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#ScotPublicHealth



# Social Justice in Public Health

Preventing premature death  
and morbidity in Scotland

28-29 November 2019



**Faculty of Public Health**  
Committee of the Faculty of Public Health in Scotland

Dunblane  
Hydro Hotel

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Conference Programme

# Social Justice in Public Health

## Preventing premature death and morbidity in Scotland

### What is happening?

This is an important time for public health in Scotland with a major national reform programme, new national priorities and ever increasing demand on our health services.

At the same time the major public health challenges of inequality, drug misuse, abuse and violence continue.

### What's the plan?

This year we wish the conference to focus on social justice and within that to consider how to maximise prevention to improve health life expectancy across the whole population.

### So how can I help?

We encourage you to join the discussion on social justice including the needs of vulnerable groups, ways of improving access to preventative care and addressing the determinants of inequality. There will be world-class key note addresses on social justice, mental health, young people and prevention of chronic disease as well as discussions on the reform programme. We also hope there will be presentations and thinking about how we manage capacity and demand for public services taking into account need, human rights and effectiveness. There will be sessions and workshops on ensuring Health in all policies and impact assessments.

### Why should I join in?

The conference will be a time and space to share our learning, present and discuss new ideas and debate how we ensure everyone in our society realises their right to the best health possible.

We are aware how busy everyone is in their day job but it is important we come together as people committed to social justice, people with an interest in the health of Scotland and people with knowledge and skills in public health to think, learn and plan for the future.

Emilia Crighton & Linda de Caestecker, NHS Greater Glasgow and Clyde,  
Oliver Harding, NHS Forth Valley

# Programme

## Day 1 Thursday 28 November 2019

09:00 – 10:00	<b>Registration and Coffee</b>
10:00 – 10:15	<b>Welcome and Introduction</b> Julie Cavanagh, Convenor, Faculty of Public Health – Scotland
10:15 – 10:45	<b>Plenary 1: Why is Policing Important to Public Health?</b> Assistant Chief Constable Gary Ritchie of Partnership, Prevention and Community Wellbeing Chair: Angela Leitch, Chief Executive, Public Health Scotland
10:45 – 11:15	<b>Plenary 2: Ministerial Address</b> Joe FitzPatrick MSP, Public Health Minister, Scottish Government Chair: David Crichton, Chair, NHS Health Scotland
11:15 – 11:45	<b>Refreshments/Exhibitions &amp; Poster Displays</b>
11:45 – 12:15	<b>Plenary 3: Social justice/prevention to improve health and wellbeing, specifically within the care system</b> Fiona Duncan, Chair of the Independent Care Review Chair: John Matthews, Non-executive Board Member, NHS Greater Glasgow & Clyde
12:15 – 13:15	<b>Parallel Session A</b> <span style="float:right">see page 6 for locations</span>
13:15 – 14:15	<b>Lunch/Exhibitions and Poster Displays</b>
<b>Workshops</b>	
	<ul style="list-style-type: none"> <li>Does alcohol remain Scotland's nemesis? <span style="float:right">Strathspey</span></li> <li>Evaluability Assessment – an aid to policy making <span style="float:right">Strathyre</span></li> </ul>
14:15 – 14:40	Indepen-dance performance: 'Stroke Yer Dugs'
14:40 – 15:40	<b>Parallel Session B</b> <span style="float:right">see page 7 for locations</span>
15:40 – 16:00	<b>Refreshments/Exhibitions &amp; Poster Displays</b>
16:00 – 16:30	<b>Plenary 4: Social Justice for people with mental illness</b> Dinesh Bhugra, Emeritus Professor Mental Health and Cultural Diversity, Kings College London Chair: Martin Cheyne, Chair, NHS Ayrshire & Arran
16:30 – 17:00	<b>Plenary 5: Diabetes Prevention: Benefits and Challenges</b> Naveed Sattar, Professor of Metabolic Medicine, University of Glasgow Chair: Gerry McLaughlin, Chief Executive NHS Health Scotland
17:00	<b>Conference Close</b>
17:00 – 18:00	<b>AGM – Committee of the FPH in Scotland</b>
19:00 – 19:15	<b>Conference Reception</b>
19:30 onwards	<b>Awards, Conference Dinner and Networking</b>

