ACTH-independent CS and non-CS controls), we have measured 3 and these include hsa-
19 miR-629-5p, which we find to be one of our strongest classifiers of CS vs PHT. Vetrivel et al.
20 were subsequently unable to validate the differential expression of circulating hsa-miR-629-
21 5p between the two forms of CS using RT-PCR, but it should be noted that their protocol
22 involved normalisation to a single 'housekeeping' circulating miRNA, hsa-miR-16-5p, that we
23 find to be a significant classifier for PA vs PHT. The same investigators also used NGS to
24 identify possibly one of our most discriminating miRNA (hsa-miR-486-5p) for CS vs PHT, as
25 one of 5 miRNAs commonly downregulated in CS adrenal tissue relative to control but again
26 they were unable to validate their NGS data using RT-PCR.²³ Finally, we previously identified

1 significant differences in specific miRNA levels between APAs and normal adrenal tissue,^{6,7}
2 but none of these emerged here as classifying features of PA in their circulating form, except
3 for hsa-miR-22-3p (only in subset C: male).

4
5 Balanced accuracy and AUC were used as the primary metrics to assess performance of the
6 ML models throughout, as they are unaffected by disease prevalence, unlike standard or
7 conventional accuracy metrics. Nevertheless, the estimates derived using these performance
8 metrics will inevitably be more imprecise where sample size is small. Indeed, although this
9 study provided crucial insight into a complex multi-class problem, one key shortcoming was
10 fewer CS samples due to the rarity of the disease. The ENS@T-HT study is capturing data
11 prospectively from a larger population which should overcome this limitation in the future
12 (ClinicalTrials.gov Identifier: NCT02772315).

13 CONCLUSION

14 This study predicted different subtypes of hypertension using circulating miRNA data. A ML
15 approach using 5 disease combinations and 8 supervised ML classifiers was introduced and
16 different scenarios were evaluated based on age and sex bifurcation. The ML approach
17 provided promising classification results and a reduced set of features that have potential as
18 formal biomarkers for detection of hypertension subtypes. Confirmation of our findings using
19 the same methodology in a different study population is now required. To this end, we are
20 currently conducting a separate prospective study of circulating miRNA levels in EHT patients
21 specifically to test the reproducibility of our findings and confirm the diagnostic utility of these
22 circulating miRNAs as accessible high-throughput biomarkers.

1 **ACKNOWLEDGEMENTS**

2 Data related to the results presented in this article can be obtained upon reasonable request
3 by researchers who provide a methodologically sound proposal. This is subject to approval
4 by the ENSAT-HT executive committee, which includes representatives of the biosamples
5 collections and omics data generation centres. Researchers would be required to complete
6 a Data Sharing Agreement. All requests should be directed by email to the corresponding
7 author.

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19 Co-authors Guillaume Assie and Felix Beuschlein are on the editorial board of EJE. They
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- 17
18

FIGURE LEGENDS

Figure 1: The ML analysis pipeline with three steps. ^AAll features selected, filter method (CFS: correlation-based feature selection) and wrapper method (Boruta). ^BJ48, Naïve Bayes (NB), IBk, Logitboost (LB), Logistic Model Tree (LMT), Simple Logistic (SL), Random Forest (RF) and Sequential minimal optimization (SMO). ^CPA vs PPGL vs CS vs PHT (i.e. All vs All), EHT vs PHT, PA vs PHT, CS vs PHT and PPGL vs PHT. ^DScenario 1: Set A (all features inc. age & sex) vs Set B (all features exc. age & sex), Scenario 2: Set C (Male patients) vs Set D (Female patients) and Scenario 3: Set E (Patient age ≥ 50) vs Set F (Patient age < 50).

Figure 2: Box plots comparing classification performance for ALL vs ALL disease combination (A) either excluding or including extreme outliers and (B) excluding outliers dataset for the top 4 classifiers using all features, filter and wrapper feature selection methods.

