

Dundee Women's Festival 2021

5th – 14th
March



THE POWER OF WOMEN

dundeewomensfestival.org.uk | [@dundeewomenfest](https://twitter.com/dundeewomenfest) | dundeewomensfest@gmail.com

WELCOME!

Welcome to a very different Dundee Women's Festival – we have gone all virtual! Thanks to the ingenuity and co-operation of all our partners we are able to offer you an amazing programme of over forty events. Check out the programme and stay up to date by following us on social media, as there may be slight changes. We are living in uncertain times, afterall. These events are open to all wherever you live, locally, in Scotland, elsewhere in the UK and across the world. Come and join us as we celebrate the 'Power of Women' in the centenary year of International Women's Day. Take a break from COVID-19, relax and enjoy. Looking forward to meeting you all in March.

Prue and the DWF trustees

USING THIS PROGRAMME:

A calendar of all events can be found on [page 3](#), followed by more detailed listings. Key information and links to booking pages are shown on the right hand side of each listing. If the event you are interested in does not have a booking link, please contact the organisers for booking details. Some events are available on a drop-in basis throughout the festival – these can be found on [pages 13–14](#).

COVID-19:

All events are online unless otherwise stated. Due to the ongoing Covid-19 pandemic, there may be changes to events or cancellations at short notice. We recommend following DWF and our events organisers on social media to stay updated. In-person events will have limited capacity – please book early to avoid disappointment! Participants of in-person events will also be asked to follow government guidelines on social distancing and mask wearing.

GET IN TOUCH & STAY UPDATED:

dundeewomensfestival.org.uk

[@dundeewomenfest](https://www.instagram.com/dundeewomenfest)

dundeewomensfest@gmail.com

DUNDEE WOMEN'S FESTIVAL

5TH-14TH MARCH 2021

All events are free, online and require booking in advance unless otherwise stated. Click the title of each event to direct you to its full event listing. Please be aware that due to the Covid-19 pandemic, there may be changes to events or cancellations at short notice. Please follow Dundee Women's Festival on social media and see the full programme for more updates.

MONDAY 8 TH
The Art of Sleep? 10am – 4pm £15
Online Pressures of the 21st Century 1 – 3pm
● Sew Your Own Reusable Period Pad 2 – 4pm Dundee and Angus College
Jessie M. King – Dundee's First Professional Female Journalist 3 – 4pm
Resilience in Challenging Times: Lessons from Earlier Losses 4pm
Menopause Café in partnership with Endometriosis UK 6 – 7:30pm
Women and the Climate Crisis 7 – 9pm

TUESDAY 9 TH
Motherhood and the Visual Arts 10am – 12pm
□ WRASAC Women's Wellbeing Event 10am – 3pm
Afternoon Tea and Chat with the Leverhulme Research Centre for Forensic Science 2:30 – 4:30pm
Overcoming Challenges: Women Entrepreneurs in Nablus Palestine 6 – 7:30pm
HERbology and Health: Lady's Mantle to Foxglove 7 – 7:45 pm

WEDNESDAY 10 TH
● Sew Your Own Reusable Period Pad 10am – 12pm Dundee and Angus College
□ Rising Stronger from Gender Based Violence 2 – 4pm
Forensic Fibres 6:30 – 8:30pm

THURSDAY 11 TH
Online Pressures of the 21st Century 10am – 12pm
In Their Own Words 11am – 12pm
□ Sister Earth – Glasgow Women's Library Story Café 11am – 12:30pm
□ Empowering Women at Work and Beyond 12 – 1:30pm
6 Questions – Jess, Tashi and Aya 2pm
● Sew Your Own Reusable Period Pad 6 – 8pm Dundee and Angus College
The Second Hand Wardrobe: How to Thrift Like A Pro 7:30 – 8:30pm
6 Questions – Jess, Tashi and Aya 8pm

KEY
● In-person event
□ Women only
▲ Suitable for children

SATURDAY 6 TH
Let's Talk Sustainable Periods 10 – 11am
□ There is no magic money tree - or is there? 11am – 1pm
Are We Imposters? 2 – 3:30pm