## Day 2 Friday 29 November 2019

08:15 – 09:00	<b>Registration and Coffee</b>
09:00 – 09:30	<b>Welcome and Introduction</b> Maggie Rae, President, Faculty of Public Health – Scotland
09:30 – 10:00	<b>Plenary 6: DARE Lecture: Life expectancy in Scotland: what we know, what we don't know, and what we need to do</b> Dr Gerry McCartney, Consultant in Public Health and Head of the Public Health Observatory, NHS Health Scotland Chair: Neena Mahal, Chair, NHS Lanarkshire
10:00 – 10:30	<b>Plenary 7: Developing Strategies to Prevent Drug Deaths Amidst Scotland's Overdose Crisis</b> Kirsten Horsburgh, Strategy Coordinator (drug death prevention), Scottish Drugs Forum Chair: Nick Morris, Chair, NHS Dumfries and Galloway
10:30 – 11:00	<b>Refreshments/ Exhibition &amp; Poster Displays</b>
11:00 – 12:00	<b>Parallel Session C</b> <span style="float:right">see page 8 for locations</span>
12:00 – 13:00	<b>Lunch/Exhibition &amp; Poster Displays</b>
<b>Workshop</b>	
	<ul style="list-style-type: none"> <li>From Inequalities to Inequities to Injustice: Understanding Social Justice in Public Health <span style="float:right">Strathspey</span></li> <li>The role of public hearings in tackling health inequalities <span style="float:right">Strathyre</span></li> </ul>
13:00 – 14:30	<b>Parallel Session D</b> <span style="float:right">see page 9&amp;10 for locations</span>
14:30 – 14:45	<b>Refreshments/Exhibitions &amp; Poster Displays</b>
14:45 – 15:15	<b>Plenary 8: Culture, health and social change</b> Leonie Bell, Strategic Lead, Cultural Regeneration, Renfrewshire Council Chair: Alex Linkston, Chairman, NHS Forth Valley
15:15 – 15:45	<b>Plenary 9: Social Justice and Public Health: What's our Brand?</b> Andrew Fraser, Chair, Scottish Directors of Public Health Chair: John Brown, Chair, NHS Greater Glasgow & Clyde
15:45 – 16:15	<b>Closing Remarks and Presentation of Prizes for the Best Posters</b>
16:15	<b>Conference Close</b>

The organisers reserve the right to alter the programme as necessary without prior notification

# General Information

## Sustainable Events

The Faculty of Public Health Annual Scottish Conference is committed to running a sustainable event and has put in place the following environmental policies and procedures:

## Recycled Paper

All event documentation is printed on recycled paper.

## Recycling

All leftover delegate materials will be recycled after the conference.

## Delegate Bags

No delegate bags or folders will be provided this year. Delegates are advised to bring their own if they wish.

## Conference Reception & Dinner

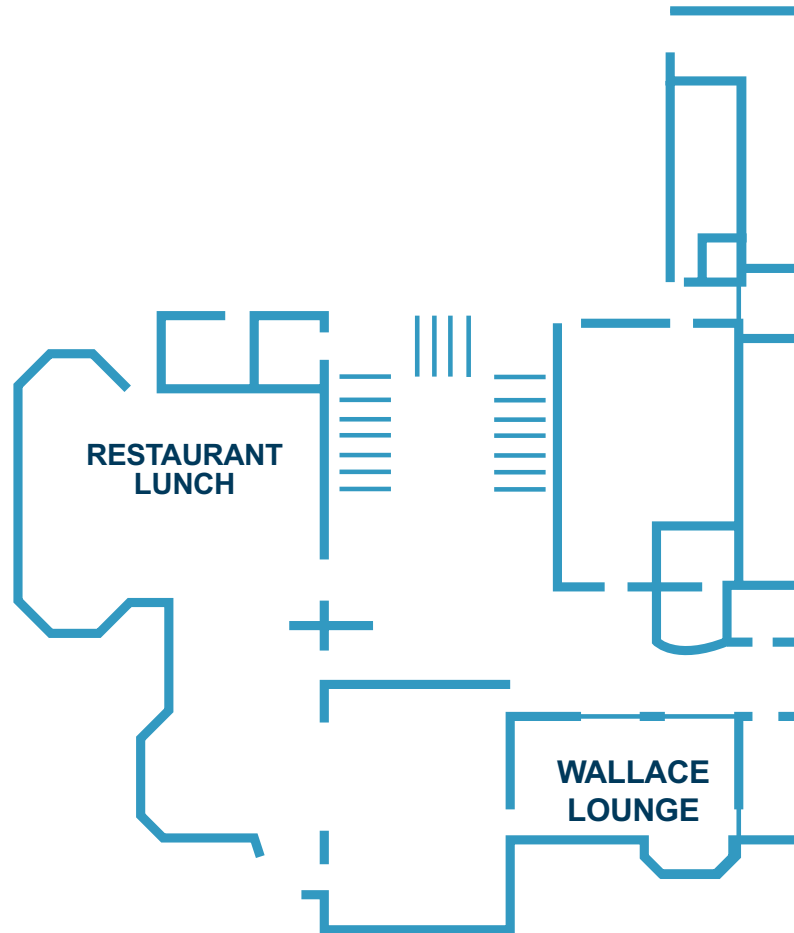
The conference reception will take place in the exhibition foyer from 19:00-19:15. Prizes will be announced prior to dinner at 19:45. All guests are asked to be seated by 19:15.

## Wifi

Free wifi is available throughout the venue. Please ask the registration desk for further details.