Figure 3: Heatmap comparing classification performance for Sets A-F using 4 classifiers for 5 disease combinations. The count in each box is a mean of 100 runs (random repeats).

Figure 4: Significant features selected during (A) 100RR for the different disease classifications and scenarios, and (B) final classifier training and testing. In Part A, the count in each box represents the number of times a particular feature was selected during 100RR and only features used >50 times are selected.

TABLE LEGENDS

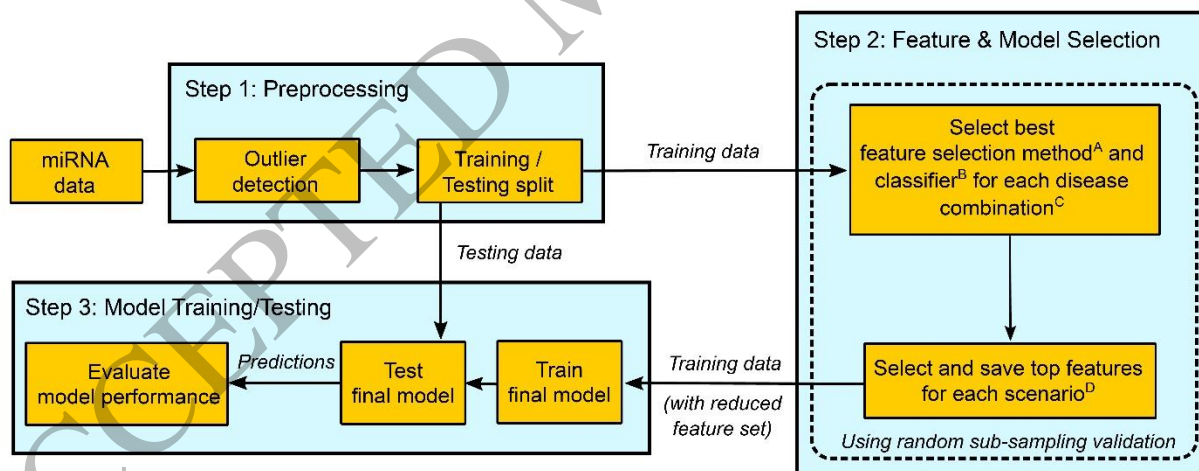
Table 1: Patient data for all disease types namely Cushing's syndrome (CS), primary aldosteronism (PA), pheochromocytoma or paraganglioma (PPGL) and primary hypertension (PHT).

Table 2: Classification results on test set for five disease comparisons of top performing classifiers.

Disease	Patient Count (n=)	Gender		Age distribution	
		Male	Female	Patient age \geq 50	Patient age < 50
CS	35	5	30	17	18
PA	109	58	51	44	65
PPGL	75	31	44	43	32
PHT	111	48	63	71	40

Disease Combination	Classifier	Performance Metrics (Test set)								
		Total Instances	Correctly Classified	Incorrectly Classified	Balanced Accuracy (%)	Sensitivity (%)	Specificity (%)	AUC	F1	Kappa
ALL – ALL	LMT	67	45	22	73	58	88	0.8	0.6	0.5
EHT – PHT	LMT	67	61	6	89	95	83	0.9	0.9	0.8
CS – PHT	LB	30	26	4	71	43	100	0.9	0.6	0.5
PA – PHT	LMT	45	33	12	73	64	83	0.8	0.7	0.5
PPGL – PHT	LB	38	32	6	85	87	83	0.9	0.8	0.7