FRIDAY 12 TH
Women Work in Transport 2pm

SATURDAY 13 TH
Everyday Feminism: How University of Dundee staff and students incorporate inter-sectional feminism into their learning and teaching 2pm

THROUGHOUT THE FESTIVAL 5 TH -14 TH MARCH
All free, no need to book, access online anytime during the festival unless otherwise stated
▲ Virtual Family Fun with Women in STEM (available from 8 th March)
▲ Starcuddie
▲ Yarn Birds Wellbeing Activity
Inspirational Women in our Lives
Warrior/Strong Woman
Dundee Women's Trail
The P Pod
Abertay 25: The Power of Stories
Women in Anatomy and Forensic Anthropology
Taking Space



SATURDAY 6TH MARCH

LET'S TALK SUSTAINABLE PERIODS

Join Gate Church Carbon Saving Project for an online workshop on sustainable periods, where we will learn about the environmental and other impacts of traditional period products. We will go through some of the more sustainable options and will have a limited number of free products (menstrual cups and reusable pads) for you to collect and try yourself!

FREE
10 – 11am
Booking essential
[BOOK VIA GATECHURCH.ORG.UK](https://www.gatechurch.org.uk)

THERE IS NO MAGIC MONEY TREE – OR IS THERE? A WORKSHOP ON SURVIVING WELL TOGETHER

There is no money, we have been told by government. But is this actually true? In this workshop, we will investigate: Where does money come from? Who makes it? And how much of it? And where does it go? And where would we put it? We will learn how money works and then use that understanding to come up with new ideas to solve the problems we face.

This is a workshop about the economy for people who think the economy is boring. Supported by popular economics education charity Economy (ecnymy.org).

FREE
11am – 1pm
Women only
[BOOK VIA EVENTBRITE](https://www.eventbrite.com)

'ARE WE IMPOSTERS?' THE UPRISING OF IMPOSTER SYNDROME IN WOMEN

ScienceGrrl Glasgow presents an interactive discussion on the high levels of imposter syndrome suffered by women. Why is this more prevalent in women and how do we overcome this?

Come and meet our team in this safe space environment for an open discussion. This will involve women in professional industries sharing their own experiences with imposter syndrome, advice on how to overcome this, and learn a little more about the work we do to support and highlight girls and women in STEM everywhere.

FREE
2 – 3:30pm
Booking essential
[BOOK VIA EVENTBRITE](https://www.eventbrite.com)



MONDAY 8TH MARCH

THE ART OF SLEEP? : A DAY EVENT WITH CREATIVE ACTIVITIES ALL AROUND THE THEME OF SLEEP

Some of us sleep well, some of us don't. Why do we sleep? And how much do we need sleep? What do our dreams mean and how do they influence us from our waking lives?

Local Social enterprises How It Felt & ScrapAntics are teaming up to bring you a full day of activities, creative exploration, discussion and sensory experiences around sleep.

Let's come together as women to explore this shared human experience. To look into deeper meanings and support each other with why sleep is important and how the modern world affects it and how it affects our own wellbeing.

£15 (lunch provided)

10am – 4pm

**Women only
(trans, intersex and
non-binary inclusive)**

**SCRAPantics, Unit 2,
West Hendersons
Wynd, Meadow Mill,
DD1 5BY**

Booking essential

[BOOK VIA EVENTBRITE](#)

ONLINE PRESSURES OF THE 21ST CENTURY

What are your children doing on line? How much do you know about the people they are talking to? Do they believe everything they see?

Join us for a workshop on how young people use social media today, and who they might be meeting. Learn how using apps like TikTok and Instagram can pull them towards fake news, conspiracy theories and extremism.

You'll get tips for talking to them about privacy settings and how to spot posts which are pushing false information.

Delivered by Dundee International Women's Centre's Scottish Government funded Safety Net team.

FREE

1 – 3pm

Booking essential

**EMAIL TO BOOK
VAQAR@DIWC.CO.UK**

SEW YOUR OWN REUSABLE PERIOD PAD

During two-hour session you will learn how to use a sewing machine and sew your own reusable cotton period pad or two.

Reusable cotton period pads have so many benefits for yourself and for the environment! So why not give it a try?