# Floor plan

## FIRST FLOOR

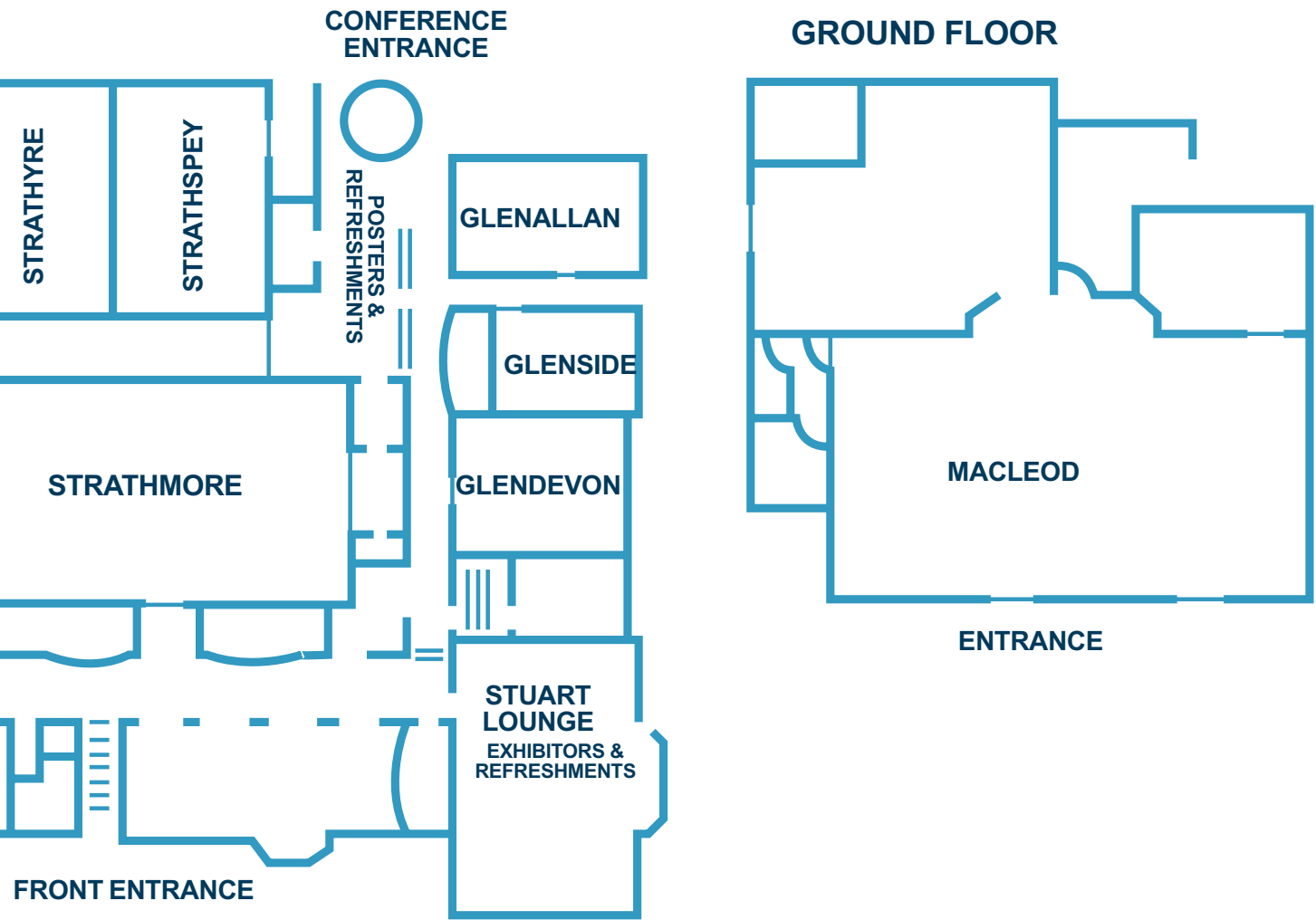


# Posters

## Poster Competition

A poster competition for the best posters will take place over the two days of the conference with a different set of posters each day – Thursday 28th and Friday 29th November.

There are three categories in which all delegates have the opportunity to vote on each day. Poster voting forms are available in the poster area. Winners will be announced over the two days of the conference.



**Category 1**  
Sponsored by ScotPHN

Delegates are asked to vote for a poster taking into account its visual impact, clarity of content and the contribution to public health.

**Category 2**  
Sponsored by ScotPHN

In recognition of the ScotPHN's ethos of joint working across NHS Board areas and organisations involved in driving forward health improvement and services, delegates are asked to vote for a poster which describes a piece of work that successfully involved several organisations.

**Category 3**  
Sponsored by NoSPHN

In recognition of NoSPHN's focus on remote, rural and island public health, delegates are asked to vote for the poster which best contributes to improving remote, rural and island public health.