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Figure 1

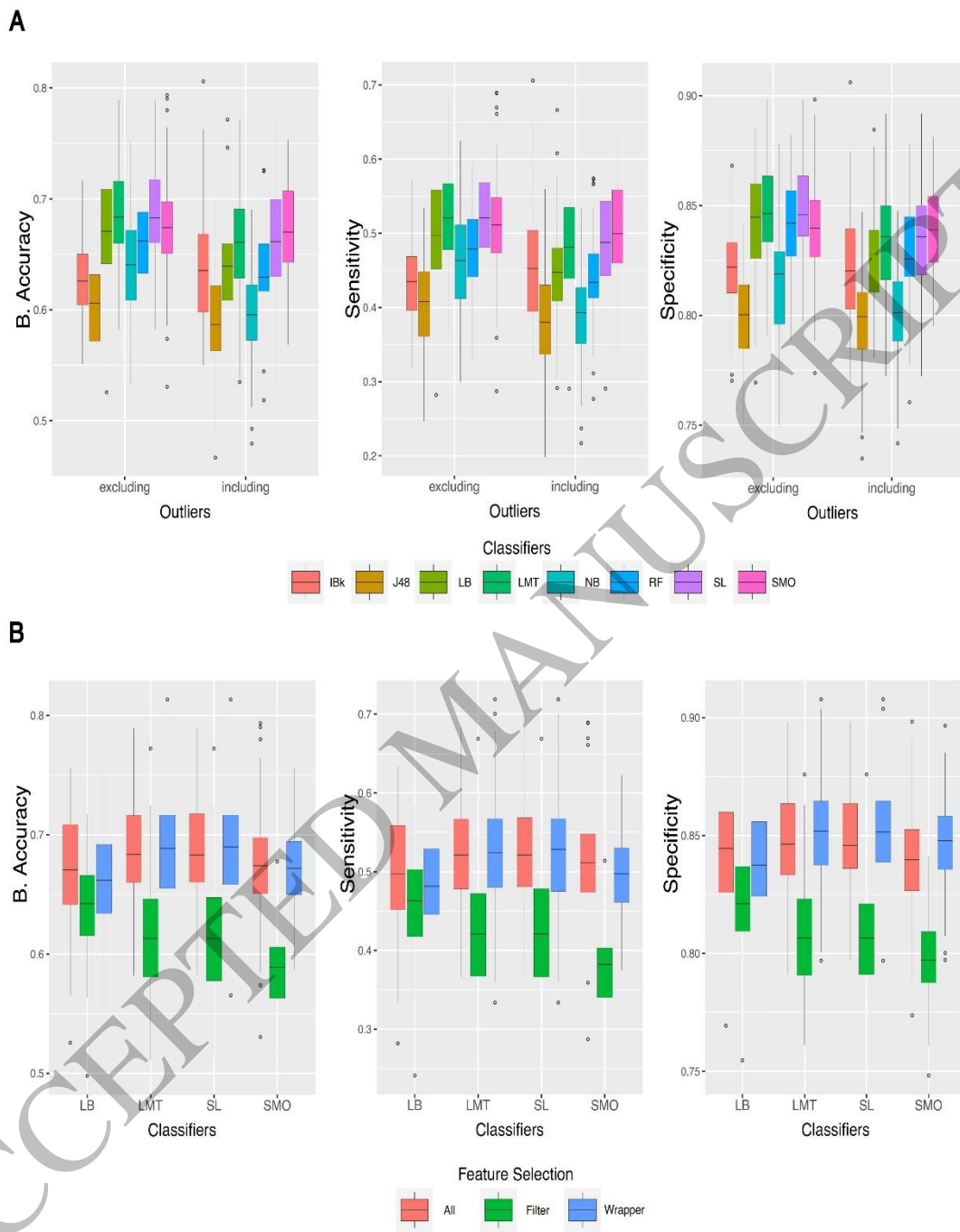


Figure 2
513x545 mm (x DPI)

