Service Designed: Art and/as Therapy - Saturday 2nd April

About this event

Service Designed is an action-research programme that will support the ongoing development of the Arts and Wellbeing programme at Articulate Cultural Trust, with inspiration from guest speakers, collaborative workshops and sharing practice experience.

Arts and/as therapy

Saturday 2nd April, MANY Studios, Glasgow

During this weekend we will think about Art and/as therapy, considering Life Stories Work with Blue Cabin, and therapeutic arts and Art Therapy with Vicky Armstrong. We will think about how we define these types of practices, how we build robust supports for artists, and think about training and support for artists, art therapists, children, young people and families.

Blue cabin Associate Artist Dawn Williams
https://weareblueabin.com

Blue cabin are a North East of England based organisation who use the arts to work with care experienced young people. They formed a specialist partnership with their Local Authority to develop and deliver Creative Life Stories Work, based on Richard Rose’s model of therapeutic life stories work.

Vicky Armstrong
https://sites.dundee.ac.uk/artattheart/
https://discovery.dundee.ac.uk/ond/persoons/vicky-armstrong

Vicky Armstrong is an Art Psychotherapist and PhD candidate at University of Dundee. She specialises in work with infants and their primary carers. Together with experimental psychologist Dr Josephine Ross she founded Art at the Start which considers the social well-being of young children and how shared art experiences may help to build strong attachment relationships. Her early clinical work was in the voluntary sector with fostered children suffering neglect and abuse.

Vicky will share with us CPD/training resources she developed for the British Association of Art Therapists, giving insight into Art Therapy and intergenerational Dyadic work.

Timetable

10-10.30am - Arriving, tea and coffee

10.30-11.30am Inspiration - Blue Cabin Artist Dawn Williams will join us remotely to introduce their Creative Life Stories approach, with a practical exploration of materials and processes.

11.30-12.30pm Inspiration - Vicky Armstrong will introduce her Dyadic art therapy practice and research.

12.30-1.30pm Lunch

1.30-3.30pm Workshop: Supporting intergenerational practice and
gaining deeper understanding of self: working with care experience throughout the life cycle, with Vicky Armstrong

Places are free and open to anyone working in the arts and wellbeing, youth work, social practice and healthcare. Spaces are limited to comply with covid recommendations - if you find you are no longer able to attend please contact ruthswiltski@articulatehub.com and your place can be offered to another. Attendees will be asked to take a lateral flow test in advance for the safety of each other.

Supported by RS MacDonald Charitable Trust

Tags

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Articulate Cultural Trust
Organizer of Service Designed: Art and/as Therapy - Saturday 2nd April

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Service Designed: Art and/as Therapy - Saturday 2nd April
at

Many Studios
3 Ross Street, Glasgow, G1 5AR
Service Designed: Art and/as Therapy - Sunday 3rd April

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Arts and/as therapy

Sunday 3rd April, MANY Studios, Glasgow
10.30am - 12.30pm - Exploratory messy art and play making with families, children, young people and carers.


All materials provided.

Places are free and open to children, young people, carers and families with care experience or who face similar barriers to cultural engagement. Spaces are limited to comply with covid recommendations - if you find you are no longer able to attend please contact ruthswitalski@articulatehub.com and your place can be offered to another. Attendees will be asked to take a lateral flow test in advance for the safety of each other.

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Tags

- United Kingdom Events
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