## Parallel sessions day one session A

Thursday 28 November 2019 12:15 – 13:15

	Title	Author, Organisation
<b>A1</b>	<b>Treatment 1</b>	<b>MacLeod</b>
	Effectiveness of the use of implementation intentions on reduction of substance use: a meta-analysis.	Amy Malaguti, NHS Tayside
	Bringing Injecting Equipment and specialist services to the client: an assertive outreach approach	Susan Carmichael, Harm Reduction Team, NHS Lothian
	Low-threshold access to opioid agonist treatment (OAT): A right to life	Elinor Dickie, NHS Health Scotland David Liddell, Scottish Drugs Forum
<b>A2</b>	<b>Homelessness</b>	<b>Strathspey</b>
	Homelessness and poverty: a reflexive mapping exercise (RME) of services to improve accessibility and engagement of people with complex needs	Andrea Rodriguez, University of Dundee
	Lived experiences of health condition management in the context of food insecurity	Flora Douglas, Robert Gordon University
	Pharmacy Homeless Outreach Engagement Non-medical Independent prescribing (Rx) intervention in Glasgow city centre	Sharon Lucey, Simon Community Scotland
<b>A3</b>	<b>Diseases 1</b>	<b>Wallace Lounge</b>
	Detecting missed opportunities for HIV diagnosis in North-East Scotland: a summary of audit findings 2016-18	Jacqueline Bell, NHS Grampian
	Ageing with HIV: a health needs assessment	Chris Stothart, NHS Lothian
	The impact of increased targeted dried blood spot testing on Hepatitis C prevalence in Tayside	Ross McGowan, NHS Tayside (Directorate of Public Health)
<b>A4</b>	<b>Children 1</b>	<b>Strathyre</b>
	Are rurality and access to services associated with rates of P1 Child Obesity in Scotland?	Sarah Griffin, Argyll and Bute HSCP
	Creating school environments which support mental wellbeing – what matters to children and young people?	Claire Beynon, Public Health Wales
	“Instagram and Facebook are most guilty for it...”: Young people’s views of unhealthy food marketing	Andy MacGregor, Scot Cen
<b>A5</b>	<b>Mortality 1</b>	<b>Strathmore</b>
	Developing a strategy to fulfil our duty to implement a sufficient public health response to the recent mortality trends in Scotland	Gerry McCartney, NHS Health Scotland
	A review of alcohol related deaths in GGC: what lessons have we learned from three audits?	Catherine Chiang, NHS Greater Glasgow and Clyde
	Exploring QI in public health – opportunities and risks	Emma Little, NHS Health Scotland
<b>A6</b>	<b>Screening</b>	<b>Glenallan</b>
	An evaluation of the success of pop-up clinics in overcoming barriers and improving uptake of cervical screening invitations	Gregory Baker, NHS Tayside, Directorate of Public Health
	Cervical screening in a deprived population	Eilidh O’Neil, Arthursstone Mill Medical Centre
	Impact of population-level tobacco control interventions on socioeconomic inequalities in smoking: a systematic review	Caroline Smith, University of Edinburgh
<b>A7</b>	<b>AMR</b>	<b>Glendevon</b>
	The epidemiology of antimicrobial resistance in Scottish children	Andrew Rideout, NHS Dumfries & Galloway
	Rates of recurrent S.aureus bacteraemia infections associated with long line risk factors – survival analysis of surveillance data in Scotland.	Elaine Glass, NHS National Services Scotland (Health Protection Scotland)
	Deprivation as a barrier to an outpatient service: Identifying the problem and potential solutions	Colin Sumpter, NHS Forth Valley