All materials plus tutorial is provided! So just bring yourself

FREE

2 – 4pm

**Dundee and Angus
College, Gardyne
Campus, Gardyne Road,
Broughty Ferry, DD5 1NY**

Booking essential

[BOOK VIA EVENTBRITE](#)

MONDAY 8TH MARCH (CONTINUED)

JESSIE M. KING – DUNDEE'S FIRST PROFESSIONAL FEMALE JOURNALIST

The People's Friend, in conversation with Charlotte Lauder, on the fascinating story of Jessie M. King – Dundee's First Professional Female Journalist.

FREE

3 – 4pm

Booking essential

[BOOK VIA EVENTBRITE](#)

RESILIENCE IN CHALLENGING TIMES: LESSONS FROM EARLIER LOSSES. WITH DR DONNA BONNER

Dr Donna Bonner is a cultural anthropologist who has worked in several countries. In 2005 her life was disrupted by the Hurricane Katrina Disaster and her home was destroyed. Now riding out the Covid-19 pandemic she shares her experiences on trauma recovery and resilience.

FREE

4pm

Booking essential

[BOOK VIA EVENTBRITE](#)

MENOPAUSE CAFÉ IN PARTNERSHIP WITH ENDOMETRIOSIS UK DUNDEE SUPPORT GROUP

Join Menopause Café and Vicky Chapman from Endometriosis UK Dundee Support Group, to talk all-things-menopause and all-things-endometriosis in a respectful space.

FREE

6 – 7:30pm

Booking essential

[BOOK VIA MENOPAUSECAFE.NET](#)

WOMEN AND THE CLIMATE CRISIS

Join Gate Church Carbon Saving Project for an online discussion where an inspiring variety of guest speakers will discuss why they think women can be a major part of solving the Climate and Ecological Crises, taking into account the importance of diversity, politics, academia, activism, psychology and the fact that women will be disproportionately affected. We hope you will leave feeling inspired to get involved in whatever way you can!

FREE

7 – 9pm

Booking essential

[BOOK VIA GATECHURCH.ORG.UK](#)

TUESDAY 9TH MARCH

MOTHERHOOD AND THE VISUAL ARTS

Presented by Dr Laura Leuzzi, an art historian.

The event will explore how the various visual art forms have presented images of Motherhood across the ages.

FREE

10am – 12pm

Booking essential

[BOOK VIA EVENTBRITE](#)

WRASAC WOMEN'S WELLBEING EVENT

Annual wellbeing event for women engaged with any of the Violence Against Women Partnership Organisations in Dundee.

FREE

10am – 3pm

Women only

Booking essential

[BOOK VIA](#)

WRASAC.ORG.UK

AFTERNOON TEA AND CHAT WITH THE LEVERHULME RESEARCH CENTRE FOR FORENSIC SCIENCE

Join us for an informal virtual chat over an afternoon tea.

We invite participants to this informal virtual event where you can ask questions to researchers and staff from the Centre about their work.

Unfortunately due to the current restrictions we are unable to provide the afternoon tea. We can suggest some recipes though!

FREE

2:30 – 4:30pm

[BOOK VIA EVENTBRITE](#)



TUESDAY 9TH MARCH (CONTINUED)

OVERCOMING CHALLENGES: WOMEN ENTREPRENEURS IN NABLUS PALESTINE

A talk by Anan Atteereh, Deputy Governor of Nablus followed by Q&A discussion.

The World Bank recently reported that the highest rate for women led start-ups is found in Palestine. This seems remarkable given the oppressive Israeli occupation coupled with high levels of poverty and unemployment in the West Bank. Although women are active in the labour force, female participation remains low at 21%. Despite challenges including cultural barriers, restricted mobility and limited access to markets and capital, Palestinian women through entrepreneurship are creating their own economic opportunities. It is a testament to their determination and strength. Talk and discussion hosted by the Dundee-Nablus Twinning Association to promote friendship and understanding.