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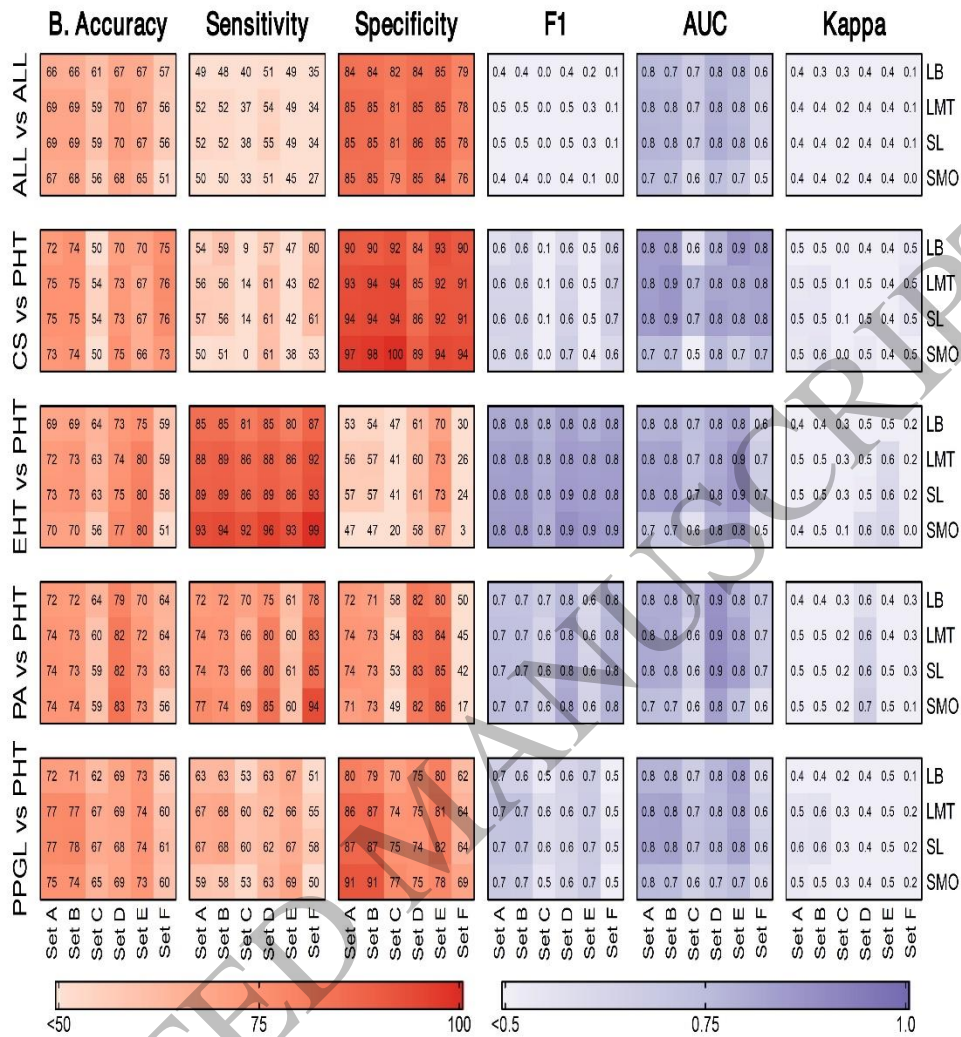


Figure 3
518x366 mm (x DPI)

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A



B

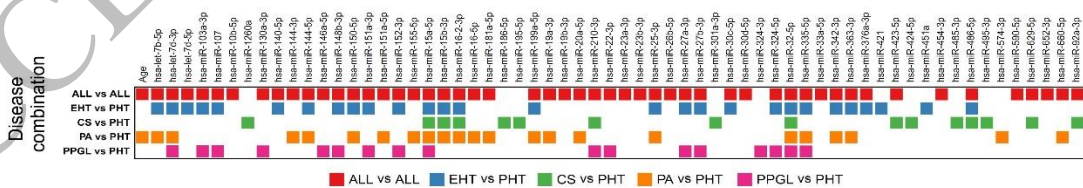


Figure 4
401x559 mm (x DPI)