**Parallel sessions day one session B**

**Thursday 28 November 2019 14:40 – 15:40**

	<b>Title</b>	<b>Author, Organisation</b>	
<b>B1</b>	<b>Diseases 2</b>		<b>Glenallan</b>
	The impact of major mental illness on quality of care in people with type 2 diabetes in Scotland	<b>Kelly Fleetwood</b> , Usher Institute, The University of Edinburgh	
	Results of a latent TB testing pilot in an underserved population registered with the Edinburgh Access Practice (primary care) NHS Lothian	<b>Janet Stevenson</b> , NHS Lothian <i>By video - supported by Katie Hawkins</i>	
	No Health Without Oral Health – How oral health contributes to Public Health Priorities in Scotland	<b>Valerie White</b> , NHS Dumfries & Galloway	
<b>B2</b>	<b>MUP 2</b>		<b>Strathspey</b>
	MUP Evaluation: Compliance (Licensing) Study	<b>Elinor Dickie</b> , NHS Health Scotland	
	Evaluating Minimum Unit Pricing for Alcohol in Scotland: a natural experiment	<b>Andrew Millard</b> , Medical Research Council, Glasgow	
	Evaluating the economic impact of minimum unit pricing on alcohol producers and license holders: baseline economic indicators and short term outcomes	<b>Andrew Leicester</b> , Frontier Economics	
<b>B3</b>	<b>Mortality 2</b>		<b>Strathyre</b>
	'Just' a bad winter: seasonality in mortality and stalling life expectancy improvements	<b>Lynda Fenton</b> , NHS Health Scotland	
	To what extent is there geographical variation in the recent stalling of life expectancy in Scotland?	<b>Clare Campbell</b> , NHS Fife	
	What does life expectancy mean to you?	<b>Lynda Fenton</b> , NHS Health Scotland	
<b>B4</b>	<b>Miscellaneous 1</b>		<b>Strathmore</b>
	Lanarkshire Green Health Partnership: connecting people with nature	<b>Vicki Trim</b> , NHS Lanarkshire	
	With social justice in mind: what does it mean for prevention and mental health?	<b>Allyson McCollam</b> and <b>Emma Hogg</b> , NHS Borders	
	Local authority powers and public health	<b>Julie Arnot</b> , ScotPHN	
<b>B5</b>	<b>Methods 1</b>		<b>MacLeod</b>
	Understanding the healthcare needs of those with poor mental health through Participatory Appraisal	<b>Thomesena Lochhead</b> , NHS Dumfries & Galloway	
	An assessment of the psychometric properties of the recovery capital questionnaire (RCQ) for drug and alcohol addiction	<b>John Burns</b> , NHS Health Scotland	
	Towards A Public Health Code of practice for Scotland - our culture of public health practice	<b>Farhang Tarzib</b> , Faculty of Public Health	
<b>B6</b>	<b>Training</b>		<b>Glendevon</b>
	Exploring staff skills, knowledge and confidence to be trauma informed – a training needs assessment for Addictions, Community Justice, Homelessness Services and Prison and Police Custody Healthcare	<b>Louise Gallagher</b> , NHS Greater Glasgow & Clyde	
	Health Needs Assessment to design public health interventions to improve staff health and wellbeing in NHS Grampian	<b>Imran Arain</b> , NHS Grampian	
	Building capacity to tackle health inequalities	<b>Lynda Thomson</b> , NHS Highland	
<b>B7</b>	<b>Housing</b>		<b>Wallace Lounge</b>
	Early Intervention & Prevention of accidental house fires for Mental Health clients	<b>Joanne O Suilleabhain</b> , NHS Forth Valley	
	Intervening in the cycle of poverty, poor housing and poor health: turning a tenancy into a home	<b>Lisa Garnham</b> , Glasgow Centre for Population Health	
	“Well yous dinnae get offered therapy, ken what I mean?”: Development of a Health Psychology support service for nicotine addiction during a “smoke-free” psychiatric admission “	<b>Emma Wilson</b> , NHS Tayside	
<b>B8</b>	<b>Suicide</b>		<b>Glenside</b>
	What are the costs and benefits of a local suicide review process? A 3 year review of the Tayside Multiagency Suicide Review group	<b>Jane Bray</b> , NHS Tayside	
	The role of social media in suicide prevention	<b>Samantha Meiring</b> , Doctor	
	Is oral health an important factor for mental health among people in custody in Scottish prisons?	<b>Garima Arora</b> , Dental Health Services Research Unit, University of Dundee	