FREE

6 – 7:30pm

[REGISTER VIA ZOOM](#)

HERBOLOGY AND HEALTH: LADY'S MANTLE TO FOXGLOVE

Join our researchers and experts as they discuss how research into women's health has been effected by plants. In collaboration with the Dundee Botanic Gardens, WCAIR are creating a Medicinal Garden. It highlights not only the history of medicinal plants but celebrates how modern medical research still use active ingredients from nature. Within our Q&A event our team will explore plants such as Lady's Mantle which has been shown to have value fighting oestrogen related cancers.

Don't forget to visit our website where we have colouring sheets, a scavenger hunt, and lots more fun activities!

FREE

7 – 7:45pm

[BOOK VIA EVENTBRITE](#)



WEDNESDAY 10TH MARCH

SEW YOUR OWN REUSABLE PERIOD PAD

During two-hour session you will learn how to use a sewing machine and sew your own reusable cotton period pad or two.

Reusable cotton period pads have so many benefits for yourself and for the environment! So why not give it a try?

All materials plus tutorial is provided! So just bring yourself

FREE

10am – 12pm

**Dundee and Angus
College, Gardyne
Campus, Gardyne Road,
Broughty Ferry, DD5 1NY**

Booking essential

[BOOK VIA EVENTBRITE](#)

RISING STRONGER FROM GENDER BASED VIOLENCE

Women from different communities can face particular forms of gender based violence because of the cultural norms of the society they live in.

Sometimes we think of Forced Marriage, Female Genital Mutilation and Honour Violence as things which only happen overseas, but they are happening today to women here in Scotland.

In this interactive workshop, find out who is at risk, the reasons behind this violence, the extra barriers women from black, Asian and minority ethnic communities face, the law, and what you can do to offer support.

Delivered by Dundee International Women's Centre's Scottish Government funded Harmful Practices Team.

FREE

2–4pm

Women only

Booking essential

**EMAIL TO BOOK
DIARE@DIWC.CO.UK**

FORENSIC FIBRES

At this event we will discuss fibres and fabric and how they shed and change in the environment. This will be an open online discussion between the Leverhulme Research Centre for Forensic Science and the Embroiders Guild in Dundee.

FREE

6:30 – 8:30pm

Booking essential

[BOOK VIA EVENTBRITE](#)



THURSDAY 11TH MARCH

ONLINE PRESSURES OF THE 21ST CENTURY

What are your children doing on line? How much do you know about the people they are talking to? Do they believe everything they see?

Join us for a workshop on how young people use social media today, and who they might be meeting. Learn how using apps like TikTok and Instagram can pull them towards fake news, conspiracy theories and extremism.

You'll get tips for talking to them about privacy settings and how to spot posts which are pushing false information.

Delivered by Dundee International Women's Centre's Scottish Government funded Safety Net team.

FREE

10am – 12pm

Booking essential

EMAIL TO BOOK
VAQAR@DIWC.CO.UK

IN THEIR OWN WORDS

Dundee is a city of many cultures. Join us and listen to the voices of women from our city's diverse communities as they explore personal connections with objects from V&A Dundee's Scottish Design Galleries, in their own words and languages.

This online event is a celebration of a unique collaborative project led by Amina MWRC and V&A Dundee to upskill local Muslim, Black and Minority Ethnic (BME) women in Dundee. The event will be hosted by Peter Nurick, Communities Producer at V&A Dundee who co-delivered the project, alongside Sabrina Logan from Amina MWRC, and will be followed by a Q&A.

FREE

11am – 12pm

English transcript provided
as part of presentation

Booking essential

EMAIL TO BOOK
BOOKINGS
@VANDADUNDEE.ORG

SISTER EARTH – GLASGOW WOMEN'S LIBRARY STORY CAFÉ

In these uncertain times, nature has become more important than ever to us as a source of calm, and healing. In this story cafe, we look to women's writings and stories of action that celebrate our natural environment, from urban gardeners to wild walkers to women working together on issues of climate change. We'll be reading from poetry, prose and fiction about how ordinary and extraordinary women are getting to grips with the present and future of our precious landscapes. Grab a cup of tea and bit of cake, then sit back and enjoy!