## Parallel sessions day two session C

Friday 29 November 2019

11:00 – 12:00

	Title	Author, Organisation	
<b>C1</b>	<b>Prison</b>		<b>Strathyre</b>
	An investigation of putative exposure of staff to novel psychoactive substances in a prison in Scotland	Kate Mark, NHS Lothian	
	From release to recovery: prisoner continuity of care, a systems approach	Marc Connor, University of Essex	
	Constructive connections: building resilience and improving outcomes for children and young people affected by parental involvement in the criminal justice system in Scotland	Tony Long, University of Salford	
<b>C2</b>	<b>Methods 2</b>		<b>Strathmore</b>
	What is the best economic measure for population health? A cross-national European analysis of the relationships between GDP, median income, unemployment rates and mortality	Vittal Katikireddi, University of Glasgow	
	Measuring health inequalities within Scottish health and social care services	Andrew Pulford, NHS Health Scotland	
	CHIN (Combined Health Intelligence Node). A pooled resource for integrated intelligence leadership: substance use (SU), sexual health (SRH), and blood borne viruses (BBV).	Duncan McCormick, NHS Lothian Gwen Bayne, NHS Lothian	
<b>C3</b>	<b>Treatment 2</b>		<b>Glenside</b>
	Systematic review and meta-analysis of the effect alcohol brief intervention on alcohol consumption when carried out in a non-face to face setting	Ingrid Kerr, University of Glasgow	
	Distress Brief Interventions – 3 years experience of a National pilot programme	John Mitchell, Scottish Government	
	One year experience of NHS Lothian's Edinburgh Steroid Clinic, and the presentation of men who attended	Con Lafferty, NHS Lothian Harm Reduction Team	
<b>C4</b>	<b>Overseas</b>		<b>Wallace Lounge</b>
	What can public health learn from volunteering for humanitarian emergencies overseas?	Harpreet Kohli, Retired public health physician, and Trustee, UK-Med	
	Barriers to immunization, a qualitative study in Sudan	Sara Brair, Al Neelain University	
	Informing prevention of stillbirth and preterm birth in Malawi: development of a minimum dataset for hospitals participating in the DIPLOMATIC collaboration	Beatrix von Wissmann, NHS National Services Scotland, Public Health Intelligence	
<b>C5</b>	<b>Children 2</b>		<b>Glenallan</b>
	A Preconception Health Framework for Scotland	Laura Gibson, NHS Dumfries and Galloway	
	The Health Visiting service of Scotland against the Getting it Right for Every Child (GIRFEC) policy approach: Moving towards a preventative framework	Nikoletta Komvoki, The Centre for Child Wellbeing and Protection	
	It Happens Here: A Child Sexual Exploitation Campaign for Dumfries and Galloway	Laura Gibson, NHS Dumfries & Galloway	
<b>C6</b>	<b>Miscellaneous 2</b>		<b>Glendevon</b>
	Engaging underserved populations in immunisation	Emma Riches, NHS Health Scotland	
	The Cost of the Pregnancy Pathway	Dr Matthias Rohe, NHS Greater Glasgow & Clyde	
	Developing programmes to address risk clustering in young people aged 12 - 18 years old	Linda Morris, Glasgow Health & Social Care Partnership	
<b>C7</b>	<b>Community</b>		<b>Strathspey</b>
	Active Bystander Communities: a feasibility and effectiveness study of a domestic abuse bystander intervention in community settings	Alexa Gainsbury, Public Health England	
	'It's not nine-to-five recovery': How recovery communities help overcome social isolation and sustain long-term recovery	Martin Anderson, University of Glasgow	
	Integrating Money Advice within Deep End GP Practices	Douglas O'Malley, NHS Greater Glasgow & Clyde	
<b>C8</b>	<b>Health in All Policies</b>		<b>MacLeod</b>
	Advocating for health and well-being in uncertain times: A Health Impact Assessment (HIA) of Brexit in Wales.	Nerys Edmonds, Public Health Wales NHS Trust	
	Equity sensitive universalism – a new approach to prevention	Chrissie Pickin, Independent consultant	
	Statutory health impact assessment is coming to Wales: The evolution of HIA as a tool for health in all policies	Nerys Edmonds, Public Health Wales NHS Trust	



**Parallel sessions day two session D**

**Friday 29 November 2019**

**13:00 – 14:30**

	<b>Title</b>	<b>Author, Organisation</b>
<b>D1</b>	<b>Miscellaneous 3</b>	<b>Strathspey</b>
	The Navigator Programme: a novel way to reduce presentations to our Emergency Departments	<b>Stephen Magill</b> , NHS Greater Glasgow and Clyde
	Developing a whole population approach to tackling gambling harms in Glasgow City	<b>Michelle Gillies</b> , ScotPHN
	Distress Brief Intervention (DBI) pilot evaluation: Interim findings	<b>Joanne McLean</b> , Scot Cen
	Community link working in Scotland – what can we learn from the ‘early adopters’?	<b>Jane Ford</b> , NHS Health Scotland
	Development of an evidence based interactive planning tool for the delivery of community alcohol campaigns.	<b>Lee Craig</b> , Glasgow Health and Social Care Partnership
<b>D2</b>	<b>Children 3</b>	<b>Strathmore</b>
	The relationship between childhood socio-economic position and Adverse Childhood Experiences (ACEs): a systematic review	<b>David Walsh</b> , Glasgow Centre for Population Health
	Taking a whole system public health approach to child poverty in Scotland	<b>Kerry McKenzie</b> , NHS Health Scotland
	Taking a city-wide approach to tackling child poverty and embedding change: reflections on Glasgow’s responses to Child Poverty Act (2017) Scotland and the new Duty	<b>Fiona Moss</b> , Glasgow Health and Social Care Partnership
	What are the needs of children experiencing homelessness in Lanarkshire?	<b>Rebecca Campbell</b> , NHS Lanarkshire
<b>D3</b>	<b>Arts</b>	<b>Glenside</b>
	Integrating an arts programme into CAMHS inpatient unit and day programme	<b>Catriona McIntyre</b> , Edinburgh Children’s Hospital Charity
	Colouringness Book: a mindfulness colouring book created to help children and young people with ADHD transition from primary to secondary school	<b>Catriona McIntyre</b> , Edinburgh Children’s Hospital Charity
	Introducing a dance programme to work alongside physiotherapy within a children’s hospital	<b>Jessica Proudman</b> , Edinburgh Children’s Hospital Charity
<b>D4</b>	<b>Mortality 3</b>	<b>Strathyre</b>
	Cocaine use in Tayside: a review of the changing epidemiology	<b>Emily Stevenson</b> , NHS Tayside
	Human factors in substance misuse services, how the understanding of systems has informed drug and alcohol related death prevention in Aberdeenshire	<b>Tara Shivaji</b> , NHS Grampian
	Drug-related deaths: treatment saves lives	<b>Elinor Dickie</b> , NHS Health Scotland, <b>Lee Barnsdale</b> and <b>Lesley Graham</b> , NHS National Services Scotland Information Services Division
	The epidemiology of non-fatal opiate overdose in NHS Grampian area and implications for service planning 2017-2018.	<b>Tara Shivaji</b> , NHS Grampian
	A comparison of trends in drug deaths and drug-related deaths in Tayside (2012-2017)	<b>Emma Fletcher</b> , NHS Tayside
<b>D5</b>	<b>Green/Active</b>	<b>MacLeod</b>
	Creating a cultural norm for active travel in NHS workplaces	<b>Rhian Davies</b> , Sustrans
	Back to nature: Green Health Prescriptions as prophylaxis for ill-health	<b>Dr Viola Marx</b> , Dundee City Council
	WheelNess – reducing health inequalities in Inverness	<b>Dr Katie Walter</b> , Cairn Medical Practice
	We know that nature improves mental health; but can greenspace therapy deliver tangible outcomes for patients in an intensive rehabilitation ward?	<b>Dan Jenkins</b> , NHS Highland
	Greenspace and Health - NHS estate contribution	<b>Alison MacDonald</b> , Healthy Active Environments, NHS Health Scotland on behalf of the Green Exercise Partnership

## Parallel sessions day two session D

Friday 29 November 2019

13:00 – 14:30

	Title	Author, Organisation
<b>D6</b>	<b>HCPH</b>	<b>Wallace Lounge</b>
	Implementation and evaluation of an adapted hospital at home model in a Scottish context	<b>Calum Leask</b> , NHS Grampian
	Promoting chronic disease self-management through implementing House of Care in the Grampian region	<b>Andrea Gilmartin</b> , NHS Grampian
	Undertaking a Fairer Scotland Duty assessment for the Replacement or Refurbishment of Monklands Hospital Project	<b>Elsbeth Russell</b> , NHS Lanarkshire
	Chalmers Gender Identity Clinic Film	<b>Rebecca Dey</b> , NHS Lothian
	Importance of serial missed appointments in the NHS	<b>Andrea Williamson</b> , University of Glasgow
<b>D7</b>	<b>Parents</b>	<b>Glendevon</b>
	Developing a Mental Health Improvement Framework for Parents and Young Children	<b>Douglas O'Malley</b> , NHS Greater Glasgow & Clyde
	Supporting Parental Mental Health in the Context of Poverty, Adverse Childhood Experiences & the Attainment Gap	<b>Marie Stewart</b> , Glasgow City HSCP
	Healthy Minds – A menu based approach to raising awareness to support positive mental health and wellbeing across the lifecourse	<b>Heather Sloan &amp; Michelle Guthrie</b> , NHS Greater Glasgow and Clyde
	Stepping Stones for Families' 'Family Wellbeing Service': an evaluation	<b>Valerie McNeice</b> , Glasgow Centre for Population Health
	Access to postpartum contraception for Pakistani women: views of women, midwives and obstetricians	<b>Annette Gallimore</b> , NHS Lothian
<b>D8</b>	<b>Primary care</b>	<b>Glenallan</b>
	Respiratory disease; variations in prescribing in primary care	<b>Brian O Suilleabhain</b> , Glasgow Centre for Population Health
	Strengthening the relationships between AHP's and Public Health	<b>Hannah Casey &amp; Lynne Spence</b> , NHS Orkney
	Developing a Primary Care Based Early Intervention and Prevention Service	<b>Fiona Doig</b> , NHS Borders
	SPRING Social Prescribing improving health and wellbeing	<b>Clare Cook</b> , Scottish Communities for Health and Wellbeing
	Implementation of a social prescribing service in primary care	<b>Calum Leask</b> , Aberdeen City Health & Social Care Partnership

# Conference organisation

This year's annual Scottish Public Health Conference is being organised by the Faculty of Public Health in partnership with the West of Scotland Health Boards and comprises the following planning group members:

**Convenor**

**Julie Cavanagh**

**NHS Ayrshire and Arran**

**Regina McDevitt**

**NHS Dumfries & Galloway**

**Laura Gibson**

**NHS Forth Valley**

**Oliver Harding – Co-chair**

**NHS Greater Glasgow & Clyde**

**Emilia Crighton – Co-chair**

**Linda de Caestecker – Co-chair**

**NHS Health Scotland**

**Carrie Blair**

**NHS Lanarkshire**

**Celia Briffa-Watt**

**NHS NSS Public Health & Intelligence**

**Carol Sinclair**

**Public Health Registrar Group**

**Andrew Rideout**

**ScotPHN**

**Phil Mackie**

**Ann Connacher**

**SHSCEvents**

**Cheryl Goff**

**Kathleen Douglas**

**Chris Jordan**

**University of Glasgow**

**David McAllister**

**University of Stirling**

**Kate Hunt**

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# Conference Sponsors



**FACULTY OF  
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## Acknowledgements

The conference organising group appreciate the contributions from the Faculty of Public Health, NHS Health Scotland, NHS Ayrshire & Arran, NHS Dumfries & Galloway, NHS Forth Valley, NHS Greater Glasgow & Clyde, NHS Lanarkshire, ScotPHN and The University of Glasgow.