FREE

11am – 12:30pm

Women only
(trans, intersex and
non-binary inclusive)

Booking essential

BOOK VIA
WOMENSLIBRARY.ORG.UK

THURS 11TH MARCH CONTINUED

EMPOWERING WOMEN AT WORK AND BEYOND

Our online interactive workshop is aimed at helping women, including female STEM undergraduates and graduates, feel empowered in the workplace. The workshop will be delivered by a Psychotherapist Counsellor alongside students from the School of Science and Engineering at the University of Dundee and fully supported throughout by University academic staff.

In the workshop three pre-recorded typical scenarios will be shown. You will discuss possible reactions and outcomes in small break out groups before you join back up to share and receive practical advice on dealing with these types of scenarios.

We hope that by completing the workshop, women feel able to turn around negative situations into a positive state of empowerment.

FREE

12 – 1:30pm

Women only

Booking essential

[BOOK VIA EVENTBRITE](#)

SEW YOUR OWN REUSABLE PERIOD PAD

During two-hour session you will learn how to use a sewing machine and sew your own reusable cotton period pad or two.

Reusable cotton period pads have so many benefits for yourself and for the environment! So why not give it a try?

All materials plus tutorial is provided! So just bring yourself

FREE

6 – 8pm

**Dundee and Angus
College, Gardyne**

**Campus, Gardyne Road,
Broughty Ferry, DD5 1NY**

Booking essential

[BOOK VIA EVENTBRITE](#)

THE SECOND HAND WARDROBE: HOW TO THRIFT LIKE A PRO

Personal stylist and 'preloved' expert Adele Martin from House of Colour (Tayside & Fife) is on a mission to prove that second hand isn't second best!

Preloved clothing is better for the environment and can be incredibly stylish. The stigma of shopping second hand has no place in a world that desperately needs a more sustainable approach to consumption of fashion.

Join Adele in this free online event to learn how to clean up your fashion footprint by thrifting like a pro on the high street and online!

FREE

7:30 – 8:30pm

Booking essential

[BOOK VIA EVENTBRITE](#)

THURS 11TH MARCH CONTINUED

6 QUESTIONS – JESS, TASHI AND AYA

Jess and Tashi are the new Associate Directors (Engage) at Dundee Rep and SDT. They started this role at the beginning of lockdown and have been working at home throughout this time – with their children. Jess has three sons aged 7, 4 and 1 years old. Tashi has a 3 year old daughter and recently gave birth to a baby boy. Aya is a dance artist based in Glasgow and a mother to a daughter who is 1.

Jess, Tashi and Aya are meeting on zoom to talk about the impact of Covid 19 on their experiences as mothers and the challenges of caring for children at home whilst juggling work as an artist.

FREE

2pm and 8pm

EMAIL TO BOOK

[BOXOFFICE@
DUNDEEREP THEATRE.
CO.UK](mailto:BOXOFFICE@DUNDEEREP THEATRE.CO.UK)

FRIDAY 12TH MARCH

WOMEN WORK IN TRANSPORT

Our event will be an online mini-conference through Zoom with women from across Dundee in roles within the transport industry. This will help to empower women in a male-dominated industry by discussing how women have had an impact within the transport sector and encourage others to get involved.

FREE

2pm

Booking essential

EMAIL TO BOOK

CURATOR@DMOFT.CO.UK

SATURDAY 13TH MARCH

EVERYDAY FEMINISM: HOW UNIVERSITY OF DUNDEE STAFF AND STUDENTS INCORPORATE INTER-SECTIONAL FEMINISM INTO THEIR LEARNING AND TEACHING

A panel event, chaired by the University of Dundee's Feminist Society, discussing inter-sectional feminism with the staff and students of the University of Dundee.

FREE

2pm

EMAIL TO BOOK

[FEMINIST-SOCIETY
@DUNDEE.AC.UK](mailto:FEMINIST-SOCIETY@DUNDEE.AC.UK)

FREE DROP-IN ACTIVITIES

VIRTUAL FAMILY FUN WITH WOMEN IN STEM

Dundee Science Centre's Home Learning Programme will share a raft of family-friendly activities highlighting inspirational women in STEM who work at the University of Dundee. We will share the stories of women who work in many different areas of STEM from biology to engineering and forensics to medicine. Through a range of fun activities that are easy to complete at home, you will get learn about their research.