NHS Ayrshire & Arran serves a population of 370,410, with nearly 40% living in small towns or rural settings. The NHS Board works closely with Community Planning Partners and Health & Social Care Partnerships in North, East and South Ayrshire. The key challenges for the population are changing demographics, poverty and deprivation, and inequalities in health.



NHS Dumfries and Galloway serves a population of 149,000. The NHS Board and Council are coterminous with four districts of Annandale & Eskdale, Nithsdale, Stewartry and Wigtownshire. Issues associated with rurality and an ageing demographic profile are the key challenges.



NHS Forth Valley serves a population of 309,000. Forth Valley lies within central Scotland and stretches from Killin and Tyndrum in the North to Strathblane and Bo'ness in the South, covering approximately 1,000 square miles. The boundaries of NHS Forth Valley are co-terminus with the three Local Authorities; Clackmannanshire Stirling and Falkirk.



NHS Greater Glasgow and Clyde covers a diverse geographical area and serves a population of over 1.1 million. Of the six local authority areas that comprise NHSGGC, Glasgow City accounts for 52.4% of the total population, Renfrewshire 15.3%, East Dunbartonshire 9.3%, East Renfrewshire 8%, West Dunbartonshire 7.9% and Inverclyde 7.1%.



NHS Lanarkshire extends from Kilsyth in the north to Douglas in the south and serves a population of 658,000. The Board area covers the North and South Lanarkshire Council areas. NHS Lanarkshire works closely with both councils and other partnership agencies on improving and protecting health, and developing health care. In Lanarkshire two Integration Joint Boards (IJBs) have been developed for the two council's areas, and strategic plans are in place for North and South Health and Social Care Partnerships.



NHS Health Scotland's vision is a Scotland in which all of its people and communities have a fairer share of the opportunities, resources and confidence to live longer, healthier lives. Our primary role is to work with others to produce, share and implement knowledge of what works to improve the health of the people of Scotland in a fair and equitable way. Our strategic framework for action; 'A Fairer Healthier Scotland 2017-22' sets out how we will do this and continue in our mission to reduce health inequalities and improve the health of the population of Scotland.



NSS supports customers to deliver their services more efficiently and effectively. It offers a range of shared services on a national scale using best-in-class systems and standards. NSS's aim is to help its customers save money and free up resources so they can be re-invested into essential services. It also provides consultancy and support to help public bodies join up health and social care. Public Health and Intelligence is one of six strategic business units in NSS and is comprised of ISD and HPS.



Since it was created over ten years ago, the Scottish Public Health Network (ScotPHN) has added value to the work of Public Health Directorates and agencies across Scotland through delivering national projects and programmes of work, by leading and supporting collaborative networks, and providing the necessary co-ordination for national public health leadership groups, especially that of the Scottish Directors of Public Health and the Scottish Health Promotion Managers. Working across all three domains of the specialist public health function, ScotPHN also provides an opportunity to innovate and sustain new public health practice in areas such as climate change and sustainability, the mitigating financial inequalities, and the health economics of health system change.



### Public Health Registrar Group

There are approximately three dozen Public Health trainees working across Scotland in a range of Territorial Boards, NHS national organisations, and other settings such as academic institutions and Scottish Government. The group encompasses a range of backgrounds, skills, and interests across Public Health, and is actively engaged with Public Health practice and Public Health reform.



The University of Stirling was founded in 1967. Its mission was 'education with a purpose' and it made places available to all who were qualified for them by ability and attainment, based on the understanding of the importance of a skilled workforce for the future wealth and wellbeing of society. The University continues to deliver this vision and now has over 14,000 students from over 120 nationalities, with over 88,000 alumni in 170 countries.



Founded in 1451, the University of Glasgow is the fourth oldest university in the English-speaking world. It is one of the top 100 of the world's universities and has been named Scottish University of the Year by The Times and The Sunday Times Good University Guide 2018. It welcomes students from more than 140 countries worldwide, has around 28,000 undergraduate and postgraduate students, and is a major employer in the city of Glasgow with more than 8,000 staff, including more than 3,400 research and teaching staff. It includes among its alumni, the father of economics Adam Smith, Scotland's architect of devolution Donald Dewar and renowned physicist and engineer Lord Kelvin.

A focus on public health has seen the University help to shape policies that improve the health of populations and reduces health inequalities both in Scotland and across the world. Work in this area includes policy evaluation, social and economic determinants of health and health inequalities, applied epidemiology, diabetes prevention and management and health behaviour change.