Suitable for children
Available from 8th March
**DUNDEE SCIENCE
CENTRE HOME LEARNING
PROGRAMME**

STARCUDDIE

Williamina Fleming, Dundonian housemaid turned Harvard astronomer, discovered the Horsehead Nebula in 1888. In this family-friendly storytelling show by award-winning writer Jen McGregor, it's the Horsehead Nebula's turn to discover Williamina Fleming. A tall tale of scrubbing brushes, salaries and stellar spectra.

Donations welcome
Suitable for children
Available 5th – 14th March
**EMAIL JENNIFERMCGREGOR
@GMAIL.COM**

YARN BIRDS WELLBEING ACTIVITY

This video will present a creative art activity that can be shared with Mother's and their children as a wellbeing and fun activity. The video will show how to create easy yarn/wool birds on a step by step basis, with available online written instructions to save/download.

Suitable for children
Available 5th – 14th March
ONLINE VIA FACEBOOK

INSPIRATIONAL WOMEN IN OUR LIVES

Using a padlet web app/tool: All online users can add a note to the wall, about the inspirational women in their lives and share with each other stories of these idol women.

Available 5th – 14th March
ONLINE VIA FACEBOOK

WARRIOR/STRONG WOMAN

A video presentation of a woman using her own face painting techniques, to build herself up as a her own "Warrior" from within, both dark and light to help us reflect on the different parts of who we are, which we battle with at different times in our lives. The video will be narrated by another woman, discussing Shadow Work, from the findings of Carl Jung and also touching upon the subject as woman as survivors, introducing the work of Dr Jessica Taylor.

Available 5th – 14th March
ONLINE VIA FACEBOOK

FREE DROP-IN ACTIVITIES (CONTINUED)

DUNDEE WOMEN'S TRAIL

A series of short films around Dundee city centre looking at Trail plaques and hearing the stories of some notable women in Dundee's past.

Available 5th – 14th March
[ONLINE VIA](#)
[DUNDEEWOMENSTRAIL](#)

THE P POD

The P Pod present a Special Edition Podcast series to celebrate the Power of Women. Speaking with women who have harnessed their inner power and empowered others to do the same.

Available 5th – 14th March
[ONLINE VIA THEPPOD](#)

ABERTAY 25: THE POWER OF STORIES

Abertay University has many stories from many voices. In fact, the history of Abertay University is just that; stories from the staff and students who have added to its 130+ year-long narrative. We have invited 3 women who have been, and indeed still are, powerful voices from the university, and Abertay 25's Young Ambassadors have researched and interviewed them to ensure their stories are preserved in the archives.

Available 5th – 14th March
[ONLINE VIA](#)
[ABERTAY.AC.UK](#)
[ONGOING TWITTER](#)
[Q&A: #ABERTAY25](#)

WOMEN IN ANATOMY AND FORENSIC ANTHROPOLOGY

Learn all about women who have helped to shape the world of Anatomy and Forensic Anthropology, from the historical to the present day – we will share their stories, highlight their contributions to the field and provide activities that relate to their work.

Available 5th – 14th March
[ONLINE VIA](#)
[DUNDEE.AC.UK](#)

TAKING SPACE

Taking Space is a collaboration between hidden route theatre company, theatre artist Hayley Blakeman and young women from Dundee. The project commissioned by Dundee Rep will take the form of a performance in Summer 2021. Inspired by a 2020 study which found Dundee was the worst place to be a girl. This performance project asks why this might be. We put stories to the statistics and start to dream that one day the opposite could be true. This podcast offers the opportunity to listen to some of the play script as a work in progress and a short discussion between hidden route and Hayley Blakeman about their vision and inspiration for the project.

Available 5th – 14th March
[ONLINE VIA](#)
[DUNDEEREP.CO.UK](#)



SUPPORTED BY

Scotland's Events Recovery Fund



University
of Dundee



LEVERHULME
TRUST



Programme designed and illustrated by Hayley Wells – [@hwillustrator](#)

GET IN TOUCH & STAY UPDATED:

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